

MK NEWS



Hot MK - summer supplement inside

Silverstone celeb spotting
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Enjoying art for art's sake

SHOPPERS have been admiring some eye-catching artwork around the city centre as the first Fringe Festival begins.

An array of sculptures and paintings sprang up around the centre: mk as part of the Big Moo Fringe Festival, which culminates this weekend with a series of events celebrating the city's diversity.

Organisers Gavin Anderson and Sally Annett stopped at Queen's Court to reflect on a fully laid dining table, chairs and a bed – all placed in the middle of the fountain.

■ For more on a fun weekend in the city including Big Moo2 and Musik4U see page 11.



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'Everything a local newspaper should be'

TV Cherie praises MK anti-bullying activist



Praise: Cherie Blair with Alex Holmes after the Channel 4 TV programme

BY ROB GIBSON
rob.gibson@mk-news.co.uk

AN anti-bullying campaigner has been praised for his work by the wife of former Prime Minister Tony Blair.

Twenty-year-old Alex Holmes, of Woodside, Stony Stratford, continued his one-man crusade against bullying by joining a campaign to rid the streets of knives and guns.

On Sunday his volunteer work across Milton Keynes was commended by Cherie Blair at a live television debate for Channel 4's Disarming Britain campaign.

Alex said: "This is such an important issue. 'Every week in 2007 a teenager was murdered on Britain's streets and this year is no different.

"Lots have nicknamed it '2000 and hate'.

"We need to find out why young people aren't respecting each other and young people are a very important part of this process and ultimately the solution.

"Cherie congratulated me on my anti-bullying work and she said how it was so important that young people were a part of the 'Street Weapons Commission' debate."

The Street Weapons Commission is an independent and diverse group of commissioners chaired by Cherie Booth QC.

Alex began his campaign at Kingsbrook Business and Enterprise College in Deanshanger three years ago after he was bullied at the age of 15.

Sunday's live studio debate took an unflinching look at the truth about gun and knife crime among young people, presented by Jon Snow.

Over the last year Alex has toured

schools around Milton Keynes, offering encouragement and words of advice to youngsters who feel threatened.

He is keen to tackle the knife culture among young people which has been under the spotlight in recent weeks following a series of stabbings in London.

Now Alex, who is working at Radcliffe school in Wolverton, is calling on Milton Keynes' youth to give their input and ideas on what we should do about street crime.

He said: "Ultimately I want to change the culture in schools of not telling and make it fun to get involved and cool to get along with each other and respect each other."

■ If you have a comment, experience, song, poem, or video, get in touch with Alex by e-mail at heads_high@hotmail.co.uk

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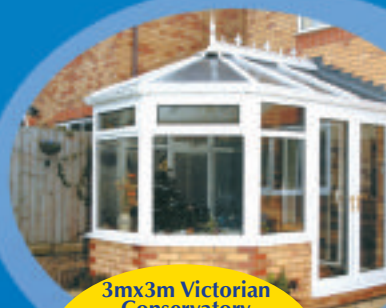
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Police outside the Conniburrow murder scene on Ramsons Avenue

Man charged with murdering his wife

BY ROB GIBSON

rob.gibson@mk-news.co.uk

A 55-YEAR-OLD man has appeared in court charged with the murder of his wife.

David Andrews was arrested shortly after 5.15am on Sunday at his home in Ramsons Avenue, Conniburrow.

His wife of 30 years, Sandra, aged

54, was found dead inside the one-bedroom flat, suffering from multiple stab wounds.

The couple, who had four children together, had been living separately.

Mr Andrews appeared in the dock at Milton Keynes Magistrates' Court yesterday, wearing glasses and a blue jacket, and listened to Jane Gibbs give a

summary of the prosecution's version of events.

His solicitor, Clare Galo, of Cartwright and Clarke, made no application for bail.

Chairman of the magistrates, Sam Crooks, said Mr Andrews would be remanded in custody and sent the case to Luton Crown Court to be heard later this month.

Schoolkids' growing pains

SIXTH form pupils in Milton Keynes are being penalised by the Government because they live in a growing city.

Headteachers are concerned that they are receiving funding for far fewer post 16 pupils than they believe they will have next year, particularly as the population is increasing.

Last week, MK NEWS revealed that Walton High was receiving funding for only 303 of its predicted 360 sixth form pupils from the Learning and Skills Council.

Headteacher Michelle Currie said every school is also having

money automatically docked from 14 pupils.

Funding for each pupil is around £5,000.

She said: "Milton Keynes is unique as a growing city.

"We are quite confident in our figures and we won't be turning any students away as we would have to use contingency funding. "But it's the principle at stake here."

Headteacher of St Paul's Catholic School, Michael Manley, is predicting he will have 360 pupils - but the LSC will only fund 346 of them.

"The system needs to take into account the growth of the area," he said.

An LSC spokesman said: "In 2008/09 the LSC introduced Demand Led Funding, a new approach to the funding of the post-16 further education sector which helps schools with growing pupil numbers such as in Milton Keynes.

"In the South East many schools applied for funding to deliver substantial growth in their sixth form student numbers - so much so that the requests exceeded the number of places needed."

Citizens' 'health profile' sucks

BY JESSICA CUNNIFFE

jessica.cunniffe@mk-news.co.uk

MILTON Keynes's residents have worse GCSE grades, worse teeth and are fatter than the average British citizen.

However, they are less likely to need a hip replacement, misuse drugs or contract TB.

That is according to the Government, which has produced its annual 'health profile', scoring and comparing every town and city on every aspect of wellbeing from deprivation to dentistry.

According to the Department of Health's report, released last week, Milton Keynes is significantly worse than the English average in terms of GCSE achievement, children's tooth decay, death from



Ouch: We've got worse teeth, worse GCSE grades and we're fatter than the average UK citizen

smoking and female life expectancy. Worst of all is the city's level of violent crime, it says.

There are more infant deaths, deaths from cancer and early deaths from heart disease and strokes than average here, as well as a higher rate of teenage pregnancy and childhood obesity.

City MP Mark Lancaster said he is particularly concerned about the city's scoring in areas such as crime and education.

"From an education point of view it just underlines why I've been so concerned over funding the funding battle for MK's schools - new builds and current schools.

"In terms of crime, while the MK police are doing a tremendous job, I remain concerned that as the city expands it is vital we maintain the level of policing per head."

Villagers still live in fear of flooding

BY JESSICA CUNNIFFE

jessica.cunniffe@mk-news.co.uk

ONE year on, nothing has been done to stop the freak floods in Stoke Goldington happening again.

That is the concern of residents of the 50 homes hit by two deluges in one month, many of whom are still staying in hotels and rented accommodation or have only just moved back to the village.

Since a £30,000 report was completed in October only cleaning, minor re-alignment of ditches and small-scale measures to channel water away have been completed.

The report's high priority recommendations of building a bund (mound of earth) and improving drainage – which require £150,000 of the £650,000 needed to make Stoke Goldington safe from flooding – will not begin until October.

Meanwhile, if the same amount of rain fell tomorrow that fell on June 4 and July 2, 2007, residents fear that, just as their homes have been restored, the disaster could be repeated for a third time.

Phil Gott is still living in rented accommodation after his home was ruined by water, losing everything from his son's A-level work to his wedding photos.

"It was a freak situation, but freak situations are now the norm," he said.

"I woke up this morning with the rain pattering on the roof. Every time it rains it could happen again. It's very unsettling. We've had talk and reports but what's physically been done to reduce the risk? It's minimal."

He added: "The council has got a responsibility to do this. We know what needs to be done but they've got to do it quickly."

"Three years from now this will be a flood-free village and this will be behind us. If it's going to be done then why not do it now?"

"The report was done in October, it's now July. Nothing has been done to reduce the risk of it happening again."

Dave Dennis has been back in his home since April after paying £40,000 to put his house right.

In his new home insurance



A firefighter wades through the water during the July 2007 flood

renewal quote he has seen his excess soar from £100 to £5,000, while Mr Gott says his premiums have gone up by 25 per cent.

He remembers floods in the 1980s, when a report suggested that culverts should be installed. This did not happen then, nor is it part of the council's 'high priority' plans.

Nick Allen was living on a farm for 11 months with his two small children, both of whom are deaf.

"They're elated to be back home," he said.

"They were out of the village and away from their friends. We were on a farm but it's not home."

"We are really lucky in that we live in a terrific village."

However, Mr Allen fears that the repairs 'could all be undone' in an instant.

"From my point of view there are now things the council needs to be encouraged to do. Doing nothing is not an option."

A council spokesman said: "We have worked very hard to help the Stoke Goldington villagers, even though in most cases we have no legal obligation to do so."

"We were involved right from the outset, for example we provided more than 2,000 sandbags to residents, and helped find alternative accommodation for villagers who were effectively left homeless."

"We carried out initial remedial work, such as drainage work, later in the year, and more is on the way, with £150,000 being made available to implement measures such as introducing small balancing lakes and more bunds, or 'mini dams', in the area."

Babies moved out of hospital in bug scare

PREMATURE babies have been moved from Milton Keynes Hospital as staff investigate an infection.

The Neonatal Unit was closed on Thursday after a potentially life-threatening infection was reported.

Mothers with premature babies or complications were transferred to other local maternity units while an investigation began to identify and control the infection.

Yesterday the hospital revealed that the infection is Klebsiella, a bacteria which is particularly dangerous for vulnerable patients and can cause pneumonia.

Symptoms can include a high fever, chills, or flu-like symptoms and cases of the pneumonia can attack the lungs if anti-biotics are not administered.

It is the first time that this type of

bacteria has been found on the Neonatal Unit at the hospital.

The Health Protection Agency (HPA) was called in to help reduce the risk of the infection spreading. A hospital spokesman said: "It's essential that we take all precautions necessary to ensure that patient safety is not compromised in any way."

"We are committed to putting patient safety and the well-being of all mothers and babies first."

"The HPA has confirmed that all actions to prevent and control the bacteria are being carried out."

The neonatal unit cares for more than 300 premature, small or ill babies a year.

The hospital has also asked that all children aged nine or under do not visit the Neonatal Unit, in order to meet strict hygiene procedures.

Biker dies in early hours island crash

A MOTORCYCLIST was killed when his bike mounted a roundabout.

Twenty-six-year-old Dean Paul Richardson was riding a yellow and blue Suzuki motorcycle, when he crashed into Ashland roundabout, near Netherfield, in the early hours of Saturday morning.

Mr Richardson, from Walnut Tree, was thrown from the motorcycle.

He was pronounced dead at the scene.

Police have appealed for anyone with information to contact Sgt Fraser Chamberlain on 08458 505505.

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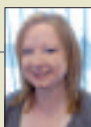


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MKLETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Nasty niffs

SIR – I noted with interest the letter concerning takeaways at Netherfield.

The same situation has started to happen in West Bletchley (Whaddon Way), the last application on the most recent takeaway was vigorously fought against by the residents and those affected, was granted anyway but with limited opening times, but these times are being flouted occasionally.

Allegedly a lot of money was spent on a filtration system which doesn't seem to be working.

The owner, when approached as there were bad odours from the establishment, said he would change the filters. Are the filters only changed when you complain?

He stated that the smell from another takeaway was worse, does this mean they recognise there is a problem with smells?

Some of the local residents are unable to open their doors and windows due to the bad odours that are around.

There are lots of elderly pensioners that live in close proximity to these takeaways, is this the payment we give them for working and serving this country?

The local grocery store has been approached regarding the noise from early morning deliveries and asked respectfully if they could have more care and thought on noise surrounding this.

The reply received was not good and could be defined as 'tough'.

Does Cllr Galloway have nothing else to do other than support applications for takeaways in residential areas?

We approached Irene Henderson in person and by letter for help and advice on this issue – two years later we are still waiting for her response.

On another issue, residents are wondering what will happen to the Navy Club now it has changed hands – they fear it could change into yet another take-away.

Bletchley resident
Name and address supplied

Fare play

SIR – May I be the first to thank Ron Parsons for raising the serious issue mentioned in his letter.

I have contacted the council on numerous occasions about taxis registered in South Northamptonshire operating in MK and have been told the same as you regarding journeys originating and/or ending in South Northamptonshire.

However the evidence says otherwise.

Over the past few weeks my wife has taken numerous cabs from West MK to East MK (both nowhere near South Northamptonshire) and on each occasion the cab that transported her was NOT registered with MK Council.

It is high time the council did something about this issue and not just shake their heads and tut-tut about complaining residents.

What I want to know is who regulates cabs registered in another county but operating in MK?

I wonder if MK Council will say that it is South Northamptonshire because that is where they are licenced or will South Northamptonshire say it is MK Council because that is where the cab is operating?

Once I have a response from our beloved council I will ask MK NEWS to publish it.
Keep an eye out.

Fire fighters right to be alarmed over new shifts

SIR – Regarding 'Firefighters alarmed by proposed shift changes' - last week.

As a professional fire fighter working in another brigade currently working the 12-hour shifts, I can tell you they are detrimental to family life and the wellbeing of fire fighters.

The current high work load of equipment training and home fire risk inspections and also all the emergency calls attended leaves the crews exhausted.

It has been noted that the fatigue suffered by crews has led to minor accidents in fire

engines and while training.

Some services have used the working time directive and family-friendly issues as a way of pushing these changes through.

Also, some brigades – having forced shift changes on their work force – have realised their detrimental impact on the workforce and are looking at ways of saving face and changing shift times by 15 to 30 minutes or even allowing some form of self-rostering as practiced in the ambulance service.

Lloyd Stanley
via website

James Becker
Deacon Place, Middleton

■ **SIR** – Mr Parsons has misunderstood the law relating to 'outside' operators working in Milton Keynes.

There is nothing illegal about private hire, or 'pre-booked' cabs operating outside of their area and a South Northants private hire operator can legitimately take bookings for a journey starting and ending in Milton Keynes.

Properly licenced vehicles display a council licence plate exhibited on the rear. This plate identifies the vehicle registration, make and model. It also incorporates a licence number and 'expiry date'. A council 'logo' identifies the area where it is licenced. The drivers should also be licenced and be wearing/exhibiting a licence badge.

However, the number of 'unlicenced' vehicles operating within our area is actually minimal. Our biggest problem comes from private hire drivers illegally picking up fares off the street.

We are constantly stressing to people the dangers of climbing into unbooked private hire vehicles off the street.

If you do so, not only is the driver/operator acting illegally, but they will not be insured in the event of an accident.

But Milton Keynes Council's Taxi Licensing Department has a very active enforcement team, which works closely with Thames Valley Police.

I can assure Mr Parsons that we certainly do not ignore illegal activity and regularly prosecute.

If anyone has a genuine complaint or concern, they should contact the Taxi Licensing Department on (01908) 252860.

Terry Shulver
Taxi Licensing Manager
MK Council

On the ball

SIR – I would like to thank all the firms that took part in the korfbal charity event organised by the three MK clubs at Tattenhoe Pavilion on June 25.

I would also like to thank your

paper for promoting the event.

The tournament was won by Sports Leaders UK.

The event raised £320 for the MK Neo Natal Baby Unit. The charity is a favourite charity of MK City Korfbal Club but became an even more significant good cause for us as one of our players gave birth to a premature baby boy two days before the event. Her husband also plays for our team.

The little boy is still being looked after in the unit and we are delighted he is doing very well and is in such excellent care.

We now turn our attentions to Korfbal again at Tattenhoe Pavilion on July 12. Besides 40 korfbal teams we have live music, doge-ball, cheerleading, rugby, giant inflatables, arts and crafts, face painting and much more.

All activities are free but we do have a few stalls raising money for more good causes.

All are welcome at Korfbal. Details can be found at www.korfbalinnk.co.uk

Darren Gray

Interaction welcomed

SIR – I write in response to the letter which appeared in the MK news 25th June headlined 'Muslim money target' and would like to make a few points and clarifications.

All religious groups are exclusive by their very nature since they are only for people who believe in and follow that religion.

So groups like the BNP, the National Secular Society and Christian groups do not allow Muslims to join since our beliefs contradict with their membership policies, but I have never heard of any Muslim complaining.

Muslims prefer to live in areas which have the services and facilities we have need for, such as mosques and halal shops, just like Christians and others prefer to live in areas where there are churches, pubs, nightclubs and other services which they need.

Also the areas quoted in the letter – Wolverton and Bletchley – are majority non-Muslim areas and are

hardly the segregated ghettos to which the writer alludes.

The accusation that mosques are breeding places for radical Islam is false and without any evidence.

There are four mosques in Milton Keynes where thousands of Muslims attend prayers regularly and, to date, there has not been a single arrest of a Muslim in Milton Keynes for any extremist activities as we have seen elsewhere in the country – and in all the cases the radicalisation was blamed on foreign policy and not what is taught in the mosque.

It seems the anonymous writer has major issues with Islam and even linked the recent problems between two groups of people with Islamic extremism, when everyone in Wolverton knows that they were, and are, disputes between two groups of people and nothing to do with the religion of Islam, which forbids violence as a means to resolve disputes.

As for Muslims having no contact with the local population, the writer contradicts himself by later on saying: 'a high percentage of young Muslims end up as taxi drivers or restaurant owners'.

These jobs involve very high levels of interaction with all members of society, so I would like to ask what the writer means by 'local population'? Who are they and where are they to be found?

Also the question that Muslims don't interact with the indigenous population needs also to be asked of the indigenous population. How many of them interact with Muslims and discuss as opposed to believing everything they read and see on the media about Islam and Muslims?

Interaction and integration is a two-way process and not just limited to one group of people.

I agree that money should be given to all sectors of society equally and spent on better health services, road infrastructure, schools, housing, organisations dealing with drug and alcohol misuse, abused women and children, single parent families and anti-social behaviour by delinquent youths which have made society dangerous for all of us.

Yes, I am in favour of Muslims interacting more with wider society and dispelling the myths which exist about us and I invite the writer of the letter and other non-Muslims to visit our places of worship in Bletchley, Wolverton, Granby and New Bradwell and the Friday sermons we hold in Fishermead, Netherfield, Buckingham University and Cranfield University, and find out more about Islam and what is being taught in the mosques.

I assure them that they will be pleasantly surprised.

Mukhit Hussain
Chairman, Bangladeshi Management Committee, Milton Keynes

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The city's bridges, like this one over the canal at H9 Groveway, are reaching the end of their life expectancy

Repairs spending a bridge too far?

More and more council cash is needed to keep bridges safe

BY JESSICA CUNNIFFE

jessica.cunniffe@mk-news.co.uk

MILTON Keynes has more bridges than Venice but are ours in as good a condition?

As the new city begins to age – Milton Keynes celebrated its 40th birthday last year – many of its 200 road, canal and foot bridges are in need of restoration.

And because the bridges were

built at a similar time, those repairs are needed at the same time, so council staff are currently conducting surveys of all the bridges in the city.

In fact, future infrastructure projects may have to be put on hold while council money, £130 million of which comprises the yearly capital programme, must be directed to repairing existing structures.

Cllr Chris Williams, cabinet member for environmental services and housing, said the bridges' state owes to the fact that 'Milton Keynes is maturing'.

"Many of them are now beginning to reach their life expectancy," he said.

"We will, in the next year capital programme, be asking all three

political parties the priorities that we believe is to look at the maintenance of our bridges.

"Over the last two years we have put aside money to bring up the level standards on the major bridges.

"Next year we will put in significantly more money than in the last two years – and in the last two years we have put in a greater amount than we put in before.

"We've spent well over £2million on the H9 project to upgrade the bridge.

"We will need to spend at least that amount over the next year in small amounts.

"I must point out that there's no danger of them falling down but we believe prevention is better than cure."

New York Trade Centre boss at MK Chamber's first conference

MILTON Keynes Chamber of Commerce held its inaugural conference yesterday to meet key executives of the World Trade Centre Association.

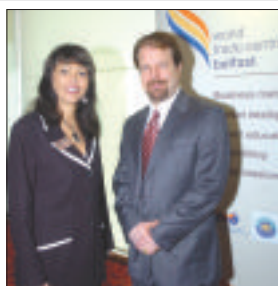
The event at the Ramada Encore Hotel at the hub gathered together a select group of business leaders and key movers and shakers.

World Trade Centre Milton Keynes is a member of the World Trade Centre Association

(WTCA), the premier global trade organisation promoting two-way trade.

The WTCA is a not-for-profit organisation made up of 341 World Trade Centres representing 750,000 businesses in 80 countries.

Speaking at the meeting was Matthew Kleinknecht, vice president WTCA New York and Jerry Hardcastle from Nissan UK.



Two-way trade: Rita Spada with Matthew Kleinknecht

Councillor unsure on climate change

A COUNCILLOR proposed a motion at last night's council meeting against the 'religion' of climate change.

Cllr Andy Dransfield insists he is not a climate change-denier, but believes the widespread thought that humans are having a detrimental effect on the planet could be a myth.

Therefore he wants Milton Keynes Council to rethink its new green policy of investing £20,000 in becoming energy efficient.

At the cabinet meeting the council resolved that 'climate change is a real imminent concern, and recognises also that all countries,

all localities and communities must play their part in ensuring that the threat of climate change can be tackled.

However, on the day when MPs were debating the Climate Change Bill calling for a 60 per cent cut in CO2 emissions by 2050, Cllr Dransfield was proposing that the causes of climate change are not yet certain.

"I'm very much supportive about being an efficient council," he said.

"I want to make sure that we do reduce consumption of energy, but there is almost a religion about climate change.

"I accept that the climate is changing. The question is whether humans are causing it or it is natural.

"I'm not convinced. It's not that simple. It's saying stop believing the rhetoric and look at the evidence that climate change is not caused by humans.

He added: "The vast majority of the council have got their blinkers on. I think in not too many years' time the council will wake up to this excuse for taxation and say the emperor's not wearing any clothes.

"We are being taxed in order to follow a religious fervour."

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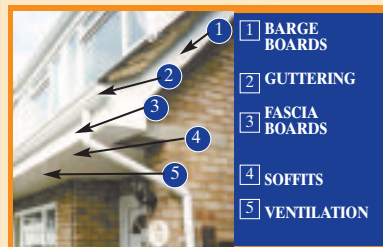
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SPORTSCOACH

Newport Pagnell on parade

IT was carnival time again in Newport Pagnell on Saturday.

The annual parade led by the vintage and classic car rally made its way through the town to the main arena at Riverside Meadow.

Hundreds lined the streets to watch the fun.



Above: Aston Martins lead the parade
Top row from left: Remembering the war years. Crowds greet a convoy of Harley Davidsons. Brollies were needed to keep off the sun. One small step for man. MK Dance School.



Bottom row from left: MK Scuba Club prepared for rain. Galliford horse-drawn bus. Bam Bam and mam. Just So stories.

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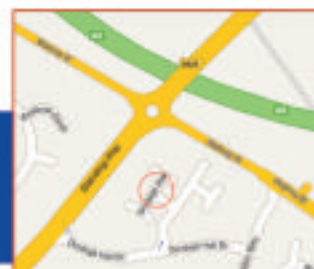
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Hospital A&E closed as patient runs riot

BY ROB GIBSON

rob.gibson@mk-news.co.uk

A PATIENT ran riot at Milton Keynes Hospital after breaking into the roof of the Accident and Emergency Department.

The department was closed at around 6am on Monday and ambulances were forced to take patients to hospitals in Aylesbury and Northampton after the patient ran amok, destroying ceiling tiles and bursting water pipes.

Hospital security battled to

restrain the 26-year-old man until the police arrived.

He was arrested on suspicion of causing criminal damage and was later released on police bail until August.

Other patients who were being treated in A&E were evacuated to other parts of the hospital and the ambulance service was told to take new cases to the closest other hospitals.

Two ambulances were diverted as a result.

Repair men were called in

immediately and began to mend the pipes and ceiling tiles.

The fire brigade were called to clear the flooded areas of A&E.

The department re-opened at 10.30am once the repair work was complete but one cubicle remained closed.

A spokesman said the hospital would be much busier because of the incident and urged new patients to use the on-site walk-in centre or call NHS direct if they were suffering from minor injuries.

Judge takes time on wind farm case

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

THE battle against a wind farm set to be built near Emberton has reached the High Court.

But protesters challenging plans for a seven-turbine wind farm must wait to hear whether they have succeeded in their challenge.

Mr Justice Andrew Collins has reserved judgment in the case in which Andrew Finn-Kelcey, is challenging permission granted by Milton Keynes Council in January for the 125m-high turbines to be erected on land at

Petsoe Manor Farm, Emberton.

He will now give his judgement in writing, probably later this month though no date has yet been set.

Mr Finn-Kelcey, who owns land north of the site including Shepherd's Hovel, Top Farm and Clifton Pastures, is a member of the local campaign group opposed to the wind farm, Bucks Lacks Enough Wind (BLEW).

BLEW is sceptical about the figures for the wind farm's annual electricity output that were put to the council. They say there is not enough wind in the area to justify

the harm the turbines will do to the landscape.

Lawyers for MK Windfarms argue that the challenge should be thrown out because it was not brought promptly enough.

And they say that, because of the long lead in times for wind turbine manufacture, any further delay will prejudice its ability to have the wind farm operational by 2010, and prejudice the contribution it is expected to make to the Government's target of having 10 per cent of the country's energy needs met by renewable sources by that year.

Gay cops prompt homophobia debate

TEACHERS and police officers will be taught how to tackle homophobia among young people.

More than 30 education workers, police and community support officers will attend a presentation on Friday to debate how to reduce the problem at schools in Milton Keynes and the rest of Thames Valley.

The event has been organised by Stonewall, a charity group which campaigns for equality for lesbians, gay men and bisexuals.

It will focus on what outlines homophobic bullying, the effect such behaviour can have on young people and what can be done to prevent and deal with it.

Jay Andrews, from Thames Valley Police's diversity unit, said: "The idea to involve Stonewall came from our Gay Police Association, who saw an opportunity to bring together police and education professionals and identify ways of working together to improve the way we deal with and prevent

homophobia.

"We already do a lot of work with the gay and lesbian community across the Thames Valley but this taps into a new audience and gives us a way of engaging with our own staff in a bid to improve understanding and encourage a pro-active response."

Stonewall's senior education officer, Chris Gibbons, said: "I'm very encouraged by the positive attitude towards solving homophobia this demonstrates."

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Milton Keynes Partnership Committee Public Meetings

The next public meeting of the Milton Keynes Partnership Committee, **Planning Sub Committee** will take place on:

Date and time: Monday 21st July 2008 at 5.30pm.
Venue: The Guild Hall, The City Church Centre, CMK.

You can view a draft agenda now or the final agenda and papers will be available five working days prior to the meeting at www.miltonkeynespartnership.info

Anyone wishing to address or submit questions to the Planning Sub Committee should contact the Secretariat in writing by 12 noon on **Thursday 17th July 2008.**

Milton Keynes Partnership Committee, CBX2 414-428
Midsummer Boulevard, Central Milton Keynes MK9 2EA.

E: committees@iltonkeynespartnership.info
T: 01908 353 636

Milton Keynes Partnership Committee has planning powers to determine major applications within the defined Urban Development Area (UDA), which covers the expansion areas to the east and west of Milton Keynes and a small area to the north of the city.



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MPs rise and fall to expenses vote

BY JESSICA CUNNIFFE

jessica.cunniffe@mk-news.co.uk

THE city's two MPs took opposing stances when they voted last week on the controversial 'John Lewis list'.

Mark Lancaster, MP for Milton Keynes North East, voted to scrap the additional costs allowance which allows MPs to kit out their homes with public cash.

Meanwhile, Dr Phyllis Starkey, MP for Milton Keynes South West, successfully voted to keep the current allowance system of up to £24,000, with MPs' spending being looked at by internal auditors.

In the wake of the Derek Conway affair, where the MP overpaid his son using expenses, the Members Estimate Committee recommended that MPs should be scrutinised externally and money for second homes should be reformed.

Dr Starkey believes that the difference in systems – the current £24,000 that can be claimed would be replaced with a cap of £18,000 plus £30 for every day they are in London – is unnecessary. The difference in what MPs could claim would have been £206 a year.

Dr Starkey said: "I voted for the pay restrictions. It's not for the John Lewis list, which I've never used, it's for the additional cost



Phyllis Starkey: Changing the 'John Lewis list' is unnecessary

She claimed: £141,541

allowance in Milton Keynes."

Mr Lancaster said: "Last week I wanted to reform MPs' expenses. It's vital if we are claiming public money.

"I voted for transparency and audited expenses."

In 2006/7 Mr Lancaster used £21,300 of the additional costs allowance while Dr Starkey used



Mark Lancaster: Voted for transparency and audited expenses

He claimed £139,928

£16,950.

Overall Mr Lancaster claimed £139,928 that year while Dr Starkey claimed £141,541 to pay for things like staff, travel and running their offices.

MPs also voted for a below-inflation pay rise, with their salaries increasing from £61,000 a year to just over £63,000.



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Crown Jools!

JC - Your tour starts this week and you've got an intense schedule ahead. How are you and the band gearing up for it?
 JH - With my big band the best opportunity to rehearse is to play live - that's the only real way to practice. We have been doing a lot in Australia and Singapore.

JC - So you've been practising for us in Singapore?!
 JH - Yes, we will spare no effort for Milton Keynes, if it means going around the world to get it right then we will.

JC - What can Milton Keynes expect on July 20?

JH - Well we will have some ska and reggae stuff, some more unusual ones such as Tainted Love as we have Marc Almond and also vocals from Ruby Turner, who is the most amazing R&B singer. The great thing about big bands is knowing that you cannot replicate that sound - knowing that you can't get a synthesiser to make that sound.

JC - What do you think of the city?
 JH - I have explored Milton Keynes before actually. I like it. I'm very taken with the design of the station.

JC - Your band has been together for 21 years now - how has it evolved over that time?

JH - The great thing about music is that the more you do it, the more of a mystery it becomes. I

Next week Campbell Park will be alive with the sound of Jools Holland and his Rhythm and Blues Orchestra. Reporter JESSICA CUNIFFE caught up with the bandleader, pianist, composer, presenter, and Milton Keynes fan to talk about rehearsals, the music industry and his love of MK railway station

keep trying to figure it out. You start off trying to sound like people you want to sound like, but you end up sounding like yourself. My big band is an extension of me and my music.

JC - You've worked with so many artists over the years - but who's been your favourite?

JH - I've been very fortunate. I've been the luckiest man that there is. I've worked with many great people. I backed Amy Winehouse - she is amazing. And with people like BB King it just flows out. I like people who are distinctive. If I hear Amy on the radio I know it's her. I don't like soundalikes.

JC - Which artist would you most like to collaborate with?

JH - A few dead people I suppose. I have played with Paul McCartney, Ringo Starr and George Harrison, but I never got to work with John Lennon. Betty Smith as well.

JC - How do you feel about the state of the music industry in 2008?

JH - It's the same as it's always been. But it's more like 1908 - there are more people coming to see live shows. People are getting bored with computer sounds.

JC - How do you feel about the criticism levelled at you for presenting your pre-recorded Hootenanny as 'live'?

JH - Sometimes we do it live, depending on who the guests are. It has become an institution. The expectation I think couples with having people like Paul McCartney and Kylie dueting as they did last year.

JC - So what do you do on new year's eve when it's pre-recorded - do you watch the show go out?

JH - I just chill out, I'm usually so tired by that time.

JC - Will you be sticking around in MK for a while after your gig?

JH - [Jokingly] Well I will probably be doing a water colour of the station... I like Milton Keynes. I've always liked it. It's a warm place, the people are warm, it's great. And it's got a great spirit.

COMPETITION

Win tickets to see Jools in concert

WE HAVE A PAIR OF TICKETS TO SEE JOOLS HOLLAND LIVE IN CONCERT ON JULY 20

We also have a pair of tickets to see Proms in the Park on Saturday, July 19. The Proms features the London Gala Orchestra, conducted by former Milton Keynes City Orchestra conductor Hilary Davan Wetton, and with guest soloist Juliette Pochin along with an amazing laser and fireworks finale.

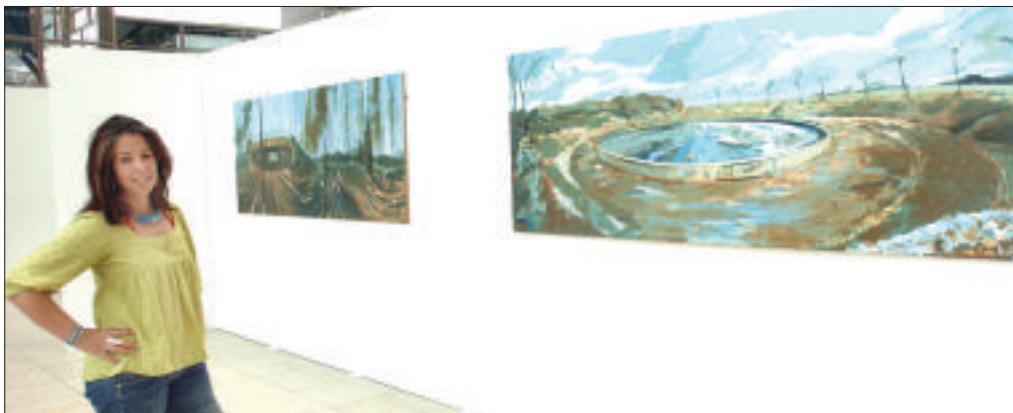


Ruby Turner with Jools on piano in Campbell Park 2005

HOW TO ENTER

All you have to do is send an e-mail to competitions@mk-news.co.uk by July 14 and specify if you would prefer to be entered

for the proms or Jools tickets. The first drawn out of the hat for each competition wins. The editor's decision is final.



Sally Annett with two of her works on Midsummer Place

Fun from Friday to Sunday

BY ROB GIBSON

rob.gibson@mk-news.co.uk

PREPARE for a summer weekend on groundbreaking events in the city.

Fun seekers will be spoiled for choice from Friday to Sunday as organisers offer a variety of amusements around the city, from the colourful to the down-right bizarre.

On Sunday the most diverse group of people ever to assemble under one roof will fill Christ the Cornerstone Church to celebrate the city's variety as part of the first Fringe Festival of the Arts.

Residents of every age, sexual orientation, religion, ethnicity and physical disability will then take part in a Celeb8 parade

through the city centre.

The Fringe Festival will run throughout the weekend, with over 100 artists and organisations showcasing their work.

The Big Moo 2 will also draw the crowds at Campbell Park again and there are plans to create a man made beach on Avebury Boulevard. As well as the live music stage there is also a fun fair including a spectacular 150ft ride from the Keith Emmett and Sons funfair. More details on www.thebigmoo.co.uk

The third major event to hit the city will be MusiK 4U at Station Square; a free festival introducing some of the best local talent, including a dance arena, graffiti wall, market place and urban beach volleyball.

Yesterday, 200 tons of sand were laid down in preparation for the volleyball event at Station Square.

The event will take place in Station Square this weekend and will tie in with Milton Keynes' annual youth music festival, MusiK4U.

The event is free and everyone is invited to watch professional volleyball players from across the country demonstrate their athletic prowess, as well as enjoy the entertainment and take part in activities, competitions and coaching throughout the weekend.

Locals will also attempt to break two world records over the weekend – the biggest piece of artwork made with plastic carrier bags and the most people

face-painted in an hour.

Fringe Festival organiser Gavin Anderson has plans to attract some of the world's best artists to Milton Keynes.

He said: "We want to build the Fringe Festival into a pan-European arts festival."

"We're a little bit conservative in Milton Keynes – people have never celebrated our diversity before."

"We want to engage local people and promote creativity for our schools. We will be as big as Barcelona, Milan and London Arts Week."

Critics will be able to see art at 110 locations, from thehub:mk and thecentre:mk, while 'art buses' will ferry people out to other locations around Milton Keynes.

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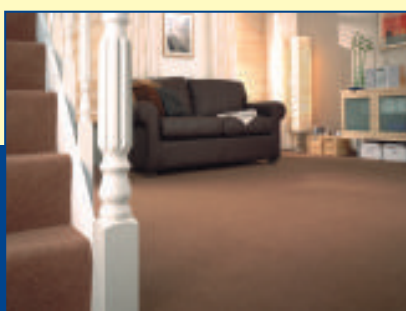
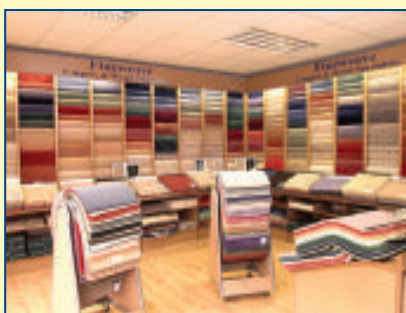
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The orb from Unity is moved to the front of the 'Smartie' building at Milton Keynes College

A 'Smartie' way to move Unity statue

THE crowning jewel in the £3.5million extension to Milton Keynes College's Chaffron Way campus has been returned in the form of 'Unity', a student-designed sculpture.

The 20ft three-pronged statue capped with a shining metal orb had been kept in storage while the revamp of the site took place.

College marketing manager, Chris Rice said: "It's great to have Unity back. It represents the three college campuses and the staff, stakeholders and the community all coming together to support our students."

"It was designed by an Art,

Design and Media student, Dominic Warpole and it embodies the true spirit of the college."

Building work at the Chaffron Way campus is on course to be completed by August 2008.

The extra 1,300sq ft will see the addition of a new learning resource centre and IT training suite housing 70 PCs, along with a new library and new reception area. There will also be a large new outside courtyard which will provide space for students to socialise in a secure environment.

It has been especially designed to incorporate a sensory garden with textured flooring and plants.

The new building is proving popular with staff and students alike and has become affectionately known as the Smartie building – due to the large colourful round discs attached to the outside.

Business student Chloe Baxter, 17, said: "I love the bright colours on the new building that look like Smarties. It makes me smile when I come onto campus."

Sarah Brown, a member of the college admissions team added: "The statue has always been a great gathering place for people on sunny lunchtimes and looks great in front of the new, colourful reception."

ASBO for prolific woman shoplifter

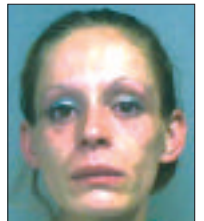
A WOMAN from Fullers Slade has been given an ASBO to stop her shoplifting.

Patricia Smith, 26, (right) was issued with a ban from Central Milton Keynes Shopping Centre at MK Magistrates' Court

last Thursday (July 3).

Smith was in court for theft and possession of a bladed instrument, for which she received a suspended sentence, supervision requirements and a six months residential drugs rehab programme.

Smith is a prolific offender with over 36 convictions of theft since 2003. Many of these offences were committed in Wolverton and Stony Stratford, areas of which she is also banned from entering.



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Life in the pits

Sports reporter SIMONE CORGAN and photographer ANDY HANDLEY took time out from covering the British Grand Prix at Silverstone on Sunday to do a bit of celebrity spotting. Here are some of the stars they snapped

■ For coverage of this year's race see our sport pages



Bernie Ecclestone: Quizzed over quitting Silverstone



Flippin' weather: Gordon Ramsey



Phroar: Miss Great Britain, Gemma Garrett in the Force India pit before Sunday's British GP



Clockwise from above: Nikki Lauda; Jodie Kidd; Tess Daley; Tamara Beckwith; Michael Carrick and Dan Hipkiss; Lindsey Vonn



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landscapers get to grips with undergrowth on the redway near Midsummer Boulevard

Mr and Mrs Mops make short work of second Big City Clean

THE city was given a 'big clean' yesterday.

Businesses and the local authority once again joined forces to give the area from Station Square to the base of Midsummer Boulevard a clean.

It is the second time this year such a high profile exercise has taken place and is the brain-child of Central Milton Keynes Partnership.

Milton Keynes Council's Streetcare team and their contractors worked in partnership with members of the Central Milton Keynes Partnership - thecentre:mk and Midsummer Place shopping centre, Thames Valley Police and London Midland.

"The event shows just how proud the businesses and people are of Milton Keynes," said Martin Small, streetcare localities manager at Milton Keynes Council.

"As with the first Big Clean earlier this year, a multi-agency walking-audit was carried out to put together the schedule of works for the day for all partners. Each partner in the clean then brought enough volunteers to complete the work assigned to them."

During the day landscaping was cleared and cut back allowing deep cleaning and litter picking, graffiti removal, jet-washing, steam cleaning, gum removal, weeding, painting of underpass ceilings, street furniture and lampposts, light cleaning and repairs and so on.

Kay Greenhalgh, City Centre manager said: "It was wonderful to see public bodies and private companies working together towards a clean and safe city centre."

"This is the second Big Clean event this year and we hope to put on more within Central Milton Keynes in the future."

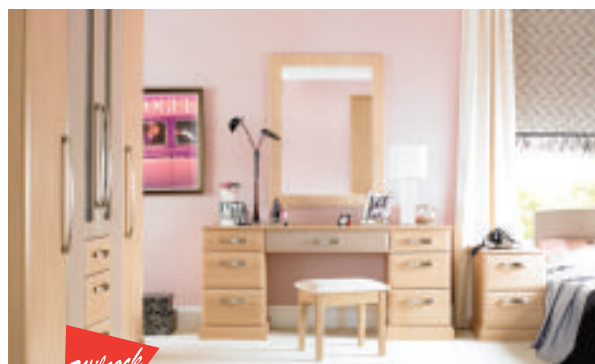
"The Big Clean shows how people working together can achieve the same goals and demonstrate pride in our city centre."



Some of the Big Clean team get to work on an underpass between Station Square and Midsummer Boulevard

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Visit the brand new Bravissimo store on Silbury Arcade from 14 July, for a wide choice of lingerie and swimwear in D-K cup, as well as clothing designed especially for curvy women!

Specsavers

Specsavers on Silbury Arcade is offering a free sight test when you buy glasses. Please quote promotional code 3794 when booking your appointment online at www.specsavers.com or telephone 01908 662116.

Meet Mike Payne

Cartoonist and illustrator Mike Payne, creator of Charlie's Ark and Tatty Bear, will be appearing on Thursday 10 July from 2 - 4pm at Clintons on Silbury Arcade. For every Charlie's Ark purchase, Mike will be giving away a signed special edition print.

Milletts Tent Show

Visit Queens Court from 11 - 13 July and see a range of one man to six man tents with brands such as Vango and Eurohike, plus the new Monkey Puzzle Teepee. All tents are available from Milletts on Crown Walk near the Post Office.

Pizza Express special offer

Come and collect two takeaway pizzas for the price of just one! Mention the secret password Midsummer Pizza and it's yours! Call 01908 241100 to order.

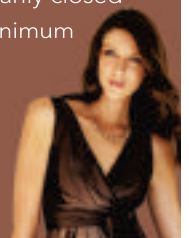
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A better Place to Eat

John Lewis is transforming a Place to Eat into a bigger and brighter restaurant, with some counters temporarily closed until 22 August, but with minimum inconvenience.

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COMPETITION

Win Mike Payne signed prints and Charlie's Ark cuddly toys

CLINTON Cards on Silbury Arcade at thecentre:mk are giving lucky children the exclusive chance to win toys and signed prints from award winning cartoonist Mike Payne's latest concept Charlie's Ark.

Charlie's Ark features a five-year-old boy and his toy box of magical animals. As the creator and original artist of the loveable charcoal bear with the blue nose, Tatty Teddy, his sketches and ideas have sold millions of greetings cards worldwide and earned Payne a host of international awards. Today limited edition Mike Payne sketches can fetch thousands of pounds at auction.

Mike will be at Clinton Cards in the Silbury Arcade, Milton Keynes on Thursday from 2-4pm and for every Charlie's Ark purchase, Mike will be giving away a signed special edition print.

To celebrate the launch of Charlie's Ark and its eight new soft toy characters, MK NEWS has teamed up with Mike Payne and Clinton Cards to offer two lucky MK NEWS readers the chance to win signed limited edition prints and Charlie's Ark soft toys.

The first prize winner will receive a large cuddly toy - Putty the monkey, a set of six Charlie's Ark soft toys in gift boxes and a one-off special edition Charlie's Ark print signed by Mike Payne.

The second prize winner will receive a large cuddly toy - Pee the dog, one small Charlie's Ark soft toy in a gift box and a special edition Charlie's Ark print signed by Mike Payne.



Mike Payne with Tatty Teddy and Pee the dog

HOW TO ENTER

To win all you have to do is draw a picture of a character you would like to see in Charlie's Ark and tell us its name.

Send your entries to Charlie's Ark competition, MK NEWS, 1 Diamond Court, Fox

Milne, MK15 0DU

The closing date for entries is July 16. The winner will be chosen by a panel of judges at MK NEWS. The winner will be notified within one week.

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Driver Jakub Dacyk watches the pre-race field test

Students go the extra mile in eco car comp

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

STUDENTS literally went the extra mile yesterday to win second prize with their home-made eco car.

Pupils from Leon School and Sports College School, Bletchley took part in the Shell Eco-marathon Youth Challenge at the Rockingham Festival of Science on Thursday.

The team, who had built their car from scratch, competed against 17 other schools from across the UK in the national driving competition where speed is sacrificed for efficiency.

The schools aim to complete the course at the world famous Rockingham Motor Speedway using the least fuel possible whilst maintaining an average speed of 15mph.

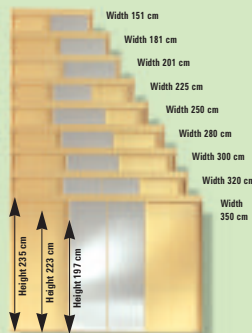
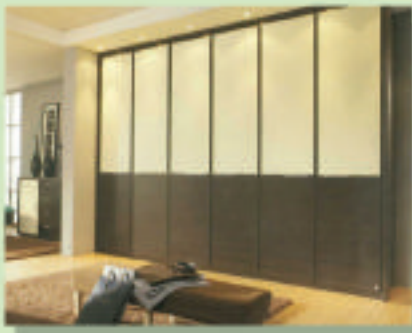
The Leon School, who entered two cars in the competition, topped the leader board all day long but missed out on victory by a whisker.

Their vehicle managed an impressive 1,722 miles per gallon - making it nearly 48 times more fuel efficient than a Ford Mondeo.

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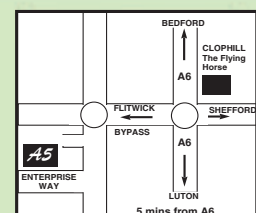
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Cash for Trash prize money is provided by Community Waste Ltd and Cory Environmental.

With two £100 prizes up for grabs each week, there's no excuse not to recycle.



Charity out to boost wheelchair sport

A SPINAL charity from Milton Keynes is encouraging people to get involved in wheelchair sport ahead of the Beijing Olympics.

Fewer than two per cent of UK wheelchair users regularly take part in any kind of sporting activity, a statistic Oldbrook-based charity the Spinal Injuries Association (SIA) would like to see dramatically increase.

Having been elected official charity of the 2008 London Marathon, SIA elected to augment its commitment to increasing sports participation by ploughing 50 per cent of the money raised by its runners directly into grass roots wheelchair sport.

Through its new initiative, Rebuilding Lives Through Sport (RLTS), SIA hopes to promote and support the development of paralympic sports across the UK and, would like to receive applications for funding from clubs and societies in Milton Keynes.

Marianne Prior, spokesman for SIA, said: "With the Beijing Olympics fast approaching and Britain's paralympic team continuing to outshine its able-bodied equivalent, the impact sport can make on disabled people's lives has never been quite so apparent.

"To wheelchair users in particular, participating in sport can prove a real life-line by boosting confidence, nurturing independence, alleviating isolation and



Youngsters get some basketball training

improving physical fitness."

Grants vary from £1,000 to £50,000 and recipient projects must be endorsed by the relevant governing body.

While successful projects must include wheelchair participants, recipients need not be spinal cord injured and applications from a broad range of organisations and individuals are welcomed.

SIA is also keen to give local resi-

dents and businesses first refusal on its last few remaining places in the London Triathlon (August 9 and 10) the Adidas Women's 5k Challenge (September 7 in London, Liverpool and Birmingham) and the 10m Great South Run, in Portsmouth on October 26.

■ For more information visit www.spinal.co.uk or call 0845 678 6633.

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MADELINE 48, smoker, 5ft 7ins, medium build, professional, likes dancing, nights out, seeks male with similar interests and a good personality. Tel No: 0911 374 0222 Box No: 324342

LADY early 60's, tall, smart, semi retired, own car, likes cooking, gardening, seeks tall, kind gent for companionship, outings, possible relationship. Tel No: 0911 374 0222 Box No: 323968

LONELY young looking female, bright and artistic, missing that special male in her life. Tel No: 0911 374 0222 Box No: 321348

TALL fabulous, bubbly lady, 5'8, would like to meet tall, romantic gentleman to share the good times. Tel No: 0911 374 0222 Box No: 321058

FABULOUS caring, sincere widow, 58, seeks tall, romantic gentleman to share the good times. Tel No: 0911 374 0222 Box No: 305346

MELANIE 44, single mum, easy-going, likes meals out, walks, cinema, bowling, seeks male for friendship, maybe more. Tel No: 0911 374 0222 Box No: 318410

38YR old fun loving Leo, likes meals out, cinema, travel, walks, seeks male for friendship, maybe more. Tel No: 0911 374 0222 Box No: 310774

BLONDE widow, 70, smart, caring, seeks gentleman for kisses, cuddles, meals out, maybe more. Tel No: 0911 374 0222 Box No: 248208

EASYGOING 40 something, only admit to being 37, no dependants, looking to try new things. Tel No: 0911 374 0222 Box No: 221747

STUNNING ex model would love to be wined and dined by a well built single guy. Then who knows. Tel No: 0911 374 0222 Box No: 321370

ATTRACTIVE lady, 49, blonde hair, blue eyes, medium build, genuine, affectionate, GSOH, seeks warm hearted male for loving relationship. Tel No: 0911 374 0222 Box No: 251223

ATTRACTIVE 69yr old widow, 5ft 5ins, plump, attractive, well spoken, likes most things, seeks male for companionship. Tel No: 0911 374 0222 Box No: 309882

PROFESSIONAL lady, 59, likes music, reading, walks, meals out, seeks nice, loving, N/S male to share time with. Tel No: 0911 374 0222 Box No: 308434

VOLUPTUOUS beautiful, genuine, fun female, seeks attractive male for friendship, maybe more. Tel No: 0911 374 0222 Box No: 321844

ROSE 52, 5ft 4ins, Caribbean origin, likes nights in, conversation, TV, seeks tall male, 50's for friendship, maybe more. Tel No: 0911 374 0222 Box No: 269034

ATTRACTIVE dizzy blonde, early 40's, seeks funny, romantic, caring male, 36-47, to make her laugh. Tel No: 0911 374 0222 Box No: 245260

MALE 36, 5ft 5ins, likes socialising, nights in/out, walks, seeks genuine, honest, caring male, 35-42 for LTR. Tel No: 0911 374 0222 Box No: 260679

HONEST sincere, romantic 43yr old female, GSOH, attractive, 5ft 6ins, blonde hair, size 16, seeks similar male for LTR. Tel No: 0911 374 0222 Box No: 307180

70's widow, lonely, medium build, likes cooking, gardening, holidays, nights out, seeks gent in his 70's with car to share life with. Tel No: 0911 374 0222 Box No: 306492

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MALE 34, blonde hair, blue eyes, seeks male, 35-40 for love and romance. Tel No: 0911 374 0222 Box No: 271646

SEXY black lady, seeks male, any age for romance. Tel No: 0911 374 0222 Box No: 263846

PROFESSIONAL female, 42, no lies, seeks similar male for friendship/companionship. Tel No: 0911 374 0222 Box No: 262280

ATTRACTIVE petite single mum, 37, seeks intelligent, handsome, caring male for friendship, maybe more. Tel No: 0911 374 0222 Box No: 259271

ATTRACTIVE slim female, blonde, mid 40's, seeks attractive male with GSOH to look after and pamper. Tel No: 0911 374 0222 Box No: 257879

57YR widow, 5ft, blonde, N/S seeks romantic, trusting, N/S male. Tel No: 0911 374 0222 Box No: 243583

KIND sweet 22yr old lass who enjoys drinking, socialising and having a good time, seeks caring guy! Tel No: 0911 374 0222 Box No: 243778

22 year old girl with GSOH, enjoys drinking, socialising, nights in and having a laugh, seeks similar. Tel No: 0911 374 0222 Box No: 243540

BEAUTY and brains! 44yr old attractive, ambitious female, seeks kind, caring guy to share life with. Tel No: 0911 374 0222 Box No: 257085

BUSTY brunette 25, single mum, likes music, comedy, films, seeks male, 28-40 for new adventures and LTR. Tel No: 0911 374 0222 Box No: 256518

GEORGIANA 60, widow, active, 5ft 4ins, slim, likes sports, music, meals out, walks, seeks gent, 67-74 with GSOH and similar interests. Tel No: 0911 374 0222 Box No: 255405

KIND caring female, 49, attractive, medium build, fun, affectionate, many interests, seeks loving male. Tel No: 0911 374 0222 Box No: 239911

FEMALE 29, seeks male, 30-45 for fun times. Tel No: 0911 374 0222 Box No: 233352

31YR old female, brown hair, blue eyes, curvy, likes most things, seeks male for friendship, maybe more. Tel No: 0911 374 0222 Box No: 231706

MIKHAILA 43, 5ft 7ins, brown hair/eyes, buxom, likes reading, films, animals, seeks male with similar interests for friendship, maybe more. Tel No: 0911 374 0222 Box No: 313036

HONEST caring, attractive female, 37, black, 5ft 2ins, likes nights in/out, seeks similar male, 37-45 for LTR. Tel No: 0911 374 0222 Box No: 320296

24YR old easygoing female, seeks male with similar interests. Tel No: 0911 374 0222 Box No: 237939

FUN loving 51yr old female, seeks tall, sincere male, 47-60 for friendship, maybe more. Tel No: 0911 374 0222 Box No: 316910

54YR old lady, likes simple things, seeks loving, caring male, 50-55 for friendship, maybe more. Tel No: 0911 374 0222 Box No: 315380

FEMALE young 60's, 5ft 6ins, attractive, blond, blue eyes, medium build, cuddly, warm, loving, N/S, GSOH, seeks loving, caring male, 50's-60's for friendship/relationship. Tel No: 0911 374 0222 Box No: 314752

FEMALE late 40's, slim, brown eyes, 5ft 5ins, seeks fun loving, slim gent with GSOH, full head of hair for friendship, maybe more. Tel No: 0911 374 0222 Box No: 312602

SINGLE mum, 38, 5ft 8ins, smoker, GSOH, likes tattoos, seeks male, 39-45 for LTR. Tel No: 0911 374 0222 Box No: 311450

40YR old nice lady, N/S, GSOH, likes pubs, meals out, seeks genuine, kind, caring male for friendship, maybe more. Tel No: 0911 374 0222 Box No: 309610

SINCERE female, attractive, young 60's, N/S, GSOH, varied interests, seeks similar gent, 50-60's for friendship, maybe more. Tel No: 0911 374 0222 Box No: 306952

STEPH 49, attractive, 5ft 9ins, N/S, GSOH, varied interests, easygoing, seeks 6ft male, 43-51 for fun, laughter, maybe more. Tel No: 0911 374 0222 Box No: 298732

42YR old black female, divorced, 5ft 8ins, seeks outgoing, caring male, 45-50 for friendship, maybe more. Tel No: 0911 374 0222 Box No: 295650

21YR old female, seeks male for fun times, maybe more. Tel No: 0911 374 0222 Box No: 293312

36YR old divorced female, GSOH, likes motor bikes, clubs, meals out, seeks male, 29-39 for romance and relationship. Tel No: 0911 374 0222 Box No: 293228

25YR old African female, 5ft 3ins, likes meals out, music, travel, seeks similar male for friendship, maybe more. Tel No: 0911 374 0222 Box No: 287210

CAROL 47, attractive, slim, GSOH, likes good food/wine, nights in/out, seeks attractive male, 40-50 with similar interests. Tel No: 0911 374 0222 Box No: 286336

32YR old single mum, seeks male, 28-34 for friendship, maybe more. Tel No: 0911 374 0222 Box No: 285374

ATTRACTIVE Asian female, 26, single mum, likes nights in/out, shopping, seeks genuine male for love and commitment. Tel No: 0911 374 0222 Box No: 284192

MATURE black female, 48, seeks intelligent, mature English gent for friendship, maybe more. Tel No: 0911 374 0222 Box No: 282880

63YR old divorced female, 5ft 7ins, likes cooking, music, meals out, seeks honest, caring male for friendship, maybe more. Tel No: 0911 374 0222 Box No: 281828

20YR old female, 5ft 6ins, black, attractive, GSOH, sincere, seeks fun, white male for friendship, maybe more. Tel No: 0911 374 0222 Box No: 279460

CAROLE 45, divorced, N/S, brunet, slim-medium build, likes countryside, cinema, theatre, seeks male, 40-53 for friendship, maybe more. Tel No: 0911 374 0222 Box No: 277630

ATTRACTIVE 45yr old female, 5ft 5ins, seeks tall male, 45-52 with GSOH for friendship, possible romance. Tel No: 0911 374 0222 Box No: 263361

MEL Afro Caribbean, 30, slim, petite, laidback, likes meals out, gym, seeks professional, white male, 30-40 for love and romance. Tel No: 0911 374 0222 Box No: 263021

KIRSTY 26, gun loving, bubbly, seeks similar male for fun and friendship, maybe more. Tel No: 0911 374 0222 Box No: 262349

FEMALE seeks fun loving male for romantic times and nights out. Tel No: 0911 374 0222 Box No: 261267

JANE 47, petite, brunet, smoker, many interests, seeks kind, loving, caring, solvent, handsome male, 40-50 with GSOH. Tel No: 0911 374 0222 Box No: 261122

5FT 11ins, slim male, brown hair, green eyes, GSOH, seeks similar female. Tel No: 0911 374 0222 Box No: 251515

ADAM 33, single dad, likes nights in/out, music, pubs, clubs, seeks female, 25-40 for love and romance. Tel No: 0911 374 0222 Box No: 322226

HANDSOME divorced, 6ft male, 60, medium build, GSOH, N/S, easygoing, seeks female, 45-60 for fun, laughter, maybe more. Tel No: 0911 374 0222 Box No: 259351

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YOUNG looking 26yr old male, spontaneous, likes meals out, music, computers, painting, seeks outgoing female for friendship, maybe more. Tel No: 0911 374 0222 Box No: 323524

36YR old male, 6ft, open, honest, reliable, part time dad, seeks similar female for loving relationship. Tel No: 0911 374 0222 Box No: 322636

48YR old solvent, professional male, 5ft 9ins, fit, likes sports, clubs, theatre, seeks professional, slim female, 30-50 with similar interests. Tel No: 0911 374 0222 Box No: 322556

MALE 40, tall, slim, romantic, likes cosy nights in/out, seeks female, 35-45 to enjoy and what the world has to offer. Tel No: 0911 374 0222 Box No: 311066

DIVORCED dad, 48, honest, romantic, passionate, likes camping, motor bikes, rallies, meals out, seeks female for loving relationship. Single mum welcome. Tel No: 0911 374 0222 Box No: 314194

47YR old biker, divorced, faithful, honest, romantic, passionate, likes nights in/out, cuddles, films, seeks female for friendship, maybe more. Tel No: 0911 374 0222 Box No: 310588

ATTRACTIVE male nurse, 38, 6ft 1ins, strong, medium build, honest, loving, seeks family minded female for LTR. Age/build unimportant. Tel No: 0911 374 0222 Box No: 309500

BEN 39, 5ft 11ins, brown eyes, self employed, seeks female/soul mate. Tel No: 0911 374 0222 Box No: 305564

MARK 48, widow, 6ft 4ins, likes reading, walks, music, seeks female, 38-48 for friendship, maybe more. Tel No: 0911 374 0222 Box No: 304310

RICHARD 64, widower, 6ft, medium build, clean shaven, outgoing, trustworthy, reliable, seeks female, 55-65 for LTR. Tel No: 0911 374 0222 Box No: 285436

MALE 45, likes meals out, nights in, sports, seeks female with similar interests for good times. Tel No: 0911 374 0222 Box No: 264744

5FT 11ins, slim male, brown hair, green eyes, GSOH, seeks similar female. Tel No: 0911 374 0222 Box No: 251515

ADAM 33, single dad, likes nights in/out, music, pubs, clubs, seeks female, 25-40 for love and romance. Tel No: 0911 374 0222 Box No: 322226

HANDSOME divorced, 6ft male, 60, medium build, GSOH, N/S, easygoing, seeks female, 45-60 for fun, laughter, maybe more. Tel No: 0911 374 0222 Box No: 259351

SYLVIA 52, divorced, 5ft 6ins, medium build, brown hair, seeks similar aged, loving, affectionate, honest, trustworthy guy for friendship, maybe more. Tel No: 0911 374 0222 Box No: 259183

YOUTHFUL 59yr old female, tall, slim, fit, active, seeks likeminded, caring male to share life with. Tel No: 0911 374 0222 Box No: 258235

FED up single dad, OHAC, slim, 5ft 11ins, seeks female



Cracking deal: Bletchley Park is one of a number of heritage attractions and museums offering discounted entry

Attractions out to attract with attractive pricing

CODE-BREAKING, a world famous children's storyteller and a stately home all have one thing in common – they all form part of a family friendly initiative to offer discounted entry to local museums and heritage attractions.

Six museums and attractions in the Milton Keynes and South Midlands Area have come together to give the public a host of family fun events and two great offers.

Any member of the public that pays full price at the first attraction they visit will then gain half-price entry at all the other five participating attractions, which could save each person up to £16.

Furthermore, if all six venues are visited in the year, that person will be entered into a free prize draw.

To take advantage of this offer, people need to obtain the

Museum Family Fun Leaflet and then collect stamps from each venue until their card is completed. Closing date for the draw is December 31, 2008.

The venues participating are Bletchley Park, The Roald Dahl Gallery at the Buckinghamshire County Museum, Aylesbury, Cowper and Newton Museum, Olney, Milton Keynes Museum, Wolverton, Old Gaol, Buckingham and Woburn Abbey, Woburn.

All of these venues provide exciting events and activity throughout the year, but are focusing on family fun for 2008 and committed to being family friendly.

The Family Friendly Initiative is part of a wider campaign to ensure that museums across Berkshire, Oxfordshire, Buckinghamshire and MK provide

families with a warm welcome, offer free activities and, where available, an affordable cafe and/or shop.

Shane Downer, senior heritage officer for Milton Keynes said: "The venues involved are committed to working together to provide fantastic exhibitions, fun events and better access to our heritage. I am delighted that the council could support this initiative."

Leaflets are available at the six attractions and at the new CMK Discover Milton Keynes Showcase where heritage and cultural information is combined with shop, exhibitions and events.

Discover Milton Keynes is on the outside of the centre:mk shopping centre on Silbury Boulevard between Crown and Deer Walks.

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Getting serious about service at thecentre:mk

THE first monthly winner of the centre:mk's customer service scheme, the Serious Service awards, is Lisa Hunt from Waterstones in Silbury Arcade.

Lisa came ahead of 62 other nominations from around the shopping centre.

Lisa was nominated by shopper Jenny Penn for her diligence, enthusiasm and genuine interest in the customer's needs.

Jenny's grandson is travelling the world, getting the bus from London to Sydney and she was keen to be able to follow his adventures. Lisa spoke to Jenny about what she needed, took her time with her and gave her full attention until she found the product just right for her.

The globe they decided on was perfect for her needs and Jenny was highly impressed with Lisa's charm and customer service skills.

"I'm very flattered to be the first monthly winner of the award," said Lisa. "Every time we deal with a customer we hope to help them find the right product for their needs. However, for that customer to remember the experience and nominate me for recognition is really exciting."

In a close contest Peter Knight Manager of The Entertainer, ran a close second.

One customer said: "Both my boys ask to come to the shopping centre just to see Peter".

Jemma Field from F.Hinds came



Charm and customer service skills: Vikki Boekbinder, manager at Waterstones presents Lisa Hunt with her certificate

in third. Jemma went out of her way to show a customer a variety of different lockets, changing the chains and even modelling them for the customer. The delighted shopper described it as 'excellent service'.

The Serious Service Awards aim to encourage customer feedback and highlight great customer service examples from retailing staff. Customers are able to nominate

staff from individual stores recognising excellent customer service skills. Once nominated both the member of the public and the person nominated have the chance of winning prizes supplied by Coca-Cola. Lisa is now entered into the annual award and will be joined by the other monthly winners.

Lisa chose a Coca-Cola BBQ as her prize. The shopper who nominated her received a digital radio.

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LB NEWS

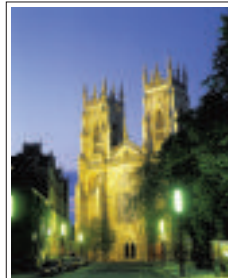


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- The services of a Tour Manager

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- Includes ● Return coach travel ● 1 night dinner, bed and English breakfast accommodation at the Clifton Hotel, Scarborough ● Visit to York for Christmas shopping ● Services of a Tour Manager

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Here's your chance to see some of the world's top darts players in action at the Ladbrokes.com World Darts Championship at the Alexandra Palace in London!

- Includes ● 1 night's bed and continental breakfast accommodation at the 3★ Days Hotel, Waterloo ● A ticket for the evening session of the Ladbrokes.com PDC World Darts Championship at Alexandra Palace, London ● Return hotel/Alexandra Palace coach transfers ● The services of a Tour Manager

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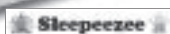
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COMPETITION

Win private screening tickets to Meet Dave

100 pairs of tickets to be won – get a ride in the Meet Dave simulator and pick up a great goody bag

TO celebrate the release of 'out of this world' new comedy Meet Dave, starring Eddie Murphy, Twentieth Century Fox has teamed up with MK NEWS to give away 100 pairs of tickets to a private screening.

In the film (Cert PG), due to hit cinemas nationwide on July 18, Dave (Eddie Murphy), newly arrived in New York City, may be the ultimate fish out of water.

There's something about him that's not quite right – for starters, he seems remarkably out of place and uncomfortable in his own body.

And for good reason: 'Dave' is not a man at all, but a ship made in the image of its minia-



ture-sized captain.

It's Eddie Murphy in Eddie Murphy in Meet Dave and while his crew of miniature aliens are trying to save their planet, they encounter a new problem, as their ship becomes smitten with an Earth woman.

On Wednesday, July 16 everyone will be invited to take the ride of a lifetime in the Meet

Dave simulator at the Xscape, Central Milton Keynes, experiencing the thrill of being a crew member on-board starship Dave as well as viewing exclusive footage from the film.

Participants who ride the Meet Dave simulator will also receive a Meet Dave goody bag.

For more info about Meet Dave go to www.meetdave.co.uk

HOW TO ENTER

To be in with the chance to win one of the 100 pairs of free tickets to a private showing of the film at Cineworld MK Xscape at 10.30am on Saturday, July 19, just answer this simple question: Where is the Meet Dave simulator landing in Milton Keynes?

E-mail answers to MK News Meet Dave competition to: meetdave@mail.org Please include your name, address and daytime telephone numbers.

First 100 correct entries drawn win. The closing date is July 16.

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- Theatre district

11th - 13th July 08

Weekend Events List

FRIDAY 11TH

4pm - 10pm - Emmett's Fun Fair at Campbell Park

SATURDAY 12TH

MUSIC AND SPORT

8am - 12 midday

Horizon Radio outside broadcast from thecentre:mk

10am - 4pm

Theatre District Mascot Olympics at the Theatre District

11am - 6pm Xscape Beach Party on Avebury Boulevard

11am - 6pm MK Lions Display - Avebury Boulevard

11am - 6pm SNO!zone Ice Slides - Avebury Boulevard

11am - 6pm

MK Dons Trophy Display and Football Exhibition - Avebury Boulevard

11am - 8pm Food concessions

11am - 8pm Licenced bar - Amphitheatre Campbell Park

11am - 10pm £1* Fun Fair at Campbell Park and Avebury Boulevard

12 midday - 6pm

Big Moo Moosic Stage - Amphitheatre Campbell Park

BIG MOO MOOSIC STAGE

**Campbell Park Amphitheatre
Saturday 12th and Sunday 13th**

Sat 12th July

12.00 Luis Lema Latinissimo salsa band

12.40 Horizon DJ

13.00 Murray Hockridge

13.40 Horizon DJ

14.00 Blank Pages

14.40 Frantic-UK

15.00 Neil Campbell Collective

15.40 Desilicious

16.00 Lark

16.40 Horizon DJ

17.00 David Goo Band

17.40 Horizon DJ

18.00 Close

Sun 13th July

12.00 Backline Band

12.40 Horizon DJ

13.00 TBA

13.40 Bkay and Kazz

14.00 Big Laundry Bill

14.40 Horizon DJ

15.00 The Sound Asylum Show Band

15.40 Christina

16.00 Implosion

16.40 Cherry KiKZ

17.00 Will Snap Band

18.00 Close

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SUNDAY 13TH

FAMILY DAY

10am - 11am National Family Fun Run

- Run for the Children - Campbell Park

11am - 5pm Peppa the Pig & George - Midsummer Place

11am - 4pm Xscape Beach Party on Avebury Boulevard

11am - 4pm MK Lions Display - Avebury Boulevard

11am - 4pm SNO!zone Snow board simulator - Campbell Park

11am - 8pm Licenced bar - Amphitheatre Campbell Park

11am - 10pm Fun Fair at Campbell Park

12 midday - 6pm Big Moo Moosic Stage

- Amphitheatre Campbell Park

2.30pm - 3.30pm World record attempts - Campbell Park

For more information visit **www.thebigmoo.co.uk**

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Big Moo Fringe Festival of the Arts 2008 11 - 13 July

The first Fringe Festival takes place throughout Milton Keynes this weekend, celebrating the diverse strands of creativity in the city. Middleton Hall and Queens Court will be the venues for art, sculpture, creative workshops and performance pieces. Check programmes in thecentre:mk for details.

Motor Show 15 - 20 July

The latest models will be on show in Middleton Hall, with some great new launches! Take time to browse and talk to someone about the car you are interested in, discuss accessories or arrange a test drive.



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WEDNESDAY July 9

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News: Weather) **11.00** To Buy or Not to Buy (T) **11.30** Sun, Sea and Bargain Spotting (T) (Followed by BBC News: Weather) **12.15** Cash in the Attic (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T) **7.00** **The One Show** (T) **7.30** **My Family** Michael succeeds in placing the whole family on The Weakest Link, but Anne Robinson is about to raise more difficult questions than expected. **BBC News and Regional News** **8.00** **Celebrity MasterChef** Chef and restaurateur John Torode and food writer and ingredients expert Gregg Wallace search for the country's top celebrity chef. (T) **9.00** **Cars, Cops and Criminals** New three-part series examining the changing face of car theft. (T) **10.00** **BBC News** (T) **10.25** **Regional News and Weather** **10.33** **BBC Weather** (T) **10.35** **The National Lottery Draws** **10.45** **The Visit** Comedy set in the visiting room of HMP Radford, where the inmates are reunited with their loved ones once a week. (T) **11.15** **FILM: Crazy/Beautiful** (2001) Modern take on the story of Romeo and Juliet in which a talented but poor Latino teenager falls for the troubled daughter of an affluent congressman while studying at the same high school. Stars Bruce Davison. (T) **12.50** Weatherwise (T) **12.55** Sign Zone: Mary, Queen of Sheps (R/T) **1.55** Criminal Justice (R/T) **2.55** New Blues (R/T) **3.25** A Taste of My Life (R/T) **3.55** To Buy or Not to Buy (R/T) **4.25** To Buy or Not to Buy (R/T) **4.55** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** **FILM: Rita** (2003) Drama starring Rita Hayworth, Kim Basinger and Nicole Kidman. (T) **11.30** The Daily Politics (T) **1.00** Out of the Blue (T) **1.25** Coast (T) **1.30** Working Lunch (T) **2.00** Open Gardens (T) **2.30** Castle in the Country (T) **3.00** Murder, She Wrote (T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Cash in the Celebrity Attic (T) **6.00** Eggheads (R/T) **6.30** Animal Park (T) **7.00** **Top Gear** The very latest Top Gear news and views from the team. Jeremy, Richard and James explore the idea that you can't be a proper petrolhead unless you have owned an Alfa Romeo by buying three slightly used Alfas, each for less than 1,000 pounds. (R/T) **8.00** **Sports Mastermind** Des Lynam hosts a spin-off series of the classic quiz. The usual rules apply as four contenders answer questions on a sports-based specialist subject and on sporting general knowledge. (T) **8.30** **Francesco's Mediterranean Voyage** Architect and historian Francesco da Mosto embarks on a journey to cross the Mediterranean sea. Francesco and the crew of The Black Swan hit the open sea and head down the Croatian coast. (T) **9.00** **Tribal Wives** Six women each live for a month with six different tribes all over the world. (T) **10.00** **Room 101** Paul Merton hosts the chat show in which guests are given the opportunity to rid the world of the things they hate. (R/T) **10.30** **Newsnight** (T) (Followed by Weather) **11.20** **Legends: Marty Feldman - Six Degrees of Separation** Profile of Marty Feldman, one of the forgotten greats of British comedy. (R/T) **12.20** Joins BBC News (T) **4.40** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (R/T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women **1.30** ITV Lunchtime News and Weather (T) **2.00** Good Bid, Good Buy (T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T) **7.00** **Emmerdale** Anna agrees to stay in the village - much to Carl's discomfort. Katie hatches a plan to get compensation from Gray Ashley and Laurel give Jasmine and Jake their blessing. (T) **7.30** **Coronation Street** Rosie's treachery puts Kevin's livelihood in danger. Becky is unnerved by Steve's imminent return. Sean's efforts to get his job back prove fruitless. (T) **8.00** **The Bill** Out in the patrol car, Beth and Will are forced to a halt when a box of fireworks explodes in front of them. (T) **9.00** **Marco's Great British Feast** Marco Pierre White continues his travels across the British Isles in search of the nation's finest food. (T) **10.00** **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T) **10.40** **Six Degrees** Laura goes on her first date since her husband died. (T) **11.40** **Call Girls: The Truth** Documentary providing a rare insight into the world of high-class call girls. The UK's sex industry is booming, and more women are turning to prostitution than ever before. (R/T) **12.35** Bingo Night Live **1.35** Quincy, ME (R/T) **2.30** Hack (T) **3.15** Loose Women (R/T) **4.05** The Jeremy Kyle Show (R/T) **5.00** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Big Brother's Little Brother (T) **8.00** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.45** In Your Dreams (R/T) **12.00** News at Noon (T) **12.30** Will & Grace (R/T) **12.55** Supporting Acts (R/T) **1.15** Channel 4 Racing from Newmarket (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T) **7.00** **Channel 4 News** Includes sport and weather. (T) **7.55** **3 Minute Wonder** A series of short portraits on people working offshore in the North Sea. (T) **8.00** **Location, Location, Location** It's mix and match this week as Kirstie and Phil mount a search for a new home for a downsizing mum in Carlisle, and catch up with a family who they helped to find a dream bungalow in Bath. In Carlisle, Sheila needs to downsize from a family sent to something smaller, closer to work and more manageable, but a huge question looms over the search: is she ready to let the kids leave the roof? (T) **9.00** **Personal Services** Absorbing Danny and Gabriella Grasso and their daughter Sasha consider themselves a dynamic family and need someone to look after their five-bed home in Bedfordshire. (T) **10.00** **Big Brother** Today's highlights from the Big Brother house. (T) **11.05** **Wife Swap USA** A wife who celebrates being average swaps places with the reigning Ms Northern Natural USA, who believes perfection is the only thing worth achieving in life. (T) **12.05** 4music: Road To 2000 (T) **12.20** 4music: The Nokia Green Room (R/T) **12.55** Stargate SG-1 (R/T) **1.40** Big Brother Live **4.30** Dispatches: A Widow's War On Yobs (R/T) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** I Own Britain's Best Home: Flying Vists (T) **3.05** The Family Recipe (R/T) **3.15** **FILM: Surrender Dorothy** (2006) Emotional drama starring Diane Keaton. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Wild Animal ER (T) **7.00** **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T) **7.30** **Massive Speed** Documentary series in which Chris Barrie examines the evolution of machines designed for speed. (R/T) (Followed by five news update) **8.00** **Britain's Closest Encounters** Documentary series examining the most astonishing and baffling UFO stories from around the UK. (T) (Followed by five news at 9) **9.00** **Extraordinary People: Outlaw Births** Series of absorbing documentaries exploring remarkable stories of human experience from all over the world. (T) **10.00** **FILM: Maximum Risk** (1996) High-octane action thriller about a retired French soldier's search for his twin brother's killers. Unaware that he even had a twin until he found him dead on the streets of his home town, the veteran vows not only to avenge the murder but also to uncover the truth about his own past. Stars Jean-Claude Van Damme, Natasha Henstridge and Jean-Hugues Anglade. (T) **12.00** PartyPoker.com European Open IV **1.30** Major League Baseball **4.45** Boxing: Fight of the Week II **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am Cruise With Stellos: Mediterranean **6.30** Cruise With Stellos: Mediterranean **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** The Zoo UK **9.30** The Zoo UK **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Wonderfalls **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** Don't Forget The Lyrics **9.00** 50 Ways To Leave Your TV Lover **11.00** Inside: Supercops **12.00am** Road Wars **1.00** Road Wars **1.50** Cold Case **2.40** Airline **3.05** Airline **3.30** Cruise With Stellos: Mediterranean **3.55** Cruise With Stellos: Mediterranean **4.20** Rescue Me **5.10** Guilty!

ITV2

6.00am Emmerdale: Winner Takes It All **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale: Winner Takes It All **10.30** Judge Judy **11.00** Judge Judy **11.25** Airline **12.00pm** Emmerdale: Winner Takes It All **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** ABBA: The Mamma Mia! Story **9.00** **FILM: LA Story** **10.55** Coronation Street **11.25** Ghosthunting With... **1.30am** Teleshopping **4.30** ITV2 Nightscreen

BBC3

7.00pm The Real Hustle **7.30** The Real Hustle **8.00** Make My Body Younger **9.00** **FILM: Cold Mountain** **11.25** Family Guy **11.50** Family Guy **12.10am** Summer Heights High **12.40** Snog Marry Avoid? **1.10** Make My Body Younger **2.10** The Real Hustle **2.40** The Real Hustle **3.05** Snog Marry Avoid? **3.35** Britain's Missing Top Model **4.35** Close

BBC4

7.00pm World News Today **7.30** Pop Go the Sixties **7.35** Batman **8.00** Tiger Spy in the Jungle **9.00** Black Power Salute **10.00** **FILM: 3 Iron** **11.25** Not Cricket: The Basil D'Oliveira Conspiracy **12.45am** Black Power Salute **1.45** What Happened Next? **2.45** Black Power Salute **3.45** Close

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MUSIC REVIEWS

SHINE ON

Kooks



THERE'S no denying it, you know. Shine On is a fantastic song.

The way the guitars kick in during the chorus, the way the bass moves to the forefront during the verses, I'm even prepared to let them get away with the guitar solo in the middle, but it's the way the song lingers on at the very end that that works for me.

How the House Of Love didn't kick on from there and become huge is one of life's great mysteries.

Unfortunately, the only thing the Kooks' Shine On shares with the House Of Love's Shine On is the name, because this really is quite unexciting.

Even the 'yeah' before the instrumental break sounds a bit half-hearted. It's all very jingly-jangly and awfully radio-friendly, but to me it sounds like an album filler track that accidentally got released as a single.

Never mind, I'm sure there's better stuff on the album ... isn't there?

LOVE IS NOISE

The Verve



It's not often I tell you a bit about myself, so make the most of it.

Do you remember Urban Hymns? Of course you do, it was filled to the brim with classic singles like Bitter Sweet Symphony, The Drugs Don't Work and, er, all those other classic songs.

I know I certainly remember Urban Hymns, because way back in 1997 when it came out I was working in a record shop. You might have heard of it, remember Sam Goody? Well, it wasn't that one.

In those days, working in that record shop was brilliant, partly because the staff could choose the music that blared out through the speakers.

Anyway, that year there were four albums that were practically welded to the CD multichanger, namely the Prodigy's The Fat Of The Land (fantastic), Radiohead's OK Computer (very good), the Brand New Heavies' Shelter (no, just no) and the Verve's Urban Hymns.

Now, track one (Bitter Sweet Symphony) is a great song. I had no problem with track one. Unfortunately, after that it was something of a descent into misery and tedium that only really came back to life at the end with Come On (and Richard Ashcroft yelling four-letter words for the entertainment of all the customers).

Of course, they split up soon after and that was the end of that.

Thing is, you can't keep a good band down - and so the Verve have reformed, but this isn't the Verve I remember.

I know this because at no point during the song did I feel like screaming 'For God's sake, cheer up Ashcroft' at the speakers.

This is actually a fairly joyous little number, not least down to the whoops and hollers in the foreground. It sounds to me like the band did the backing vocals, but the producer told them to make it just a little more forceful, so they re-recorded it thinking 'let's go completely over the top for a laugh', and to their shock, surprise and horror the producer informed them that that was exactly what he was looking for thank you very much.

The thing is, it's all over the song and it drives things along but it works. By rights this should shoot the Verve's credibility to Hell, but they've got away with it. If you ask me, this is the best Verve single in at least a decade, and possibly their second best ever.

SIMON DARNELL

FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000



Christine Baranski as Tanya, Meryl Streep as Donna and Julie Walters as Rosie star in Mamma Mia

MAMMA MIA! (PG)

Meryl Streep, Pierce Brosnan, Colin Firth, Amanda Seyfried, Stellan Skarsgard, Julie Walters, Christine Baranski

From Friday

SOPHIE (Seyfried) invites three men (Brosnan, Firth, Skarsgard) who could be her father to her wedding in Greece, unbeknownst to her single mother Donna (Streep). Shock reunions, confusions and Abba's greatest hits ensue.

THE FORBIDDEN KINGDOM (12A)

Jet Li, Jackie Chan, Michael Angarano, Collin Chou, Yifei Liu

From Friday

KUNG fu-obsessed Jason Tripitakas (Angarano) falls off a roof while holding a Chinese fighting staff, and is somehow transported to ancient China. There, he is tasked with freeing the powerful Monkey King with the help of drunk immortal Lu Yan (Chan) and Silent Monk (Jet Li).

JOURNEY TO THE CENTRE OF THE EARTH 3D (PG)

Brendan Fraser, Josh Hutcherson, Anita Briem

From Friday

SCIENTIST Trevor Anderson (Brendan Fraser) and his nephew Sean (Josh Hutcherson) travel to Iceland, following Sean's long-missing father. With guide Hannah (Anita Briem), they are trapped in a cave

and forced to follow Jules Verne's perilous route into the centre of the Earth.

SHOT ON SIGHT

Naseerudin Shah, Sadie Frost, Om Puri

From Friday

A SUSPENSE drama dealing with the current terrorism attacks in UK through a Metropolitan Police officer of Muslim heritage who must display courage and persevere in his duties in the face of family conflict.

KUNG FU PANDA (PG)

Jack Black, Angelina Jolie, Jackie Chan, Lucy Liu, Dustin Hoffman, Ian McShane, Seth Rogen

Now showing

SLACKER panda Po (Black) gets more than he bargained for when he is selected as the Dragon Warrior - a fabled kung fu master - and pitted against a vengeful snow leopard (Ian McShane).

HANCOCK (12A)

Will Smith, Charlize Theron, Jason Bateman, Eddie Marsan

Now showing

LA wino John Hancock (Smith) has superheric powers, but his drunk attempts at fighting crime have caused huge damage and alienated people. When Hancock saves PR man Ray's (Bateman) life, Ray offers to advise him on rehabilitat-

ing his image. But Mary (Theron), Ray's wife, doesn't want to get involved with Hancock.

THE MIST

Marcia Gay Harden, Toby Jones, Thomas Jane, Andre Braugher, Jeffrey DeMunn, William Sadler, Laurie Holden

Now showing

BASED on the Stephen King novel - a thick mist engulfs a small town and mysteriously kills anyone caught in its darkness. When terrified survivors hunker down in a supermarket, they're attacked by deadly creatures...

THE VISITOR (15)

Richard Jenkins, Haaz Sleiman

From Friday

A COLLEGE professor travels to his second home in New York City and finds an illegal immigrant couple living in his apartment.

THE CHRONICLES OF NARNIA: PRINCE CASPIAN

William Moseley, Liam Neeson, George Henley, Anna Popplewell, Skandar Keynes, Shane Rangi, Sergio Castellito, Vincent Grass, Cornell John, Pierfrancesco Favino, Alicia Borrachero, Ben Barnes, Peter Dinklage, Warwick Davis, Vincent Grass

Now showing

1,300 years have passed in Narnia

and a race of men called the Telmarines now rule. Heir to their throne is Caspian (Barnes), who is battling usurper uncle, Miraz (Castellito), and must enlist the aid of the Pevensie children to bring peace to the land.

WANTED

James McAvoy, Morgan Freeman, Angelina Jolie, Common, Kristen Hager, Terence Stamp

Now showing

AN ordinary bloke discovers his father is the world's premier super villain. After his dad is killed, the son is recruited to follow in his world-threatening footsteps.

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to give-away.

Answer this simple question: Who wrote Journey to the Centre of the Earth?

Answers by e-mail to competitions@mk-news.co.uk please include your name, address and daytime telephone number.

Closing date Tuesday, July 14.

KUNG FU PANDA THE FILM

PO the Panda, a waiter in a noodle restaurant, is fanatic about kung fu but also somewhat fanatical about food so is seriously lacking in the Bruce Lee department.

In fact he is the laziest of all the animals in ancient China where this film is set. This is a big problem because powerful enemies are coming and all hope is being pinned on a prophecy naming Po

as the Chosen One to set things right. Can anyone turn this panda into a kung fu fighter in time to save the day?

Thus is the premise for Dreamworks new animated film starring Jack Black as Po the Panda. Now of course we know Dreamworks as those clever people that make their films on two levels so that they work for the big peo-

ple and the small people. I took a small person with me to test this theory and indeed my young companion heartily chuckled his way through the flick.

As for the big person, well I was slightly less impressed. The film looks beautiful and there are some fun moments but somehow it didn't quite work for me. Maybe I am just a bit fed up with wise-ass car-

toons and maybe there were just too many "ha ha isn't the silly panda fat" jokes in there too for my liking.

That said there are worse ways to spend cinema time these days (The Happening for example) so leave your brain at home, take some Dim Sum and check it out for yourselves.

PAUL STEPHENSON

THURSDAY

July 10



BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (R/T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News: Weather) **11.00** To Buy or Not to Buy (T) **11.30** Sun, Sea and Bargain Spotting (T) (Followed by BBC News: Weather) **12.15** Cash in the Attic (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T) **7.00** **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T) **7.30** **EastEnders** Ronnie struggles to get through to her sister. (T) **7.57** **BBC News and Regional News** **Celebrity MasterChef** Chef and restaurateur John Torode and food writer and ingredients expert Gregg Wallace search for the country's top celebrity chef. (T) **8.00** **On the Fiddle?** Documentary series following the work of benefit fraud investigators. (T) **10.00** **BBC News** The latest national and international news, followed by Weather. (T) **10.25** **Regional News and Weather** (T) **10.33** **BBC Weather** The latest weather forecast. (T) **10.35** **Question Time** Topical debate chaired by David Dimbleby from London. Panelists include International Development Secretary Douglas Alexander and also a member of the public. (T) **11.35** **This Week A** political review of the week presented by Andrew Neil and his resident helpers Michael Portillo and Diane Abbott. (T) **12.20** Weatherview (T) **12.25** Sign Zone: Panorama (R/T) **12.55** Countryfile (R/T) **1.50** Criminal Justice (R/T) **2.50** A Taste of My Life (R/T) **3.20** To Buy or Not to Buy (R/T) **3.50** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** **FILM: Sealed Cargo** (1951) War drama starring Dana Andrews, Carla Balenda and Claude Rains. (T) **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out of the Blue (T) **1.25** Golf: The Scottish Open (T) **6.00** Eggheads (R/T) **6.30** Animal Park (T) **7.00** **Return to Vets in Practice** Documentary series following the graduates featured in 'Vets' School'. (T) **7.30** **Return to Vets in Practice** New series revisiting the characters and stories that made the docu-soap a 90s TV sensation. (T) **8.00** **Hampton Court Flower Show 2008** Rachel de Thame and Joe Swift reveal the winners of this year's Hampton Court Palace Royal Horticultural Society Flower Show. (T) **9.00** **Mock the Week (New)** Two teams of comedians take a satirical swipe at the news and world events. (T) **9.30** **Lab Rats (New)** Somewhere in St Dunstan's University sits the Amolint Research Laboratory - a lab for hire, meant for flashy projects which will bring the college kudos and money. (T) **10.00** **Still Game** (T) **10.30** **Newsnight** Comprehensive coverage of today's important national and international news stories. (T) (Followed by Weather) **11.20** **The Culture Show** Lauren Laverne and Mark Kermode present a mix of classical music, TV cops and the first iconic buildings of the twenty-first century. Lauren meets David Simon, creator of highly acclaimed cop series The Wire. (T) **12.05** Two Pints of Lager and a Packet of Crisps (R/T) **12.35** Malcolm in the Middle (T) **1.00** Malcolm in the Middle (T) **1.20** Joins BBC News (T) **3.50** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (R/T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Good Bid, Good Buy (T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T) **7.00** **Emmerdale** Katie swindles cash out of Gray, Anna and Lexi lock horns. Bob is concerned about Viv's state of mind. (T) **7.30** **The Bill** Smithy is deep undercover with arms dealer Darren Cutler, his nephew, Kieran Wallace, and Tommy Rose - a member of the notorious SE1 gang. (T) **8.00** **Life and Death on the NHS (New)** Documentary following three people who are currently receiving treatment for a variety of conditions on the NHS. (T) **9.00** **News at Ten and Weather A** round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T) **10.40** **Sky High (New)** Series of helicopter journeys following major transport routes through the Midlands and east of England. (T) **11.10** **FIT Women** Documentary following two Norfolk pensioners competing in the World Indoor Masters Athletics Championships in France. (T) **11.40** **Bouncers** Nightclub bouncers open their doors to us to reveal how they police the frontline of booze-up Brits. (R/T) **12.10** Bingo Night Live **1.10** Motorsport UK (T) **1.40** Hack (T) (Followed by ITV News Headlines) **2.25** Loose Women (R/T) **3.15** The Jeremy Kyle Show (R/T) **4.05** ITV Nightscene **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Big Brother's Little Brother (T) **8.00** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.45** In Your Dreams (R/T) **12.00** News at Noon (T) **12.30** Will & Grace (R/T) **12.55** Supporting Acts (R/T) **1.15** Channel 4 Racing from Newmarket (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T) **7.00** **Channel 4 News** Includes sport and weather. (T) **7.55** **3 Minute Wonder A** look at the lives of the men and women who toil for years offshore in the UK North Sea oil industry. (T) **8.00** **Gok's Fashion Fix** The Sex and the City girls are the inspiration for the catwalk theme this week, as presenter Gok Wan takes on the might of the designer labels in a catwalk face-off. (T) **9.00** **Big Brother** Today's highlights from the Big Brother house. (T) **10.00** **The Charlotte Church Show (New)** Charlotte hosts a mix of celebrity guests, hidden camera stunts, comedy sketches and top music acts. (T) **10.45** **My Name is Earl** Randy lets it slip to his parents that Earl was in prison and now lies in a coma when he tries to get their help with number nine on his brother's list. (T) **11.15** **The Sunday Night Project** David Hasselhoff joins Justin Lee Collins and Alan Carr to guest host, providing an opening monologue before inviting Alan and Justin to delve into his unique world of celebrity and facing a no-questions-barred session from the studio audience. (R/T) **12.20** 4music: Q2 Wireless Festival 2008 (R/T) **1.20** 4music: Road To V 2008 (R/T) **1.30** Big Brother Live **4.30** Transworld Sport (R/T) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** live news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** I Own Britain's Best Home: Flying Visits (T) **3.05** live news update (T) **3.10** **FILM: Hart to Hart Returns** (1993) Drama starring Robert Wagner, Stefanie Powers and Lionel Stander. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Wild Animal ER (T) **7.00** **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T) **7.15** **Cricket on five** Mark Nicholas presents highlights from day one of the first power test match between England and South Africa at Lord's. (T) (Followed by live news update) **8.00** **Property List** Series that searches for the best places to live in Britain. This programme focuses on the ten best locations to buy period property. (T) (Followed by live news at 9) **9.00** **The Hotel Inspector (New)** Series in which failing hotels and bed and breakfast establishments are reformed. (T) **10.00** **Grey's Anatomy** After being pulled from the water, Meredith hovers between life and death. As her friends come to terms with the possibility of losing her, Meredith battles with her demons in limbo. (T) **11.00** **Cathouse** Intimate portrait of life inside one of America's largest and best-known legal brothels, the Moonlite Bunny Ranch in Nevada. Some of the most satisfying and lucrative relationships at the Ranch involve girlfriends. (R/T) **12.00** Quiz Call **4.00** Major League Soccer **4.20** NBA **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE
6.00am Cruise With Stelios: Mediterranean **6.30** Cruise With Stelios: Mediterranean **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** The Zoo UK **9.30** The Zoo UK **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Wonderfalls **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** Bones **9.00** Bones **10.00** Empire **11.00** Road Wars **12.00am** Road Wars **1.00** Road Wars **1.50** Cold Case **2.40** Airline **3.05** Airline **3.30** Cruise With Stelios: Mediterranean **3.55** Cruise With Stelios: Mediterranean **4.20** Rescue Me **5.10** Gully!

ITV2
6.00am Coronation Street **6.30** Emmerdale **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Coronation Street **12.30** Emmerdale **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Britain's Biggest Babies **9.00** Bionic Woman **10.00** Gossip Girl **11.20** The Charlatans Live at IndigO2 **11.30** The Office: An American Workplace **12.05am** Jack Osbourne: Mongol Rally **1.10** Smallville **1.55** The Office: An American Workplace **2.20** Teleshopping **5.20** ITV2 Nightscreen

BBC3
7.00pm Greek **7.45** Greek Uncovered **8.00** Britain's Missing Top Model **9.00** Alesha: Look but Don't Touch **10.00** EastEnders **10.30** Touch Me, I'm Karen Taylor **11.00** Family Guy **11.25** Family Guy **11.45** Greek **12.30am** Summer Heights High **12.55** Britain's Missing Top Model **1.55** Alesha: Look but Don't Touch **2.55** Touch Me, I'm Karen Taylor **3.25** Shopping is My Life **4.20** Greek Uncovered **4.35** Close

BBC4
7.00pm World News Today **7.30** Born to Be Wild **8.00** Tiger Spy in the Jungle **9.00** Not Cricket 2: The Captain and the Bookmaker **10.00** Samuel Johnson Prize 2008: The Contenders **11.00** BBC Four Sessions **12.00am** Born to Be Wild **12.30** Not Cricket 2: The Captain and the Bookmaker **1.30** Samuel Johnson Prize 2008: The Contenders **2.30** Born to Be Wild **3.00** Samuel Johnson Prize 2008: The Contenders **4.00** Close

Ousedale School Community Learning



Available Courses
from Autumn 2008

An Introduction to CAD CAM

Day: Tuesday
Time: 7.00 – 9.00pm
Duration: 10 weeks
Venue: Olney Campus
Cost: £65.00
Start Date: 7th October 2008



The aim of this course is to introduce you to the basic principles of computer aided design and manufacture, using both the software and CNC machinery.

Our CNC machinery consist of a vinyl cutter, laser cutting machine, 3D engraving machine and a CNC cutter. Our software packages consist of Techsoft 2D design and ProDesktop.

If you would like any further information on this or any of our other courses or to book a place please contact Jo Lancaster on 01908 210203 ext 2207 between 9.30am – 1.00pm (Monday – Friday), or email: joanne.lancaster@milton-keynes.gov.uk

This course is being readvertised due to incorrect information being published last week. We apologise for any confusion or inconvenience to those wishing to attend this course.

MKNEWS

Local news
EVERY DAY
of the week

www.mk-news.co.uk

SOLDES **REBAJAS** **SALE**

Summer Sale Now In Store

www.xscape.co.uk

XSCAPE

MKLIFE | MUSIC | THEATRE | CLUBS AND PUBS | WEEKEND FESTIVAL

CLUBS AND PUBS

OCEANA

Xscape 670976

THE city's biggest nightclub is undergoing a multi-million pound refurbishment. Set to open late August, the refurbishment will create a new VIP lounge, VIP suites and booths.

Due to the refurbishment, Oceana is currently restricted to Oceana Bar and New York Disco.

Student night on Mondays. Dress code is smart casual.

REVOLUTION

Xscape 679875

A VODKA cocktail bar. Monday: The Big Cheese. Tuesday: Decknology - DJs competing. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: Deep house, electro and Ibiza anthems with different promoters each week. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Dress code is smart casual.

OPUS

Theatre District john@opusmk.com

A BOUTIQUE bar with live DJs playing over two floors. Monday: I love 80s and 90s. Wednesday: Kiss Kiss Bang Bang alternative night. Thursday: Honey Trap - RnB and funky house. Fridays and Saturdays: Chart and funky house. Sunday: Salsa. Dress casual cool. Food until 9pm. Cocktails. Two for one offer on Tuesday nights.

LLOYDS NO.1

Theatre District 558905

POPULAR bar on two levels with a large dance floor and giant disco ball. DJs play into the early hours at weekends. Free entry. Drinks and food are reasonably priced.

BUDDHA BLUE

Theatre District info@buddhablue.co.uk

DJs spin RnB tunes into the early hours. Dress code is smart.

SHOUT

Station Square 233430

FORMERLY Chicagos. On Friday and Saturday party until 2pm. Entry is £16 on the door - but for that you can drink all you want. Monday: Sabotage - student rock night, cheap drinks 9pm-2am. Entry £2.

MOOD

Xscape 251060

DANCE and chart music until 3am on Fridays and Saturdays - small entry fee. Thursday: So So Funky - retro tunes until 2am, free with NUS card.

FIRST BASE

Xscape 295222

SPORTS bar with regular DJ's and live bands at the weekend, pool tables, and a big screen TV for matches. Casual dress and food is available.

SLUG AND LETTUCE

Theatre District 395147

BAR that offers wide range of bottled and drought beers from around the world, quality wines and classic cocktails. Outdoor seating.

FOX & HOUNDS

Stony Stratford 563307

PUB showcasing live bands on some nights.

ZAKS CLUB

Wolverton 315447

BAR and live music venue.

THE SONG LOFT

Stony Stratford 566407

FOLK and country music special on alternate Friday nights. Dress as you please.

THE PLOUGH

Water Eaton 373118

PUB with a late licence and live rock bands on Saturdays.

THE CANNON

Newport Pagnell 211495

PUB with a beanbag-filled candlelit chill out space. Open mic night every Thursday. Free entry. To play just turn up with your instrument.

THE FORESTER'S ARMS

Stony Stratford 567115

PUB with live music from a variety of bands performing through the week.

ALL BAR ONE

Midsummer Boulevard 397216

STYLISH cosmopolitan bar.

MOON UNDER WATER

Xscape 528854

Wetherspoon pub. Open 9am-midnight Sunday to Thursday, 9am-1am on Friday and Saturday.

BIG MOO 2



THE STABLES

G2 DEFINITIVE GENESIS

Friday, July 11, 8pm

G2 Definitive Genesis pays tribute to the four-man era (1975-78) of Genesis long and colourful history which spawned the live album 'Seconds Out'. Hits such as Dance On A Volcano, Ripples, Entangled and Afterglow are mixed up with classics from the Gabriel years such as Firth of Fifth, I Know What I Like and the infamous Supper's Ready. Vintage Genesis performed to a level Genesis themselves would be proud of! Tickets £16

CON O'NEILL, JOFF WATKINS & MARK RYAN

Acoustic Stage

Saturday, July 12, 8.45pm

HARMONICA gurus Con O'Neill and Joff Watkins join forces with British guitar and Dobro master Mark Ryan. Expect a range from mellow sophisticated jazz to raunchy low-down blues, via foot-

stomping bluegrass. Joff and Mark feature on Acid Jazz's Testament of Folk Album. Tickets £9.50 in advance, £11.50 on the door.

LA-33

Saturday, July 12, 8pm

SIZZLING hot from the streets of Bogot, Columbia, this 11-piece salsa band produced their first album in 2004 to global success, thanks to their recording of La Pantera Mambo, which includes an adaptation of Henry Mancini's Pink Panther theme. Since then they have toured all over the world with their vibrant and energetic shows. This will be a dance event at The Stables so get those hips a-swinging! Tickets £17.50

THE JAMES PEARSON TRIO

Saturday, July 12, 2pm

A TRIBUTE to Oscar Peterson. A much requested return of a young

LET'S Moo Again - like we did last summer!

Get the suntan lotion and the wet wipes ready, it's back!

Last summer, The Big Moo helped Milton Keynes celebrate turning 40 in a riot of fun.

As life begins at 40, this year it's back. And not just back, but bigger, bolder and better! So what's in store this year?

The weekend of celebrating will truly go on all weekend. Whether you're sporty, arty, musical, or scientific - or just up for a great weekend of dancing and fun there's very definitely something for you to enjoy.

The Big Moo 2 on July 11-13 will undoubtedly leave you with a song if not in your heart than firmly between the ears.

There's live music at The Big Moo Moosic Stage in Campbell Park and on the Kik Music Stage in Midsummer Place on both Saturday and Sunday. For those of you who start the

weekend as soon as Friday afternoon is over, Musiku4 will be providing live music in Station Square all weekend and if you're in the mood for a bit of Latin loving get down to Ramada Encore at thehub:mk on Friday for an evening of of salsa sensation.

The Ramada Encore will be the place to be on Saturday night as one of the world's recognised greatest musical talents, Harry Harris 'the best damn pianist in the civilised world' according to Jonathan Ross, plays a set as part of The Big Moo.

Harry will play jazz, cabaret, classical and popular favourites in his own unique, awesome style.

There will be a host of sporting and cultural events taking place including a fun run, art workshops, a beach at Xscape and the Theatre District Mascot Olympics plus so much more.

For times and further details on the event visit www.thebigmoo.co.uk

280800

CHRYSLIS THEATRE, CAMPHILL

THE LADYKILLERS

July 8 - 12

THEY thought that they had planned and committed the perfect crime, but there was just one little problem. Her.

Milton Keynes Theatre of Comedy presents this classic British comedy, The Ladykillers. A gang of gentleman crooks, led by the sinister professor, use a sweet, if rather eccentric, granny as a pawn in their scheme to steal a large quantity of cash in a security van heist.

All goes to plan when the innocent old lady unwittingly plays her part for the men she thinks are

humble musicians. But, when she finally catches on to what's happening and threatens to inform the police, our thieves are left with a problem.

Surely, disposing of this elderly witness can't be too hard?

The story was made into arguably the best of the Ealing comedy films in 1955, starring Alec Guinness, Peter Sellers, Herbert Lom and many more.

A talented local cast will perform the show from Tuesday to Saturday at 7.30pm.

Tickets: £7.50 Tuesday, £8.50 (concs £7.50) all other days. Buy 10 get one free.

MK THEATRE



FIDDLER ON THE ROOF

Until Saturday

THE spectacular musical event is back to touch people's hearts. Packed with a selection of the best-loved songs including Tradition, Matchmaker Matchmaker, Sunrise Sunset, To Life! and If I Were a Rich Man. Joe McGann plays Revye, the man who dreams of riches, respect and a quiet family life.

BOX OFFICE 0845 2410967



BOX OFFICE 0870 060 6652

EUROBEAT

Monday 14 - Saturday 19 July

STARRING Les Dennis and Mel Giedroyc, left, the hilarious world of the Eurovision Song Contest is live on stage.

Grab a flag and a clacker, face the front and cheer just like a real Eurovision nutcase as ten countries compete - then text in your vote on the night, because the audience decides who wins!

MADCAP THEATRE

I LOVE YOU, YOU'RE PERFECT, NOW CHANGE

At the Madcap Theatre, Wolverton

Friday, July 11, 8pm

Saturday, July 12, 4pm and 8pm

Sunday, July 13, 4pm.

The Roundabout Theatre Company will be performing at Madcap in Wolverton, this summer.

'I Love You, You're Perfect, Now Change' is a satirical musical comedy based on relationships and what men and women are really thinking.

The show stars Patrick Perusko, Alison Blackwell, Allison Coyne and John Dowell, who is also directing. Musical support comes from David Meek.

Their combined experience in amateur and professional performance (over 100 years!), coupled with the hilarious script ensures that this will be a show well worth watching.

Contains mild swearing and too many life lessons for the innocent hearts of the under fifteens!

All tickets are £10. Box Office number is 01908 379340.

FRIDAY

July 11

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News: Weather) **11.00** To Buy or Not to Buy (T) **11.30** Sun, Sea and Bargain Spotting (T) (Followed by BBC News: Weather) **12.15** Cash in the Attic (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** RAF Anniversary (T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T) **7.00** **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T) **7.30** **Sky Cops** (T) **7.57** **BBC News and Regional News** **8.00** **EastEnders** Tensions run high as Ronnie and Archie open old wounds. Sean attempts to win over Roxy. Peggy makes a big decision. (T) **8.30** **Celebrity MasterChef** (T) **9.00** **Would I Lie to You? (New)** Comedy panel show, hosted by Angus Deayton with team captains David Mitchell and Lee Mack. (T) **9.30** **The Two Ronnies Sketchbook** (T) **10.00** **BBC News** (T) **10.25** **Regional News and Weather** (T) **10.33** **BBC Weather** (T) **10.35** **Friday Night with Jonathan Ross** Final in the current series of the celebrity chat show hosted by Jonathan Ross. (T) **11.35** **National Lottery EuroMillions Draw** (T) **11.40** **Weatherview** (T) **11.45** **FILM: Kill Bill: Vol 2** (2004) Stylish, violent sequel in which the vengeful assassin, David Carradine and Daryl Hannah. The Bride, is out to settle old scores. Stars Uma Thurman, David Carradine and Daryl Hannah. (T) **1.55** Sign Zone: Paradise or Bust (R/T) **2.55** The Supersizers Go... Elizabethan (R/T) **3.55** Bill Gates: How a Geek Changed the World (R/T) **4.55** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** **FILM: Devil's Canyon** (1953) Western starring Virginia Mayo, Dale Robertson and Stephen McNally. (T) **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Golf: The Scottish Open (T) **6.00** Eggheads (R/T) **6.30** Animal Park (T) **7.00** **Festival Fever!** Join the Money Programme's Max Flint and his special guest presenter, Myleene Klass as they investigate why music and arts festivals have become such big business. (T) **7.30** **Return to Vets in Practice** New series revisiting the characters and stories that made the docu-soap a 90s TV sensation. (T) **8.00** **Gardeners' World** Gardening tips and features with Carol Klein and Joe Swift. (T) **9.00** **Hampton Court Flower Show 2008** At the Hampton Court Palace RHS Flower Show, Joe Swift is at the new Growers' Marquee meeting the Grow Your Own Enthusiasts and having a cookery demonstration with some leading chefs. Rachel de Thame is in the Rose Marquee finding out about the new rose of the year. (T) **10.00** **QI** (R/T) **10.30** **Newsnight** Comprehensive coverage of today's important national and international news stories. (T) **11.00** **Newsnight Review** Round table arts and culture discussion programme with Martha Kearney. (T) **11.35** **FILM: Taking Sides** (2001) Post-War Drama based on true events. Post-World War II and during the Allies' de-Nazification process of Germany Dr. (T) **1.20** Star Trek: The Next Generation (T) **2.05** Star Trek: The Next Generation (T) **2.50** Malcolm in the Middle (R/T) **3.15** Malcolm in the Middle (R/T) **3.40** This is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (R/T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Good Bid, Good Buy (T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T) **7.00** **Emmerdale** Having found out about Paul and Gray, Katie softens towards Percy. (T) **7.30** **Coronation Street** Tony's actions arouse suspicion in the factory. (T) **8.00** **Country Lives** Chris Beardschaw visits East Bergholt to explore a little-known arboretum, then travels to the chalk downs of Sussex to discover a unique display of 20th-century art and design. (T) **8.30** **Coronation Street** Steve demands answers from Lloyd and Becky. Ken's reunion leaves him feeling inadequate. Lloyd has a proposition for Harry. (T) **9.00** **A Touch of Frost** The disappearance of a young boy at Denton Football Club leads Frost into a disturbing story of child abuse and paedophilia. (R/T) **11.00** **The Late News and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T) **11.45** **Bingo Night Live** The free to play bingo show on ITV! Get your cards at www.itv.com/bingonightlive and get ready to play! Lots of chances to win! (T) **12.50** Hack (T) (Followed by ITV News Headlines) **1.40** **FILM: City by the Sea** (2002) Drama starring Robert De Niro, Frances McDormand and James Franco. (T) **3.25** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Big Brother's Little Brother (T) **8.00** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.45** In Your Dreams (R/T) **12.00** News at Noon (T) **12.30** Will & Grace (R/T) **12.55** Supporting Acts (R/T) **1.15** Channel 4 Racing From Newmarket And York (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T) **7.00** **Channel 4 News** Includes sport and weather. (T) **7.55** **3 Minute Wonder** (R/T) **8.00** **A Place in the Sun: Home or Away** Caroline and Colin Eason from Bristol need a bigger home with their two teenage sons. They're motorbike mad and want at least four acres to ride their bikes. (T) **9.00** **Big Brother** Davina McCall announces the eviction results live and direct to the house in a special eviction night show. Plus highlights from the past 24 hours in the Big Brother house. (T) **10.00** **8 Out of 10 Cats** Jimmy Carr hosts proceedings as team captains Sean Lock and Jason Manford battle it out to discover who knows what is going on in Britain today. Guests include Johnny Vegas and Gabbby Logan. (T) **10.35** **Big Brother** The evicted housemate leaves the compound and returns to the outside world. Davina McCall whisks them into the studio for a chat about their time in the Big Brother house. (T) **11.05** **Gordon Ramsay's F Word** Gordon goes back to the floor and becomes a junior chef at a Chinese restaurant, learning how to make Dim Sum. (R/T) **12.10** **4music: The Shockwaves** Album Chart Show: Hot Chip Special (R/T) **12.45** Goalsissimo (T) **1.35** Big Brother Live **3.40** ER (R/T) **4.25** Richard & Judy (R) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** I Own Britain's Best Home: Flying Visits (T) **3.05** five news update (T) **3.10** **FILM: Mind of the Crime** (2004) Comedy drama starring Lauren Holly. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Wild Animal ER (T) **7.00** **five news** National and international news. (T) **7.15** **Cricket** on five Mark Nicholas presents highlights from day two of the first proper test match between England and South Africa at Lord's. (T) (Followed by five news update) **8.00** **Superstars (New)** Athletes from a range of disciplines compete against each other in a series of sporting challenges. (T) (Followed by five news at 9) **9.00** **NCIS** The team probes the mysterious case of a navy commander who seems to have spontaneously combusted. (R/T) **10.00** **Shark** Stark faces losing his career, lifestyle and freedom thanks to his involvement in a 12-year-old murder case. He is thrown a lifeline by the state attorney's office, but soon learns that saving his own skin may come at a very high price. (T) **11.00** **Law and Order** Powerful American drama about the investigation and prosecution of crime. Following a murder, McCoy and Southernly try to circumvent the law to gain access to a crucial piece of evidence that is being withheld by the civilian owners. (R/T) **12.00** Quiz Call **4.45** Out of Practice (R/T) **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am Cruise With Stellos: Mediterranean **6.30** Cruise With Stellos: Mediterranean **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** The Zoo UK **9.30** The Zoo UK **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Wonderfalls **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** **FILM: The Matrix** **11.40** Celebrity Gladiators **12.40am** Road Wars **1.40** Cold Case **2.35** Bite Size Brainiac **2.40** Airline **3.05** Airline **3.30** Cruise With Stellos: Mediterranean **3.55** Cruise With Stellos: Mediterranean **4.20** Rescue Me **5.10** Gullity!

ITV2

6.00am Emmerdale **6.30** Airline USA **7.05** The Montel Williams Show **8.40** The Ricki Lake Show **9.25** Emmerdale **10.00** Judge Judy **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Pushing Daisies **9.00** America's Got Talent **10.15** Bionic Woman **11.15** Coronation Street **12.15am** **FILM: Love Actually** **2.40** Teleshopping **5.40** ITV2 Nightscreen

BBC3

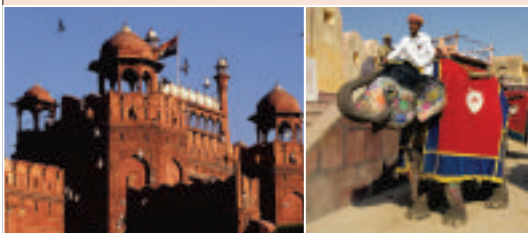
7.00pm The Real Hustle **7.30** T: KT Tunstall and Scouting for Girls **8.30** Doctor Who **9.35** Doctor Who Confidential **10.00** EastEnders **10.30** T: The Verve and the Chemical Brothers **11.30** Family Guy **11.55** Family Guy **12.15am** Touch Me, I'm Karen Taylor **12.45** Trex and Flipside **1.15** Snog Marry Avoid? **1.45** The Real Hustle **2.15** T: The Best Bits **4.00** Touch Me, I'm Karen Taylor **4.30** Close

BBC4

7.00pm World News Today **7.30** A Seaside Parish **8.00** We Want the Light: The Jews and German Music **9.00** Only Yesterday: The Carpenters' Story **10.00** The Carpenters: World of Music **11.25** The Avengers **12.15am** The Avengers **1.05** Jews **2.05** Jews **3.05** Jews **4.05** Close

India

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SATURDAY

July 12

Tokyo at Night - view of Roppongi, Limited Edition Canvas Prints

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BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** Celebrity MasterChef (R/T) **12.00** BBC News (T) **12.10** Golf: The Scottish Open (T) **4.45** Athletics: Olympic Trials (T) **6.10** BBC News (T) **6.30** My Family (R/T)

7.00 **Last Choir Standing** Mylene Klass and Nick Knowles host the search for Britain's best choir as the remaining competitors battle it out for the final 15 places in the heats. (T)

8.00 **The National Lottery: This Time Tomorrow** Less Daly hosts the new National Lottery show where being a winner tonight means being somewhere fabulous tomorrow. Includes the Thunderball and Lotto draws with Jenni Falconer live from Lottery HQ. (T)

8.50 **Casualty** Adam and Jessica grow closer but a stolen kiss might have attracted attention. (T)

9.40 **BBC News** National and international BBC News, followed by Weather. (T) (Followed by National Lottery Update)

10.00 **FILM: Red Eye** (2005) Thriller in which a hotel manager is kidnapped during an overnight flight to Miami after her grandmother's funeral. Stars Rachel McAdams, Cillian Murphy and Brian Cox. (T)

11.15 **FILM: Metro** (1997) Action thriller about a police hostage negotiator whose skills are tested to the limit when a psychopath threatens to hold the entire city of San Francisco to ransom. Working uneasily with his new partner, an inexperienced cop, the hostage expert pursues the killer around the city. Stars Eddie Murphy, Michael Rapaport and Michael Wincott. (T)

1.05 Friday Night with Jonathan Ross (R/T) **2.05** Weatherview (T) **2.10** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.35** The Slammer (R/T) **11.00** The Story of Tracy Beaker (R/T) **11.30** Eliot Kid (R/T) **11.45** Sportsround (T) **12.00** The Sky at Night (R/T) **12.20** **FILM: Sweet Snell of Success** (1957) Dark drama starring Burt Lancaster, Tony Curtis and Susan Harrison. (T) **1.55** **FILM: Birdman of Alcatraz** (1962) Drama starring Burt Lancaster, Karl Malden and Thelma Ritter. (T) **4.20** **Monk** (T) **5.00** Murder, She Wrote (T) **5.45** Flog It! (R/T) **6.15** The Weakest Link (R/T)

7.00 **Dad's Army** Captain Mainwaring has problems of his own when his office door falls victim to wartime austerity. (R/T)

7.30 **FILM: Carry On Camping** (1969) Farical comedy set in the great outdoors. A pair of likely lads trick their girlfriends into accompanying them to a nudist colony - but it turns out to be a family campsite. Stars Sid James, Kenneth Williams and Joan Sims. (T)

9.00 **FILM: Cor, Blimey!** (2000) Drama based on Terry Johnson's award-winning play 'Clea, Camping, Emmanuel and Dick', about the passionate relationship between Sid James and Barbara Windsor. When Barbara joins the Carry On team, Sid works his famous charm on her - despite her imminent marriage. Stars Geoffrey Hutchings, Samantha Spiro and Adam Godley. (T)

10.45 **Kenneth Williams - Fantabulosa!** Dramatised portrait of the popular comedian who craved fame and recognition throughout his career but was never comfortable with his own identity, adapted from the diaries of Williams himself. (R/T)

12.05 **FILM: Carry On Matron** (1972) Comedy starring Sid James. (T) **1.35** **FILM: Diary of a City Priest** (2001) Drama starring David Morse. (T) **2.50** **Monk** (R/T) **3.30** This is BBC two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Jim Jam and Sunny (T) **9.55** Captain Mack (T) **10.10** Supernormal **10.25** Horrid Henry (R/T) **10.40** Emu (R/T) **10.55** Tricky Quizzes (R/T) **11.00** **FILM: An American Tail: Fievel Goes West** (1991) (T) **12.20** TV News and Weather (T) **12.25** Regional News and Weather **12.30** Planet's Funniest Animals (T) **1.00** **FILM: The Prime of Miss Jean Brodie** (1969) Emotional drama starring Maggie Smith. (T) **3.05** **FILM: Summer Holiday** (1948) Pop musical starring Cliff Richard. (T) **5.05** Regional News and Weather **5.20** TV News and Weather (T) **5.35** **FILM: Twins** (1988) Comedy starring Arnold Schwarzenegger. (T)

7.30 **New You've Been Framed!** Harry Hill presents some more camcorder comic cuts including one cat's unique method of coming down the stairs, and a remote controlled helicopter that gets all in a spin. (T)

8.00 **Who Dares Sings!** Denise Van Outen and Ben Shephard host the ultimate singing game show - where fifty grand is up for grabs! (T)

9.00 **Foyle's War** Sabotage, murder and adultery (at a pioneering RAF burns hospital brings Foyle face to face with the devastating physical and emotional consequences of war. (R/T)

11.00 **ITV News and Weather**

11.15 **Benidorm** When a quiz night is hosted at the pub, a reluctant Mick agrees that if they win he'll take the family to the beach. (R/T)

11.45 **Benidorm** The Garveys head to the beach and Mick, desperate not to spend any money, is furious when he is forced to buy ice creams and sunbeds for everyone - including Donald and Jacqueline. (R/T)

12.15 **Bingo Night Live** **1.30** Nightwatch With Steve Scott: Emergency (R/T) **2.25** **FILM: Lock Up** (1989) Drama starring Sylvester Stallone. (T) **4.10** TV: Nightscreen **5.00** CITV: Jim Jam and Sunny (T)

FOUR

6.10 The Hoobs (R/T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.50** T4: The Nokia Green Room (R/T) **9.20** Big Brother (R/T) **10.25** Big Brother (R/T) **10.55** Shipwrecked 2008: Battle Of The Islands (R/T) **11.55** Shipwrecked 2008: The Third Island (R/T) **12.30** Shipwrecked 2008: The Hutcam Diaries (T) **1.00** Red Bull Air Race 2008 (T) **2.00** Channel 4 Racing From York, Chester And Ascot (T) **4.15** Deal Or No Deal (T) **5.05** Supernanny USA (T) **6.00** Gok's Fashion Fix (R/T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.30 **The Day Of The Kamikaze** The extraordinary and compelling story of the world's first suicide bombers. The kamikazes were Japanese pilots who made the ultimate sacrifice: to carry a new and incomprehensible weapon of war; a final mission that would result in certain death; to dive and crash into enemy ships. Over 60 years ago, with the Second World War entering its final stages, Japan faced utter ruin and total defeat. As the Allies crept ever closer to the Japanese mainland, a Japanese High Command under increasing pressure sought desperate measures. (R/T)

9.00 **Big Brother** Today's highlights from the Big Brother house. (T)

10.00 **FILM: Alien: Resurrection** (1997) 200 years after her death, Ellen Ripley is revived as a powerful human/Alien hybrid clone who must continue her war against the Aliens. Sci-Fi thriller, starring Sigourney Weaver. (T)

12.00 4music: Live From Abbey Road (T) **1.05** 4music: 4play: Cut Copy (T) **1.20** Big Brother Live **4.30** Dispatches: It Shouldn't Happen To A Muslim (R/T) **5.20** Countdown (R/T)

FIVE

6.00 Sunrise **7.00** Mikehahei! **10.00** Britain's Strongest Man (R/T) **11.00** Warship (R/T) **12.00** Fifth Gear (T) **12.10** **FILM: Jane Doe: Vanishing Act** (2005) Mystery thriller starring Lea Thompson. (T) **2.00** **FILM: Wild America** (1997) Family adventure starring Jonathan Taylor Thomas. (T) **4.00** **FILM: The Bridge at Remagen** (1969) World War II film starring George Segal. (T) **6.05** Superstars (R/T)

7.00 **five news and sport** The latest national and international headlines. (T)

7.15 **Cricknet on five** Mark Nicholas presents highlights from day three of the first power Test match between England and South Africa at Lord's. (T)

8.00 **NCIS** Things get complicated when a suspect dies in custody and it seems that Ziva might be to blame. (R/T)

8.55 **NCIS** Gibbs recalls his painful past when he is taken to hospital after being seriously injured in an explosion. (R/T)

9.50 **CSI: NY** A young hotel employee falls to her death from a hotel rooftop after she becomes embroiled in a deal with a scheming top model. Meanwhile, Stella investigates a self-defence case where a woman shot her husband's business associate - and possible murderer - in her apartment. (R/T)

10.50 **Law and Order: Criminal Intent** When a photographer is found murdered and handcuffed to the steering wheel of a crashed car, Goren and Eames are drawn into the murky world of avant garde art. (R/T)

11.50 **Women Who Kill** Series documenting the harrowing stories of female killers and the men they have cheated and murdered for money. (R/T)

12.20 Call **4.45** Out of Practice (R/T) **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

SKY ONE

6.00am Pokémon Advanced **6.30** Pokémon Advanced **7.00** Dinotopia **8.00** Lion Man **8.30** Lion Man **9.00** Zoo Vet at Large **9.30** Zoo Vet at Large **10.00** Zoo Vet at Large **10.30** Zoo Vet at Large **11.00** World's Deadliest Sea Creatures **12.00pm** Vroom Vroom **1.00** Gladiators **2.00** Gladiators **3.00** Gladiators **4.00** Futurama **4.30** Malcolm in the Middle **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Celebrity Gladiators **7.00** Malcolm in the Middle **7.30** Malcolm in the Middle **8.00** The Simpsons **9.00** The Simpsons **9.30** The Simpsons **10.00** Men **11.00** **FILM: Top Gun** **1.00am** Road Wars **2.00** The Villa **2.50** Mile High **3.40** Greece Uncovered **4.30** Road Wars **4.55** Bite Size Brainiac **5.10** GUILTY!

ITV2

6.00am Planet's Funniest Animals **6.30** Coronation Street Omnibus **8.40** Emmerdale Omnibus **11.35** Holiday Showdown **12.35pm** Holiday Showdown **1.45** Holiday Airport - Palma **2.55** Nanny 911 **3.50** All Star Family Fortunes **4.35** Johnny Vegas: The Hot Desk **4.45** Animals Do the Funniest Things **5.45** Gossip Girl **6.45** America's Got Talent **8.00** **FILM: Twister** **10.05** **FILM: Love Actually** **12.40am** The Feeling Live at Indigo2 **1.10** America's Got Talent **2.20** The Passions of... Girls Aloud **3.10** The Office: An American Workplace **3.35** Emmerdale Omnibus

BBC3

7.00pm T: The Kooks and the Raconteurs **8.30** Top Gear **9.30** Touch Me, I'm Karen Taylor **10.00** T: Kaiser Chiefs and the Fratellis **11.30** Family Guy **11.55** Family Guy **12.15am** Britain's Missing Top Model **1.15** Alesha: Look but Don't Touch **2.15** Touch Me, I'm Karen Taylor **2.45** T: Best Bits **4.15** Snog Marry Avoid? **4.45** Close

BBC4

7.00pm Tiger Spy in the Jungle **8.00** **FILM: Fitzcarraldo** **10.30** **FILM: Aguirre, Wrath of God** **12.05am** Imagine... Werner Herzog: Beyond Reason **1.05** The Carpenters: World of Music **1.50** Only Yesterday: The Carpenters' Story **2.50** The Carpenters **3.30** Close



Summer Holidays @ Leon Leisure Centre

Leon Leisure Centre
Invite you to our
OPEN DAY
Sunday 20th July
10am - 3pm

50p Entrance

a chance for all the family to find out more about our facilities and clubs!!

Penalty Shoot Out
Bouncy Castle - Boxing
Basket ball with MK Lions
Rugby - Judo - Cricket
BBQ - Wheelchair football
Scuba Diving - Taekwondo
Trampoline
Gladiator Joust - Football and Raffle

What is happening?
Leon Leisure Centre, supported by The Schools Sports Partnership, are delivering three weeks of sporting activities for young people aged 8 - 14 years.

What activities are on offer?
We are offering scheduled sessions in the following sports, delivered by qualified coaches, catering for young people of all abilities: **Arts & Crafts**
Cheerleading
Korfball
Basketball (delivered by MK Lions!!!)
Football
Cricket
Dodgeball
Trampoline
Multi Sports
28th July - 15th August

My child is under 8 years old...
They can still join in the fun by registering in advance with us and taking part in all of the sports between 11am - 1pm daily. Each of these 2 hour sessions will cost £2.50.

How much will it cost?
Pre-booked sessions:
£2 per 2 hour session / £6 all day
On the day sessions:
£2.50 per 2 hour session / £7.50 all day
Under 8's:
£2.50 per 2 hour session

For the adults
Aqua fit classes are being held on Wednesday from 1 till 2pm for just £2 per Person

Tel: 01908 624725
leisurecentre@leon.milton-keynes.sch.uk www.leon-school.org

Leon Leisure Centre
Fern Grove, Bletchley

SUNDAY

July 13

BBC1

6.00 Breakfast (T) **9.00** The Andrew Marr Show (T) **10.00** Sunday Life (T) **11.00** Countryfile (T) (Followed by Weather for the Week Ahead) **12.00** The Politics Show (T) **1.00** Cash in the Attic (R/T) **1.30** Alo Alo! (R/T) **1.55** Diagnosis Murder (R/T) **2.35** EastEnders (T) **4.30** Songs of Praise (T) **5.05** Last of the Summer Wine (T) **5.35** Doctor Who (T) **6.25** **Doctor Who** As Davros and the Daleks threaten the entire universe, the Doctor's companions join forces, but the prophecy declares that one of them will die. (T)

7.30 **BBC News** (T) **8.00** **George Gently** Crime drama series set in Northumberland in the mid-1960s, based on the Inspector Gently novels by Alan Hunter. When a returning German POW is found dead in the harbour of a small fishing village, Gently and Bachus find themselves investigating present violence and past grievances. (T)

9.30 **The Vicar of Dibley** After an unfortunate accident involving a big tree, St Barnabas's Church finds itself in need of a new stained-glass window, but no one can remember the theme of the old pane. (R/T)

10.00 **BBC News** (T) **10.20** **Commercial Breakdown** with Jimmy Carr Jimmy Carr presents a collection of the funniest, wildest and weirdest television commercials from across the globe. (T)

11.00 **FILM: Keeping the Faith** (2000) Comedy drama in which two childhood friends who were both grown up with religious vocations, one as a Catholic priest and one as a rabbi, fall for the same woman. Stars Edward Norton. (T)

1.00 Weatherview (T) **1.05** Sign Zone: Ray Mears Goes Wakabuto (R/T) **2.05** Holly City (R/T) **3.05** A Taste of My Life (R/T) **3.35** Bargain Hunt (R/T) **4.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **8.00** CBeebies **10.00** Something for the Weekend (T) **11.30** Animal Park (T) **12.00** Meerkat Manor (T) **12.30** Moto GP: Sachsenring (T) **2.00** Golf: The Scottish Open (T)

5.30 **Athletics: Olympic Trials** Live coverage from the third and final day of the National Championships from the Alexander Stadium in Birmingham. With the Olympics now less than a month away, the meeting is also doubling as the trials for the British team. (T)

8.00 **Top Gear** Top Gear undertakes one of its epic races as Jeremy Clarkson attempts to drive the remarkable new Nissan GT-R right across Japan faster than Richard Hammond and James May can make the same journey on the legendary Bullet Train. (T)

9.00 **Long Way Round** Ewan McGregor and Charley Boorman's extraordinary round-the-world journey by motorcycle. The first of two films focuses on their preparation, including a trial run in Australia, where Ewan fears his off-road skills may not be up to scratch. Back in England, the duo set up an HQ, map out the trip, work on their fitness and get up on kidnap avoidance and first aid. (T)

10.20 **FILM: Pulp Fiction** (1994) Oscar-winning black comedy about the activities of a disparate group of LA lowlifes, giving a 1990s spin to formulaic popular crime stories of the 1950s - pulp fiction. A hit man falls for his boss's wife when he is asked to escort her on a date; a boxer reneges on his promise to a boxer's wife; and a couple attempt a heist that rapidly escalates out of control. Stars John Travolta, Bruce Willis and Samuel L. Jackson. (T)

12.45 Joins BBC News (T) **3.45** The Super League Show (T) **4.40** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Jim Jam and Sunny (T) **9.40** Meg and Mog (R) **9.45** Jim Jam and Sunny (T) **10.00** Meg and Mog (R) **10.10** Tricky Trucks (R/T)

10.15 Coronation Street Omnibus (T) **12.30** ITV News and Weather (T) **12.40** Regional News and Weather **12.45** **FILM: Vertigo** (1958) Classic drama starring James Stewart. (T) **3.10** **FILM: Fletch Lives** (1989) Sequel to the classic goofy thriller starring Chevy Chase, Hal Holbrook and Julianne Phillips. (T) **8.00** Robbie Coltrane: B-Road Britain (R/T) **8.00** Bygones (R/T) **6.30** Regional News and Weather **6.45** ITV News and Weather (T)

7.00 **The Royal Liege's** housewarming brings a few members of staff closer together. (T)

8.00 **Midsomer Murders (New)** When a body is discovered in woodland near Midsomer Sunning, country magazine Midsomer Life and its outspoken owner Guy Sandys come under suspicion from Barnaby and Jones. (T)

10.00 **ITV News and Weather** **10.15** **TV's Naughtiest Blunders** **10.45** **Billy Joel: The South Bank Show** Having sold over 150 million records in a career spanning over 40 years, Billy Joel ranks as one of the most popular recording artists and respected singer-songwriters in the world. (T)

11.45 **A Match Made in Heaven (New)** The difficulties of finding love on today's dating scene are well-documented - but spare a thought for the thousands of popular recording artists and Muslims, who on top of everything else have to find someone equally committed to their faith. (T)

12.15 The Way We Worshipped (R/T) **12.45** 60 Minute Makeover (R/T) **1.35** Vanessa's Real Lives (R/T) **2.25** Fat Chance (R/T) **2.50** Goodnight Goodnight **3.20** ITV NightScreen **5.00** CITV: Jim Jam and Sunny (T)

FOUR

6.05 The Hoobs (R/T) **6.30** Transworld Sport (T) **7.20** The Avon Tyres British GT Championship (T) **7.45** Adrenalin Rush 2008 (T) **8.15** The Artemis Transat Race (T) **8.40** T4: Shipwrecked 2008: The Hutcom Diaries (R/T) **9.15** Hollyoaks Omnibus (R/T) **11.45** Shipwrecked 2008: Battle Of The Islands (T) **1.25** The Nokia Dream Room (T) **1.55** Big Brother's Little Brother (T) **3.00** Big Brother's Dream Room Uncut (T) **4.00** Alicia In Africa (T) **4.50** The Simpsons (R/T) **5.15** The Simpsons (R/T) **5.45** Soaphead Challenge (T) **6.45** Channel 4 News (T)

7.00 **7/7: The Angels Of Edgware Road** Documentary marking the third anniversary of the 7/7 London bombings, telling the heroic stories of some of the passengers and passers-by who risked injury and death trying to save the lives of others. (T)

8.00 **Personal Services Required** Four-part reality series in which two individuals or families seeking domestic help are given the chance to test three candidates to see if they are suitable for the job. (R/T)

9.00 **Big Brother** Today's highlights from the Big Brother house. (T)

10.00 **The Sunday Night Project** Eastenders star and Carry On legend Barbara Windsor joins presenters Justin Lee Collins and Alan Carr for the usual mix of sketches, news and audience interaction. (T)

11.10 **8 Out of 10 Cats** Jimmy Carr presents the topical comedy panel show with team captains Scott Lock and Jason Manford. (R/T)

11.40 **Back To You** Kelly accuses Chuck of being rude and selfish after he turns down a dinner invitation from Ryan. (T)

12.10 4Music: The Verve: Video Exclusive **12.15** The Charlotte Church Show (R/T) **1.00** Big Brother Live **1.30** St Elsewhere (R/T) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **10.00** The Gadget Show (R/T) **11.00** Monster Moves (R/T) **12.00** Ice Road Truckers (R/T) **1.00** **FILM: The Strongest Man in the World** (1974) Disney family fantasy starring Kurt Russell. (T) **2.50** **FILM: Darby's Rangers** (1957) Adventure yarn starring James Garner, Elchika Chouveau and Edward Byrnes. (T) **5.05** Five news and sport (T) **5.20** **FILM: Legally Blonde 2** (2002) Comedy sequel, starring Reese Witherspoon, Sally Field and Regina King. (T)

7.15 **Cricket on five** Mark Nicholas presents highlights from day four of the first power test match between England and South Africa at Lord's. Commentary and analysis from Geoffrey Boycott, Simon Hughes and Barry Richards. (T)

8.00 **Auschwitz: The Great Escape: Revealed** Documentary series exploring historical events. (R/T)

9.00 **FILM: Once Upon A Time in Mexico** (2003) Third in the series of films featuring the heroic, guitar-toting hitman, El Mariachi. When a sinister drug baron devises a plot to assassinate Mexico's president, a corrupt and unstable CIA agent hires the reclusive El Mariachi to thwart his plans, a task that he is willing to undertake for personal as well as professional reasons. Stars Antonio Banderas, Salma Hayek and Johnny Depp. (T)

10.55 **Banged Up** Documentary series presented by David Blunkett MP in which ten youths spend ten days in prison. (R/T)

11.55 **Disorderly Conduct** US documentary series featuring footage of real-life car crashes, drug busts, high-speed pursuits and more. (T)

12.55 Major League Baseball **4.20** Ironman Triathlon **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

SKY ONE

6.00am Hour of Power **7.00** Pokémon Advanced **7.30** Kung Fu Panda Special **8.00** Brainiac: Science Abuse **9.00** Gladiators **10.00** Gladiators **11.00** WWE - Experience **12.00pm** Celebrity Gladiators **1.00** Futurama **1.30** Futurama **2.00** Gladiators **3.00** Gladiators **4.00** Gladiators **5.00** Futurama **5.30** Futurama **6.00** Gladiators **7.00** Don't Forget The Lyrics **8.00** The Simpsons **8.30** The Simpsons **9.00** FILM: Top Gun **11.10** Gladiators **12.10am** Road Wars **1.10** Street Wars **2.05** The Villa **3.00** Mile High **3.55** Greece Uncovered **4.45** America's Dumbest Criminals **5.10** Guilty!

ITV2

6.00am Nanny 911 **6.50** Hancock Premiere Special **7.25** Vernon Kay's Gameshow Marathon **8.30** Pushing Daisies **8.30** America's Got Talent **10.45** Gossip Girl **11.45** FILM: Twister **1.50pm** Emmerdale Omnibus **4.40** Coronation Street Omnibus **7.00** ABBA: The Mamma Mia! Story **8.00** America's Got Talent **9.15** FILM: Dead Calm **11.15** FILM: Me, Myself and Irene **1.25am** The Isle of Wight Festival 2008: Highlights **2.15** Teleshopping **5.15** ITV2 Nightscreen

BBC3

7.00pm T: Amy Winehouse and the Kingdom of Leon **9.00** Greek **9.45** Greek Uncovered **10.00** Family Guy **10.25** Family Guy **10.45** Trex and Flipside **11.15** Touch Me, I'm Karen Taylor **11.45** T: REM and the Prodigy **2.00am** Trex and Flipside **2.30** Touch Me, I'm Karen Taylor **3.00** Britain's Missing Top Model **4.00** Make My Body Younger **5.00** Close

BBC4

7.00pm Tiger Spy in the Jungle **8.00** Himalaya with Michael Palin **9.00** Joanna Lumley in the Kingdom of the Thunder Dragon **10.10** Natural World **11.00** Tribe **12.00am** The Accidental Angler **1.00** Born to Be Wild **1.30** Everest: Getting to the Bottom of the Mountain **2.30** Everest ER **3.30** Born to Be Wild **4.00** Close

MONDAY

July 14

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Homes Under the Hammer (R/T) **11.00** To Buy or Not to Buy (T) **11.30** Sun, Sea and Bargain Spotting (T) **12.15** Cash in the Attic (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Blewett present a magazine series. (T)

7.30 **After You've Gone** Sitcom about a jack-of-all-trades. Jimmy's efforts to impress the children's mother on a short visit home turn to disaster. (R/T)

7.57 **BBC News and Regional News** **8.00** **EastEnders** Whitney's hiding something and Bianca is determined to get to the bottom of it. (T)

8.30 **Panorama** Current affairs programme presented by Jeremy Vine. (T)

9.00 **New Tricks** The team return to the 1992 case of actor Michael Austin, shot dead by his wife on stage during the opening night performance of Death at the Masked Ball. (T)

10.00 **BBC News** (T) **10.25** **Regional News and Weather** (T) **10.33** **BBC Weather** (T) **10.35** **River Cops** (T) **11.00** **FILM: Life or Something Like It** (2002) Romantic comedy. When a female reporter interviews a psychic for a humorous piece about a sports result, he tells her she has just seven days to live. Stars Angelina Jolie. (T)

12.55 Weatherview (T) **1.00** Sign Zone: Britain Under Water (R/T) **2.00** Cars, Cops and Criminals (R/T) **3.00** A Taste of My Life (R/T) **3.30** Bargain Hunt (R/T) **4.15** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **8.00** CBeebies **10.30** **FILM: Too Many Crooks** (1958) British comedy starring Terry-Thomas, George Cole and Brenda De Banzie. (T) **11.55** Coast (R/T) **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Living in the Sun (R/T) **2.30** Castle in the Country (T) **3.00** Murder, She Wrote (T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Cash in the Celebrity Attic (T) **6.00** Eggheads (R/T) **6.30** Animal Park (T)

7.00 **Unknown Africa: Comoros Islands** Saba Douglas-Hamilton travels off the beaten path to the Comoros Islands - a lost world of volcanoes, living fossils and legendary flying foxes. (T)

7.30 **Return To... Airport** Jeremy Spake and his fellow Heathrow residents take us back to the early days of the 'fly-on-the-tarmac' series about the world's busiest airport. (T)

8.00 **University Challenge** In the second of the first round matches, the students of Corpus Christi College, Oxford fight it out against the team representing the University of Durham. Jeremy Paxman asks the questions. (T)

8.30 **Chinese Food Made Easy** Top chef Ching-He Huang is on a mission to bring fresh, easy and healthy Chinese food to the UK. (T)

9.00 **Mary Queen of Shops** This week Mary visits two shops she helped put on the right track in the last series. (T)

10.00 **Would I Lie to You?** Comedy panel show, hosted by Angus Deayton with team captains David Mitchell and Lee Mack. (T)

10.30 **Newsnight** (T) **11.20** **Tribe** Wild women each live with a different tribe all over the world. (R/T) **12.00** Eilery Queen (T) **1.10** Joins BBC News (T) **3.45** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (R/T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Good Bid, Good Buy (T) **3.00** Daily Cops Challenge (T) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Chas questions Kate's new friendship with Percy. (T)

7.30 **Coronation Street** Tony teaches Kevin a lesson. Dev reassesses his life. (T)

8.00 **Holiday Driving Hell: Tonight** Ginny Buckley reports on the differences in European driving laws that can lead British holiday-makers to inadvertently break the rules - resulting in hefty on-the-spot fines and even having their vehicles confiscated. (T)

8.30 **Coronation Street** Jack encourages Joyce to propose to Molly. (T)

9.00 **Police, Camera, Action** This special edition features the top ten Ultimate Car Crimes and the worst criminal driving ever seen on Police Camera Action. (T)

10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)

10.40 **FILM: Conan The Barbarian** (1982) Epic fantasy adventure about a sword-wielding warrior bent on avenging his parents' deaths at the hands of a brutal warlord. The young Conan's entire village is destroyed, and the boy is raised in a life of slavery. Stars Arnold Schwarzenegger. (T)

1.00 British Touring Car Championship Highlights **1.55** World Across America (T) **2.45** Hatch (T) **3.35** Loose Women (R) **4.25** ITV NightScreen **5.30** ITV Early Morning News (T)

FOUR

6.00 Cubezz (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Big Brother's Little Brother (R/T) **8.00** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.50** 3 Minute Wonder (T) **11.55** 3 Minute Wonder (T) **12.00** News at Noon (T) **12.30** The Class (T) **1.00** Will & Grace (R/T) **1.25** Judge Mutt (R/T) **1.35** Desperate Housewives (R/T) **2.30** Desperate Housewives (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.50 **The Seven Wonders Of The Muslim World** (T)

8.00 **The Qur'an** Feature-length documentary from director Antony Thomas, attempting to analyse and demystify what the central religious text of Islam says about issues such as equality, punishment, peace, faith and suicide bombing. The programme also meets some of those who look to the Qur'an for understanding in their lives, from Grand Ayatollahs to peasant farmers, and hears from several of the leading Islamic thinkers across the world. (T)

10.00 **Big Brother** Today's highlights from the Big Brother house. (T)

11.05 **Ricky Gervais: New Hero Of Comedy** Programme charting the rise of Ricky Gervais and his impact on British comedy, from his early appearances on radio and television through to creating benchmark comedies The Office and Extras, becoming a international film star and successful stand-up comedian. (T)

12.10 Shariah TV (T) **1.10** Big Brother Live **4.10** Shariah TV (R/T) **5.10** Richard & Judy (R)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House **1.45** Neighbours (T) **2.15** Home & Away (T) **2.50** I Own Britain's Best Home: Flying Visits (T) **3.10** **FILM: First Daughter** (2004) Action thriller starring Meryl Streep, Hugh Grant and Monica Keena. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home & Away (R/T) **6.30** Wild Animal ER (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.15 **Cricket on five** Mark Nicholas presents highlights from day five of the first power test match between England and South Africa at Lord's. Commentary and analysis from Geoffrey Boycott, Simon Hughes and Barry Richards. (T) (Followed by five news update)

8.00 **The Gadget Show** Consumer technology show presented by Jason Bradbury, Suzi Perry, Jon Bentley and Dallas Campbell. (T) (Followed by five news at 9)

9.00 **Banged Up** Documentary series presented by David Blunkett MP in which ten youths spend ten days in prison. (T)

10.00 **CCTV Cities** (T) **11.05** **FILM: Jennifer 8** (1992) Disquieting crime drama about a jaded cop's encounter with a serial killer. Tired of city life, the policeman moves to a small town in northern California, but a series of unsolved murders capture his attention and he reopens the investigation. Stars Andy Garcia, Uma Thurman and Lance Henriksen. (T)

1.25 NASCAR **2.15** USPGA Golf **3.05** Seniors Golf **3.55** Motorsport Mundial **4.20** Boxing: Fight of the Week **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am Cruise With Stellos: Mediterranean **6.30** Cruise With Stellos: Mediterranean **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** The Zoo UK **9.30** The Zoo UK **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Wonderfalls **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Gladiators **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Night Cops **10.00** Road Wars **11.00** Inside: Gangs Behind Bars **12.00am** Road Wars **1.00** Road Wars **1.50** Cold Case **2.40** Airline **3.05** Airline **3.30** Cruise With Stellos: Mediterranean **3.55** Cruise With Stellos: Mediterranean **4.20** Rescue Me **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge at July **11.30** Judge at July **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Monty Williams Show **6.05** Judge at July **6.35** Judge at July **7.00** Tunes Festival 2008 **7.30** The Office: An American Workplace **8.00** Gossip Girl **9.00** FILM: Me, Myself and Irene **11.10** Coronation Street **11.40** Coronation Street **12.10am** iTunes Festival **2008** **12.40** Katy Brand's Big Ass Show **1.10** The Office: An American Workplace **1.40** Teleshopping **4.40** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.50** Doctor Who Confidential **8.00** Trex and Flipside **8.30** Snog Many

TUESDAY

July 15

BBC1

6.00 Breakfast (T) **9.15** Hair Hunters (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (T) **11.30** Sun, Sea and Bargain Spotting (T) Followed by BBC News; Weather **12.15** Cash in the Attic (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC 5.00 Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T) **7.00** **The One Show** (T) **7.30** **EastEnders** Bianca realises where Whitney's money has come from, but will she do the right thing? (T) **7.57** **BBC News and Regional News** **8.00** **Holby City** Linden treats the conjoined twins' mother, but realises he has a fight on his hands to keep them at the hospital - are they hiding something? (T) **9.00** **Bonnie & Clyde** The discovery of 18th century bones in the Bristol Channel brings to light an extraordinary conspiracy. (T) **10.00** **BBC News** (T) **10.25** **Regional News and Weather** (T) **10.33** **BBC Weather** (T) **10.35** **Olympic Dreams: The Class of 2012 (New)** First of a new four-part series looking at what it takes to succeed in the world of elite sport as Britain's young hopefuls begin to dream of Olympic gold. (T) **11.25** **FILM: 25th Hour** (2002) Moody crime drama, based in New York, in which a drug dealer about to go down for a seven-year stretch spends his final day of freedom re-evaluating his life and trying to up loose ends with two of his closest friends. Stars Edward Norton. (T) **1.30** Weatherview (T) **1.35** Sign Zone: Springwatch Sealfire (R/T) **2.35** A Taste of My Life (R/T) **3.05** Bargain Hunt (R/T) **3.50** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** **Cbeebies 10.30 FILM: Father Came Too** (1964) Farical yarn starring Stanley Baxter. (T) **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Living in the Sun (T) **2.30** Castle in the Country (T) **3.00** Murder, She Wrote (T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Cash in the Celebrity Attic (T) **6.00** Eggheads (R/T) **6.30** Animal Park (T) **7.00** **Return To... Airport** Jeremy Spake and his fellow Heathrow residents take us back to the early days of the 'fly on the tarmac' series about the world's busiest airport. (T) **7.30** **Return To... Airport** Jeremy Spake and his fellow Heathrow residents take us back to the early days of the 'fly on the tarmac' series about the world's busiest airport. (T) **8.00** **Sport Mastermind (New)** Des Lynham hosts a spin off series of the classic quiz. (T) **8.30** **Francesco's Mediterranean Voyage** Francesco da Mosto continues his journey, sailing from Venice to Istanbul. (T) **9.00** **Jimmy Doherty's Farming Heroes** Five years ago, Jimmy Doherty gave up life in the city to start his own farm. Now he wants to see what other farmers have achieved. (T) **10.00** **The Culture Show** Lauren Laverne gets an exclusive TV interview with David Simon creator, executive producer and lead writer of HBO's cult TV series The Wire. (T) **10.30** **Newsnight** (T) (Followed by Weather) **11.20** **Reputations** A profile of comedian Frankie Howard, familiar as the camp showman through his role as Lucio in Up Pompeii. (T) **12.20** Sport Mastermind (T) **12.50** Joins BBC News (T) **3.45** This is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (R/T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Good Day, Good Buy (T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T) **7.00** **Emmerdale: You've Been Framed** Viv's meeting with Freddie ends in disaster. Andy's jealousy escalates as Jo starts work at the Woolpack. Anna betrays the Dingles. (T) **8.00** **Send In The Dogs (New)** A look at the work of the Metropolitan Police dog unit - 300 dogs and their handlers tackling crime in the capital in their own unique way. (T) **9.00** **Doc Martin** There is concern in the village that the local Doc has a drink problem. The Doc is having trouble with one of his elderly patients - who smells so bad that no one can bear to be in the same room. The Doc has the task of trying to discover the cause. (R/T) **10.00** **News at Ten and Weather** (T) **10.40** **Kingdom** Peter tries to help his latest client - a well-to-do antiques dealer who is desperate for a divorce because her husband has recently started cross-dressing. (R/T) **11.40** **Confessions** More tricks of the trade and shocking secrets - revealing what goes on behind the scenes in a variety of professions. (T) **12.10** Bingo Night Live **1.15** Hack (T) (Followed by ITV News Headlines) **2.05** Loose Women (R) **2.55** The Jeremy Kyle Show (R/T) **3.50** Moving Day (R/T) **4.10** Moving Day (R/T) **4.30** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.25** Big Brother's Little Brother (T) **7.55** Big Brother (R/T) **9.00** Frasier (R/T) **9.30** Frasier (R/T) **10.00** ER (R/T) **11.00** Without a Trace (R/T) **12.00** News at Noon (T) **12.30** The Class (T) **1.00** Will & Grace (R/T) **1.25** Supporting Acts (R/T) **1.40** Desperate Housewives (R/T) **2.35** Desperate Housewives (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T) **7.00** **Channel 4 News** Includes sport and weather. (T) **7.50** **The Seven Wonders Of The Muslim World** (T) **8.00** **10 Years Younger** Nicky Hamilton-Jones and her team of cosmetic consultants work magic on members of the public who want to look younger. The team get their hands on Marilyn Cooke, who loves nothing more than backcombing her 1960s hairdo and cementing it in place with two giant cans of hairspray a week. (T) **9.00** **Gordon Ramsay's F Word** Janet Street-Porter faces the emotional prospect of sending her veal calves for slaughter, and Gordon leashes London Underground staff how to concoct a low-fat breakfast. (T) **10.00** **Big Brother** Today's highlights from the Big Brother house. (T) **11.05** **Reaper** Comedy series following Sam, a lifelong slacker who discovers that his parents sold his soul to Satan before he was born. Sam must deal with a toxic revenge when the escaped soul of a chemical company's CEO starts taking human lives. (T) **12.05** Shariah TV (T) **1.05** The Artemis Transat Race (R/T) **1.30** KOTV (T) **1.55** FIA GT Series 2008 (T) **2.20** Big Brother Live **4.20** Adrenalin Rush 2008 (R/T) **4.45** The Avon Tyres British GT Championship (R/T) **5.10** Shariah TV (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** live news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home & Away (T) **2.50** I Own Britain's Best Home: Flying Visits (T) **3.05** The Family Recipe (R/T) **3.15** **FILM: Love's Unending Legacy** (2007) Period drama, starring Erin Cottrell, Dale Midkiff and Victor Browne. (T) **5.00** Five News with Natasha Kaplinsky (R/T) **5.30** Neighbours (R/T) **6.00** Home & Away (R/T) **6.30** Wild Animal ER (T) **7.00** **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T) **7.30** **Extraordinary Animals** Documentary series profiling remarkable animals from across the globe. (T) (Followed by five news update) **8.00** **Hitler's Secret Bunkers: Revealed** Historical documentary exploring a vast network of Nazi bunkers in Berlin. (T) (Followed by five news at 9) **9.00** **CSI: Crime Scene Investigation** A man incriminates himself when he falls in cement while trying to transport his wife's dead body. Meanwhile, Grissom investigates the third murder connected to a serial killer who leaves replica models of his crime scenes. (R/T) **10.00** **CSI: NY** The CSIs investigate the bizarre murder of a scientist and probe the unusual death of a college student. (T) **11.00** **Law and Order: Special Victims Unit** When a young boy is kidnapped by a schizophrenic, Stabler and Huang uncover further crimes at an adult group home. (R/T) **12.00** The FBI Files (R/T) **1.05** Major League Baseball: The All Star Game **4.20** Motorcross of Nations **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am Cruise With Stellos: Mediterranean **6.30** Cruise With Stellos: Mediterranean **7.00** The Dog Whisperer **8.00** Airline **8.30** Airline **9.00** The Zoo UK **9.30** The Zoo UK **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Wonderfalls **3.00** Stargate SG-1 **4.00** Stargate SG-1 **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Futurama **6.30** Malcolm in the Middle **7.00** The Simpsons **7.30** The Simpsons **8.00** Road Wars **9.00** Road Wars **10.00** Street Wars **11.00** FILM: Saving Private Ryan **2.10am** Road Wars **3.05** Street Wars **3.55** Airline **4.20** Rescue Me **5.10** Gully!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.00** Coleen's Real Women **7.00** iTunes Festival 2008 **7.30** The Office: An American Workplace **8.00** Streetmate **9.00** FILM: The Saint **11.20** FILM: Nick of Time **1.10am** iTunes Festival 2008 **1.40** The Black Donnellys **2.25** Teleshopping **5.25** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.50** Doctor Who Confidential **8.00** The Real Hustle **8.30** The Real Hustle **9.00** Britain's Missing Top Model **10.00** EastEnders **10.30** Summer Heights High **11.00** Family Guy **11.25** Family Guy **11.45** Britain's Missing Top Model **12.45am** Sasha: Beauty Queen at 11 **1.40** The Real Hustle **2.10** The Real Hustle **2.40** Snog My Life **4.10** Dog Bortol **4.40** Close

BBC4

7.00pm World News Today **7.30** Pop Go the Sixties **7.35** Batman **8.00** Voyages of Discovery **9.00** What Happened Next? **10.00** The Armstrong and Miller Show **10.30** Beau Brummell - this Charming Man **11.50** The Twenties in Colour: The Wonderful World of Albert Kahn **12.50am** What Happened Next? **1.50** Beau Brummell - this Charming Man **3.10** Voyages of Discovery **4.10** Close

MKANNOUNCEMENTS

Happy 1st Birthday
JACK
on 10th July



Lots of love Mummy,
Daddy and family

Look Who's
18
ZOEY



Happy Birthday from
Jack, Charlie & family

JESSICA & GEORGINA MAHER

Happy 13th Birthday
on 4th July



Have a great day.
Love Mum, Dad & Ryan.

Happy 18th
BECCA
Follow your dreams
and be happy



With love dad
nanny and grandad
xxx

Happy 18th
Birthday
Kiran



Lots of Love
from Mum,
Dad, Nanna,
Nanni, Mamma,
Mandeep
and Rea.
xxx

CATH LE SUEUR
"Bubbles"
Thumbs up to
becoming 18!



Love from Mum,
Dad, Gran, Bex, Neil,
Steve and Nona xxxxx

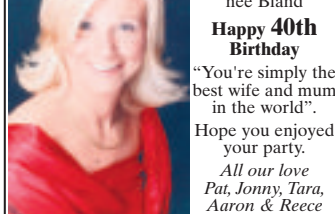
In Memoriam

LESLEY SPENCER

10th July

Thinking of you my darling
daughter-in-law on your
50th birthday.
Remembering all the love and
happiness you brought to us all, we
will never forget you.
God bless you dear.
Lots of love Flo, Mick, Linda, Deb
and all the family xxx

LISA GRAY
née Bland
Happy 40th
Birthday



"You're simply the
best wife and mum
in the world".
Hope you enjoyed
your party.
All our love
Pat, Jonny, Tara,
Aaron & Reece

Happy 40th Birthday
DARRELL



From Mum & Dad,
Jackie, George,
Charlotte & Adam.

GOTCHA
Happy Birthday
Thursday
D. S. DIBBLE



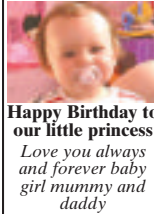
Half a century.
Have a good one!

Happy 40th Birthday
LISA GRAY



Still looking good.
Love Mum, Tracey,
Debbie, Nicci & families

ALYSIA FAITH BROWN
1 TODAY



Happy Birthday to
our little princess
Love you always
and forever baby
girl mummy and
daddy

Happy 1st Birthday
BEN DEVERICK



Lots of love always
Mummy & Daddy
xxx

DAD BARRY ROY COLGRAVE

26th July 2007

A year has passed
since you were
taken from us.
We are all missing you so much and
the happy times we shared.
You gave so much and asked little
in return.
All our love
Eleanor, Michael, Richard, Liam,
Christopher and your grandchildren
x

REBECCA BROWN
18 Today



As beautiful as ever.
All our love
Mum, Gary, Katie,
Victoria and Ravi xxx

MARGARET FISHER
Happy 70th



With love
Tony, Nick, Lesley, Sue,
Steve, Janice, Brooke,
Emma & Daniel xxx



Look who's hit the
Big 50
SONIA PEACOCK

Still looking good!
Happy Birthday
Enjoy your day
Love
Mum, Bob, Hayley,
Jade & Ryan, Chris,
Becca & Amber, Joy,
Geoff & family,
Robert & family,
Giona, Lou & family

RHYS GARDINER
Happy 25th Birthday
on 4th July



Have a good one!
Love Mum, Dave,
Charli, Buster, Nan,
Pupa, Amy & Nick

Happy 18th Birthday
GRACE DIAL



Still the wild Merango
Love from Dad, Nicola
and all the girls

Happy 30th
SION



With love from
Mum, Kirsty, Marc,
Nan and Grandad.
Love you Uncle Sten
from Emma and
Travis.

Funeral Directors

SIMPLICITY FUNERALS

From £595 plus local
disbursements

0800 6 121212

www.ifsimplicity-funerals.co.uk

MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES



FINEST INDIAN AND THAI CUISINE

**All day
Thai & Indian Buffet
Every Sunday 1pm-10pm.**

Eat as much as you like from various selected dishes and salads.

Full a la carte menu available

**Restaurant + Take Away
Fully licensed + Air conditioned**

Free home delivery

Minimum order £12.50

within 5 mile radius

10% discount on collected orders over £15

Ganges Night

**Every Wednesday
6pm-11.30pm**

**5 Course meal
Only £9.95pp**

**4 Starters, 5 Main Dishes, 2 Side Dishes
Rice, Nann, Salad
Adult £8.50pp
Children £4.50pp**

47 Aylesbury Street
Fenny Stratford,
Bletchley, Milton Keynes
Tel: 01908 376333
or 01908 376332

www.cafegangesfenny.com

Open 7 days a week
Sat 12-2pm &
5.30pm-11.30pm
Sun 1pm-11pm

'The only restaurant outside CMK to serve Thai and Indian Cuisine!'

Pan Pizza Company **حلال** **BUY 1 GET 1 FREE!**
Can't eat 2? We will deduct £2 off from 10", £3 off 12" and £4 off 16"
Free 1.5 litre soft drink on orders over £15

PIZZAS	10"	12"	16"
	Swag Pin	Swag Pin	Swag Pin
Margherita Cheese & Tomato	£7.95	£9.95	£12.95
Supreme Cheese, Tomato, Ham, Mushrooms & Peppers	£9.95	£11.95	£14.95
Pepperoni Cheese, Tomato & Peppers	£9.95	£11.95	£14.95
Pepperoni Cheese, Tomato, Mushrooms, Olives, Onion, Sausage	£9.95	£11.95	£14.95
Pepperoni Cheese, Tomato, Sausage, Onion, Mushrooms	£9.95	£11.95	£14.95
Chicken & Tomato	£9.95	£11.95	£14.95
Chicken & Tomato, Peppers, Spice Beef, Onion, Chicken & Peppers	£9.95	£11.95	£14.95
Meat Feast	£9.95	£11.95	£14.95
Chicken, Tomato, Peppers, Spice Beef, Onion, Chicken & Peppers	£9.95	£11.95	£14.95
Chicken, Tomato, Peppers, Spice Beef, Onion, Chicken & Peppers	£9.95	£11.95	£14.95
Chicken, Tomato, Peppers, Spice Beef, Onion, Chicken & Peppers	£9.95	£11.95	£14.95
Chicken, Tomato, Peppers, Spice Beef, Onion, Chicken & Peppers	£9.95	£11.95	£14.95

FREE DELIVERY TO MOST MK AREAS
SORRY NO CASHES ACCEPTED (MINIMUM ORDER £15.00)

**To advertise
in your
weekly guide
to the best
takeaways in
Milton Keynes
call
01908 242490**

VENICE PIZZA **حلال** **The Pizza Experts**

PIZZAS	10"	12"	16"
Margherita Cheese & Tomato	£8.00	£10.00	£14.00
Supreme Cheese, Tomato, Ham, Mushrooms & Peppers	£9.00	£11.00	£15.00
Pepperoni Cheese, Tomato & Peppers	£9.00	£11.00	£15.00
Pepperoni Cheese, Tomato, Mushrooms, Olives, Onion, Sausage	£9.00	£11.00	£15.00
Pepperoni Cheese, Tomato, Sausage, Onion, Mushrooms	£9.00	£11.00	£15.00
Chicken & Tomato	£9.00	£11.00	£15.00
Chicken & Tomato, Peppers, Spice Beef, Onion, Chicken & Peppers	£9.00	£11.00	£15.00
Meat Feast	£9.00	£11.00	£15.00
Chicken, Tomato, Peppers, Spice Beef, Onion, Chicken & Peppers	£9.00	£11.00	£15.00
Chicken, Tomato, Peppers, Spice Beef, Onion, Chicken & Peppers	£9.00	£11.00	£15.00
Chicken, Tomato, Peppers, Spice Beef, Onion, Chicken & Peppers	£9.00	£11.00	£15.00

FREE DELIVERY TO MOST MK AREAS
SORRY NO CASHES ACCEPTED (MINIMUM ORDER £15.00)

KEBAB HUT **حلال** **GOOD FOOD AWARD 2007**
RESTAURANT AND TAKEAWAY

KEBAB	Small	Large	Meal
Doner (pitta)	£3.50	£4.20	£3.99
Lamb Shish	£3.50	£4.20	£3.99
Chicken Doner	£3.90	£4.60	£4.49
Chicken Tikka	£3.90	£4.60	£4.49
Lamb Tikka	£3.90	£4.60	£4.49
Mix Kebab	£4.50	£6.00	£5.50
Family Kebab (serves 4-5) (d/meat, c/doner meat, 3 shish, 8pc c/tikka, 8pc l/tikka, salad, sauces, 3 naan or 4 pitta, 3 cans)	£13.50		

BIRYANI
Plain / Chicken / Lamb / Veggie £4.50
Biryani Meal Deal (any biryani & can) £5.00

BURGERS
Chicken / Fish / Veggie / Bean / ¼ £2.50
Burger Meals (excl. ¼) £3.49

CHICKEN
1pc meal (1pc, 2 wings, chips, can) £2.50
2pc meal (2pc, chips, can) £2.60
3pc meal (3pc, 3 wings, chips, can) £3.99
Party Pack (6pc, 3 chips, 3 cans) £8.50
Family Pack (8pc, 4 chips, 3 cans) £9.99
Spicy Wing Bucket (25 wings, 4 chips, 3 cans) £9.99
Mega Bucket (10pc, 6 wings, doner meat, 4 chips, 3 cans) £14.99

CURRIES
Chicken / Lamb / Veggie £3.50
Roti £0.50
Naan £1.00

8 CHICKEN NUGGETS FREE !!!!
with all orders over £14.00 (subject to availability)

Side Orders
Garlic Bread (4 pieces) £1.75
Onion Rings (10 pieces) £1.80
Garlic Mushrooms & Dip £2.80
Potato Skins (5 pieces) £3.00
Potato Wedges £2.60
French Fries £1.20

Now cater for parties too, contact for details; 01908 223322
Deliveries available 5pm - 12am, 7 days a week
Opening hours: Mon to Sat 12pm-12am, Sun 1pm-12am
3 Stratford Road, Wolverton, Milton Keynes. MK12 5LJ

Eastern Paradise
MK's first Balti House
Golden Award Winner 2004, 2005, 2006 & 2007
Fully Licenced Indian Restaurant & Take-away

FREE HOME DELIVERY
Within Milton Keynes area. Minimum order £10.00
(20% Discount on collected orders over £12.00)

BANQUET NIGHT
Sunday & Thursday Evenings
5 Course Meal Served.
Only £8.95 per head.

SUNDAY BUFFET
Noon - 5.00pm Only £7.99 per head
Children under 10 - Half Price!

KASHMIR NIGHT
Every Wednesday 5 Course Meal
and a glass of wine only £9.95 per head

Starters:		massala, naan bread & pilau rice	£11.95
King Prawn Butterfly	£3.95		
Reshmi Kebab	£2.95		
Somosa	£2.50		
Onion Bhajee	£2.50		
Chicken/Lamb Tikka	£2.50		
Aloo Chat	£2.50		
Kakuli Kebab	£2.50		
Garlic Mushrooms	£2.50		
Eastern Promise for 2- mixtures of chicken/lamb tikka and sheek kebab, lightly spiced and stir fried with onions and green peppers	£6.95		
House Specialities:			
Tawa Gosht	£7.95		
Duck Special	£7.95		
King Prawn Begun	£7.95		
Chicken/Lamb Rezalla	£7.95		
Chicken Zalfarani	£7.95		
Jhinga Jhole	£9.95		
Chefs Recommendations:			
Gost Kofta Special	£6.95		
Chicken/Lamb Korai	£5.95		
Achari Chicken or Lamb	£6.95		
Chicken/Lamb Tikka Rehun	£5.95		
Chicken/Lamb Tikka Jalfrezi	£5.95		
Tandoori King Prawn Korai	£9.95		
Chukla Tandoori King prawn	£9.95		
Seafood Specialities:			
Salmon Achari	£8.95		
Ayr Bhuna	£8.95		
Tuna Massala	£8.95		
Salmon Ki Bhuna	£8.95		
Traditional dishes also available starting at	£4.95		
Veg dishes starting at	£3.95		

OPEN 7 DAYS A WEEK
Lunch: Midday - 2pm. Everyday.
Mon - Thurs: 5.30-11.30pm & Fri - Sat: 5.30-Midnight
Sun: Midday-5pm & 5.30-11.00pm
01908 312969 / 225765
8 Church Street, Wolverton, Milton Keynes MK12 5JN

MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

Pizza Tonight!

01908 56 76 76

BUY 1 - GET 1 FREE
Please see offers for details. We use only HALAL toppings and all our ingredients are FRESHLY prepared daily.

Thick crust or thin crust

	Medium 10" Round only 4 pieces £6.49	Large 13" Round only 8 pieces £8.49	X-Large Round only 10 pieces £9.99
Cheese and Tomato - Cheese and tomato Tuna Treat - Tuna, red onion & Jalapenos or chillies			
Kashmiri - Chilli, chicken tikka, pineapple and red onions			
Pepperoni Feast - Double pepperoni, double cheese	£7.99	£9.99	£11.99
Hot Chicken - Grilled chicken, mushrooms, sweetcorn, jalapenos	£8.99	£10.99	£13.99
NEW! BBQ Chicken - BBQ grilled chicken, peppers, mushrooms and onions			
Chicken Supreme - Chicken, mushrooms, green peppers & red onions			
Vegetarian (V) - Onions, peppers, tomatoes			
Beefsteak - Beef, pepperoni, onions			
HOT Triple Chilli Feast - Jalapenos, chilli & peppers with beef or chicken			
Hawaiian Special - Ham, pineapple and sweetcorn			
Farmhouse Special - Ham, onions and mushrooms			
NEW! Full English - Fried mushrooms, fried onions & fried tomatoes, ham, beef			
NEW! Chiz Deal Style - Donor, beef, chicken, onions, peppers & chillies			
Veggie Special (hot) - Onions, mixed peppers, tomatoes, mushrooms, jalapenos, chillies, sweetcorn			
Chicken Bucket Deal - 8 pieces chicken, 4 chips	£8.99		
Kiddies Meal - 4 Chicken Nuggets or 1pc chicken (leg), 1 chips, apple pie, 1 still drink £2.50			

Chefz 01908 56 76 76

APPETISERS

2 Vegetable/Meat Samosas £1.70
Onion Bhaji £1.75
Aloo Chat £2.10
Pakora £2.30
Chicken Pakora £2.60

BIRYANIS

Chicken or Lamb Biryani £5.50

CHEFZ SPECIALS

Chicken Tikka Masala £5.20
Garlic Chilli Chicken £4.25
Rhogon Josh £4.25

TANDOORI SPECIALTIES

Chicken or Lamb Tikka £2.20
2 Sheek Kebab £2.20

VEGETABLE DISHES

Vegetable Curry £2.00
Saag Aloo £2.00
Tarka Daal £2.00
Bombay Aloo £3.50

CURRIES

Main Chefz Dishes
Curry Dishes - Chicken or Lamb £4.45
Korma Dishes - Chicken or Lamb £4.45
Karahi Dishes - Chicken or Lamb £4.45
Achari Dishes - Chicken or Lamb £4.45
Chicken or Lamb Jalfrezi £5.50
Madras Dishes £4.45
Vindaloo Dishes £4.45

PRAWN AND SPINACH DISHES

Chicken or Lamb £4.25
Prawn Jalfrezi £5.50
King Prawn Jalfrezi £7.00

BASMATI RICE AND NAAN BREAD

Pilau Rice £2.60
Shada Rice £2.50
Naan £1.50
Keema Naan Bread £1.80
Chilli Naan Bread £1.50
Garlic Naan Bread £1.70
Tandoori Roti £0.60

ACCOMPANIMENTS

Chutneys £0.60
Mixed Green Salad £1.50
Raitna (cucumber or mixed) £1.60

DEALS
Any Pizza, Any Size
£6.99
(Collection only)

**BUY 1
GET 1 FREE**
OR GET 10% OFF YOUR SINGLE PIZZA
on delivery or collection
buy any pizza and get a second upto the same size and value. (Not in conjunction with any other offer)
Only on large and extra large pizzas

PARTY DEAL
2 XL Pizzas + Spare Ribs + Wedges
+ Garlic Bread + Drink
£17.99

MEAL FOR TWO
Large pizza, Chicken Wings or
Potato Wedges plus a bottle of drink
£10.99

MEAL FOR ONE
Regular pizza, Garlic bread or
Potato Wedges plus can of drink
£6.99

The Original Suitable for vegetarians
Cheese & Tomato or Cheese & Garlic

	Regular 6 Slices £5.99	Large 8 Slices 7.99	Extra Large 12 Slices 9.99
Hawaiian Dream - Ham & Pineapple	7.99	9.99	12.99
Farmhouse Classic - Ham & Mushrooms			
SPECIALITY PIZZAS			
Meat Feast	8.99	11.99	13.99
Spicy Pork, Ham, Pepperoni, Smoky Sausage			
Vegetarian Delight™			
Mushrooms, Green Peppers, Onions, Sweetcorn			
All In One™			
Pepperoni, Mushrooms, Green Peppers, Onion, Sweetcorn, Ham, Spicy Pork			
Smoky Barbeque			
Barbeque Chicken, Smoky Sausage, Red Onion, Sweetcorn, Barbeque Sauce			
Pepperoni Lovers™			
Double Pepperoni, mushroom, onion			
Coriander Tandoori Chicken Extremely Hot!			
Balti Chicken, Green Chillies, Garlic Sauce, Fresh Coriander, Red Onion			
Mexican Heatwave Very Hot!			
Double Spicy Pork, Onion, Jalapeno Peppers, Red Peppers, Chilli Powder			
Vegetarian Volcano Very Hot!			
Green and Red Peppers, Red Onion, Sweetcorn, Jalapeno Peppers, Chilli Powder, Chilli Sauce			
Oriental Express			
Chinese Chicken, Green Peppers, Mushrooms, Sweetcorn			
The Tucan			
Italian Sausage, Salami, Red Onion, Green Peppers, Mushrooms, Garlic Sauce, Italian Seasoning			
New! Chicken BBQ Sizzler			
Chargrilled Chicken, Bacon, Onion, Barbeque Sauce & Rio Pizza Sauce			
New! Lamb Donor Pizza			
Lamb Donor, red onion, red & green peppers, garlic sauce			
New! Chicken Donor Pizza			
Chicken Donor, red onion, red & green peppers, garlic sauce			

SIDE ORDERS

Delicious Dips (Ideal for dipping crusts)
BBQ, Sour Cream, Sweet Chilli or Garlic & Herb 25p
Oven Baked Chips New 99p
Tasty low fat chips baked in our hot pizza ovens

Garlic Knots 1.49 2.25
6 delicious knots of dough brushed with garlic butter

Coleslaw 1.49 2.25
Garlic Bread 1.75 2.49
Garlic Bread with Cheese 1.95 2.75
Potato Wedges 2.49 3.75

Choice of dips

Chicken Wings 2.99 4.50
8 pieces - BBQ or spicy Peri Peri New

Chicken Nuggets 2.99 4.50
8 chunks of Chicken breast coated in breadcrumbs with choice of dip

BBQ Spare Ribs New 3.99
Juicy rack of ribs marinated in a delicious BBQ sauce

Wings 'n' Wedges Combo 3.99 5.99
6 BBQ or spicy Peri Peri Chicken wings served with spicy potato wedges and two of our tasty dips

Kids Deal New 2.99
6" pan pizza with up to 2 toppings, garlic bread, can of Coke

10 Large Onion Rings 1.99

**CREATE YOUR OWN PIZZA
WITH THESE EXTRA TOPPINGS**

£6p each (Regular) £1.00 each (Large) £1.20 each (Extra Large)

Anchovies • Bacon • Balti Chicken • Barbeque Chicken • Chinese Chicken • Ham • Pepperoni • Salami • Italian Sausage • Smoky Sausage • Spicy Beef • Spicy Pork • Prawns • Tuna • Black Olives • Cheddar • Green Chilli Peppers • Green Peppers • Jalapeno Peppers • Mushrooms • Onion • Red Onion • Red Peppers • Pineapple • Sweetcorn • Sweet & Sour Sauce • Barbeque Sauce • Garlic Sauce

Minimum delivery order £7.99

Chef's Corner

158 Queensway, Bletchley
Mon-Sun 12pm-10.30pm

01908 632236
Cash or credit card only

**FREE DELIVERY
(WITHIN SPECIFIED AREA)**

DRINKS & DESSERTS

Coke, Diet Coke, Fanta, Sprite, Dr Pepper - 330ml can 65p
Coke, Diet Coke, Fanta - 1.25 litre bottle 1.79
Banoffee Pie - per slice 2.19 3.29
Tennessee Toffee Cream Pie - per slice 2.19 3.29
Ben & Jerry's Ice Cream - 500ml 4.19
Piece of cake™, Phish Food®, Caramel Chew Chew™, Chocolate Fudge Brownie, Cookie Dough, Chocolate Therapy, New Fair Trade Vanilla

PAPA LUIGI
Dial-a-Pizza!
EST '83

PICK 'n' MIX PIZZA!

FREE DELIVERY
TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM FOOD ORDER OF £7.00

	8" Standard	10" Standard	12" Deep Pan Mega	14" Mega
CHEESE & TOMATO (any 2 DIFFERENT TOPPINGS)	8.80	10.80	12.80	14.80
CHEESE & TOMATO (any 4 DIFFERENT TOPPINGS)	8.80	11.80	13.80	15.80
CHEESE & TOMATO (any 8 DIFFERENT TOPPINGS)	10.80	12.80	14.80	17.80

MEAL DEALS

Chicken Burger & Chips 3.99
1/2 Pound Beef Burger & Chips 3.99
2 Pizzas - Chicken & Chips 3.99
3 Pizzas - Chicken & Chips 4.99
4 Pizzas - Chicken & Chips 5.99
Extra Piece of Chicken 1.00
Quick-Melt Sandwich with Chips, Mushrooms & Salad 6.00
Large Dinner Burger 4.80
Small Dinner Burger 3.80

PIZZA MENU

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Peppers, Garlic, Jalapeno, BBQ Sauce

	8" Standard	10" Standard	12" Deep Pan Mega	14" Mega
1. PAPA LUIGI SPECIAL	9.80	11.00	13.00	16.00
Tomato, Cheese, Ham, Mushrooms, Salami, Peppers, Olives, Anchovies				
2. MILANISE	9.50	10.50	12.00	15.00
Tomato, Cheese, Ham, Mushrooms				
3. HAWAIIAN	9.50	10.50	12.00	15.00
Tomato, Cheese, Ham, Pineapple				
4. HOT & SPICY	9.80	11.00	13.00	16.00
Tomato, Cheese, Peppers, Jalapeno, Salami, Garlic				
5. VEG SPECIAL	9.80	11.00	13.00	16.00
Tomato, Cheese, Peppers, Corn, Mushrooms, Pineapple, Olives, Onion				
6. PESTOCHINE	9.80	11.00	13.00	16.00
Tomato, Cheese, Tuna, Prawns, Anchovies				
7. NEW YORKER	10.30	12.00	14.00	17.00
Tomato, Cheese, Onion, Salami, Beef, Chicken Tikka, Onions, Pepper				
8. MIGHTY MEATY	10.30	12.00	14.00	17.00
Tomato, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage				
9. CHICKEN TIKKA MASSALA	10.30	12.00	14.00	17.00
Tomato, Cheese, Chicken Tikka, Onions, Pepper				
10. MEAT LOVERS	12.00	14.00	16.00	18.00
Tomato, Cheese, Double Salami, double Pepperoni, Double Ham, Double Beef				
11. BBQ BOMAZZA	9.80	11.00	13.00	16.00
Tomato, Cheese, BBQ Sauce, Red Onion, Spicy Beef, Sausage				
12. TEXAN BBQ	9.80	11.00	13.00	16.00
Tomato, Cheese, Onion, Peppers, BBQ Chicken, Bacon				
13. PEPPERONI FEAST	9.80	11.00	13.00	16.00
Double Mozzarella, Double Pepperoni				

SIDE ORDERS

Onion Rings 1.29
Coleslaw 1.49
Garlic Bread 1.75
Garlic Bread with Cheese 1.95
Chicken Wings (8pc) 2.99
Chicken Wings (12pc) 3.99
Chicken Wings (16pc) 4.99
Chicken Wings (20pc) 5.99
Chicken Wings (24pc) 6.99
Chicken Wings (30pc) 7.99
Chicken Wings (36pc) 8.99
Chicken Wings (42pc) 9.99
Chicken Wings (48pc) 10.99
Chicken Wings (54pc) 11.99
Chicken Wings (60pc) 12.99
Chicken Wings (66pc) 13.99
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DAILY LIFE**TODAY**

TALK and Signing with Steven Erikson. Waterstone's, Midsummer Place, 6.30pm. Author of the popular Malazan series Steven will be here to talk about his latest book 'Toll the Hounds' and sign copies afterwards. Tickets are £3 redeemable against the purchase of the book on the night. E-mail: enquiries@miltonkeynes-midsummer-place.waterstones.com

THE MKP Plan to 2013. MK Forum Talk, main lecture room, City Discovery Centre, Bradwell Abbey, 7pm. MK Forum AGM, presentation of the Milton Keynes Partnership Plan to 2013 by Ann Limb, chairman and John Lewis, chief executive of MKP. Open discussion to follow. Guests welcome. E-mail: miltonkeynesforum@googlemail.com

THURSDAY

WIBN Lunch. Wavendon Golf Centre, 12-2pm. Networking lunch organised by the Women In Business Network's North Milton Keynes Branch. £18 E-mail: alison@wibn.co.uk

WOMEN'S Personal Safety Seminar, Stantonbury Leisure Centre, 8-9.30pm. Learn practical and effective self defence taught by current and former police and military officers. £20 per person. E-mail: gary@rsda.org or call: 01908 615818.

FRIDAY

CHARITY Networking Event, Holiday Inn Milton Keynes East. 12-2.30pm. All proceeds to Keech Cottage. Booking essential, £20 per head, lunch included E-mail: claire@mkflyers.co.uk

DODGE Urban Beach Tour, until Sunday. Station Square, Milton Keynes. Three day festival will highlight the best of what beach volleyball has to offer, with competitions and tournaments, including an opportunity to see the professionals in action. Free. Contact: chrisgooch@bradleyomahoney.co.uk

SATURDAY

AFRO Caribbean Ball, Jury's Inn, CMK, 6pm. Friends of the Caribbean invites all to their inaugural Charity Ball. Part proceeds to Diabetes MK. Come and enjoy a steel band, comedian Tony Hendricks, gospel singers, cabaret performers, ex-BBC presenter Rianna Scipio, DJ Lee Drummond from BBC 3 Counties Radio and a three-course sit-down meal. £40 per person. Contact: www.friendsofthecaribbean.co.uk or 01908 649429.

SHENLEY Brook End Fete 2-4.30pm. Picnic in the Park 4.30pm till late. The annual fete takes place on the green opposite the village hall. Morris dancing, the New Bradwell Silver Band, archery and lots more fun. Followed by Picnic in the Park with a host of musical entertainment until late.

KISS Me Judas - Rock and Blues, The Foresters Arms, Stony Stratford. Have a great night out listening to local band Kiss Me Judas playing a mix of original material and covers. E-mail: davebarber@fsmail.net

SUNDAY

JINX, Woughton Leisure Centre, 1.15-3.15pm Live band in the theatre at lunchtime. Free entry, families welcome. For more see <http://www.freewebs.com/jinxlive> Contact: woughton@ukonline.co.uk

RUN for the Children 3K Family Run, Campbell Park. This run is part of The Big Moo, so there's lots of fun for everyone. There's no age or time limit for the race and every runner wins a medal. Contact: kate@runforthechildren.co.uk

TUESDAY

WIBN Lunch. Abbey Hill Golf Centre, 12-2pm Networking lunch organised by Women In Business Network's North Milton Keynes Branch. Price: £18

■ Publish your event free in the DAILY LIFE column e-mail: david.gale@mk-news.co.uk

Keep your description brief and make sure it is with us a week in advance of publication date

PARK LIFE

Make Milton Keynes bloom

ARE you passionate about pergolas or potty about container gardening? This year the city is going for gold in Britain in Blooms' nationwide pursuit of finding Britain's Best Large City.

The Parks Trust, Milton Keynes Council and the Open University have joined forces to provide a truly inspiring visit for the competition judges when they visit the city on Thursday, July 17.

This year's judging route begins at the Open University and will travel to Caldecotte Business Centre, Woughton On the Green, Willen Lake, Newport Pagnell, Meads Close Community Garden,

Wolverton, the Theatre district and Campbell Park. Plus many of the city's grid roads, including sections of the H3, H8, H10, V6, V7, V8 and V10.

The judges will be examining floral displays, permanent landscaping, community involvement cleanliness and sustainability and will compare Milton Keynes against other large cities, such as Nottingham, Cardiff and Bournemouth.

You can help put the city on the national map by doing your bit to enhance your garden, street, village green or roadside verge. Last year the city won a silver gilt award and

was named Best Large City in the Thames and Chiltern's region and this year with your help it could make a gold award.

David Foster, chief executive at The Parks Trust, said: "Milton Keynes' magnificent parks and green spaces are what make the city unique. We know that a great deal of people love living in Milton Keynes and we believe that taking pride in our parks will inspire others to make their city a better place to live."

If you're on the judging route there are a range of ways you can help to convince the judges that Milton Keynes is worthy of an

award: don't forget to water and feed your hanging baskets and containers in advance of the visit; help us keep the parks, open spaces and landscaped areas along the main roads as litter and graffiti free as possible, ensure you're showing your garden off at its very best. If you're out and about on July 17 and meet the judges let them know about the parts of Milton Keynes that are special to you.

Even after the competition is over you can always help to improve your city by joining The Parks Trust's regular Working for Wildlife work parties or becoming a 'rover ranger' and patrol our parks.



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Saturday 12 July - 8pm
LA-33
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Tickets £17.50 Meal deal £27.50

Saturday 12 July - 8.45pm
ACOUSTIC STAGE - CON O'NEILL, JOFF WATKINS & MARK RYAN
Harmonica gurus (O'Neill & Watkins) join forces with British guitar and Dobro master (Ryan).
Tickets £9.50 in advance, £11.50 on the door

Thursday 17 July - 8pm
ANTONIO FORCIONE QUARTET
Acoustic guitarist is joined by his band for an evening of jazz, Spanish, African, Brazilian and improvised music.
Tickets £17.50

Thursday 17 July - 8.45pm
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- 3 car parking spaces
- Rent £7,750 p.a.



69 Murdock Road, Bedford, MK41 7PL

- End terrace industrial unit
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- Rent £9,250 p.a.



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23-27 Allhallows, Bedford, MK40 1LP

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MKBUSINESS

TNT's 'fast' on delivering food hope for Africa

MILTON Keynes express delivery giant TNT is famous for its super-fast service, but a fast service of a different kind during a fund-raising extravaganza at the depot has helped raise £30,000 for the United Nations' World Food Programme (WFP).

A fast which included foregoing lunch for a

day was just part of a wacky week-long fund-raising effort held by the TNT team at Northfield Drive, Northfield, that helped raise the cash.

The money raised by TNT will be channelled into the WFP's School Feeding Programme where children in developing countries are encouraged to attend school and receive a free nourishing meal. All the donations from TNT Express Services in the UK & Ireland will go to provide much-needed nutrition and education for youngsters in Tanzania.

Milton Keynes Depot General Manager Darren Batty said: "It was fantastic to see so many members of the team forgo their lunch for the WFP. Even those that didn't take part helped swell the money raised by getting involved in our other fund-raising events we held at the depot over the week. "It costs just 7p per day to feed and educate a child in Tanzania, that's just £25 a year. The initiative is part of an ongoing partnership that has already seen TNT in the UK generate more than £300,000 to support the excellent work undertaken by the WFP.

"This donation goes some way to providing real hope and a brighter future for hungry children in Tanzania. We do take our corporate social responsibilities very seriously and this is an ideal way to help those most in need."

More than 50 TNT Express Services depots and offices combined their efforts as part of the specially designated week with a bewildering array of fund-raising activities from fancy dress days, chest waxings, depot beauty salons, health checks, running and rowing challenges, cake baking, noodle-eating, managers in stocks, auctions, raffles and car valeting, to name but a few.

The TNT Fight Hunger Week was an integral part of a worldwide TNT programme to raise awareness of the need to combat global hunger.



Loadsamoney: Gazeley and Land Securities raised £40,000 for MK SNAP

Industrial machinery auction raises £40k for local charity

MILTON Keynes-based charity MK SNAP has received a donation of £40,000 from global provider of sustainable logistics space, Gazeley and its partner, Land Securities.

The donation from the two companies was raised from an event auctioning industrial machinery recently held at the Magna Park logistics park in Milton Keynes.

The money will be used for the ongoing expansion of the charity which provides work preparation and life skills training for people over the age of sixteen with learning and physical difficulties.

Ian Farmer, operations director of the charity, said: "This generous donation will be used to help fund a new centre which will double the size of our current capacity and will accommodate

more than 70 people. Not only will it house the growing MK SNAP team, but it has also been designed for use by the wider community, so will be a great benefit to our local area."

Don Morgan, planning and development director at Gazeley, added: "We always try to find ways to give back to the communities in which we operate and MK SNAP plays a vital role supporting so many people in Milton Keynes. They make a huge difference to the lives of the people they work with, and we're delighted to be able to lend a helping hand to such a great cause."

The Magna Park site where the auction was held, formerly known as Fen Farm, was previously owned by the Benson family.

It was Charles Benson who

originally came up with the idea to hold an event and donate the money to MK SNAP.

The Benson family also kindly provided catering, car parking space and volunteers to help run the event.

By working together with Gazeley and Land Securities, the team organised a hugely successful event which raised much needed funds to support a vital facility for local people.

Charles Benson said: "As a long term supporter of MK SNAP, I am proud to be in a position where my work with other companies leads to further donations being made. Gazeley's support for the community is always of great assistance and is another example of how such generosity can make a real difference to people's lives."



Resisting temptation: TNT Customer Service Representative Jamie Wilson raised almost £100 when colleagues sponsored him to fast for 24 hours



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Know what are you looking for

Job hunting can appear a daunting task

IF you've just graduated or left school or it's time to look for a new challenge, what should you do to make the next step?

Job hunting can appear a daunting task and you may feel your future is the air.

However, the good news is there are a number of ways to make this process as easy as possible.

Begin your search by doing some research into the sectors or areas of employment that interest you.

It is important to be clear about the type of job you want, the salary you need and the location before you start your search – a clear goal will motivate you to succeed.

It's always a good idea to look at the job section of your local paper, speak with a recruitment consultant, they can do a lot of the hard work for you.

Don't be afraid to tell them what you really think and be honest – they will tell you what roles suit you,



what jobs are available, as well as advise you on the salary and benefits you could expect."

Manpower's top tips to help you find the job you want:

Have a clear goal – make sure you know what you're looking for.

Research the local job market –

talk to friends and family, look in your local paper and look on the Internet. Ensure your CV is up-to-date – this is an opportunity to sell yourself and make a good first impression. Register with a recruitment agency – they can do a lot of the hard work for you. Don't give up

– persevere and you will get what you're looking for.

Stuart adds: "Don't be put off if you're not successful with the first interview. It can take time to find the perfect job, but a bit of preparation and planning will maximise your chances of success."

Under-pressure bosses are not taking holidays

SUMMER holiday plans are in disarray as redundancy fears and the pressure to deliver results begins to take its toll across the region.

According to the latest research from the Chartered Management Institute, executives have postponed holiday and, even if they do go away, many refuse to stop working.

The study reveals that those who do go on holiday are unable to switch off – spending time on the phone, participating in virtual meetings or regularly checking voice and emails.

Nearly 1,500 responded to the survey and key findings include one in three executives in the south east are failing to use their full holiday entitlement.

As the credit crunch takes effect belts are being tightened and instead of paying for a holiday 46 per cent want to exchange holiday time for cash but, just 16 per cent of organisations say they will do so, only eight per cent said they have the option to give back unused holiday for flexible working options.

Jo Causon, director, marketing and corporate affairs at the institute, says: "There is clearly a fear that 'out of sight means out of mind' but without a proper break individual performance can suffer and employers will notice mistakes more than they will absence through holiday."

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SHOWTRAX INTERNATIONAL

Showtrax International Ltd is an internationally respected company based in North Beds, providing products and services to motor racing teams worldwide.

CREDIT CONTROLLER

We are looking for a credit controller to work with our accounts for two mornings a week. Based very close to Risley. Applications only in writing please to David Brookman.

Showtrax International Ltd, The Design Centre, Park Farm, Risley Road, Blisloe, Beds, MK44 1QU

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4X4 INSTRUCTOR WANTED (Saturdays)

Off-road driving experience essential. Minimum age: 25 years (insurance purposes). Full driving licence required.

North Beds
Tel: 01234 771904

£10 - £15 ph delivering brochures free info call 0800 7810074 (18+) www.freeinfo.net

PART TIME RECEPTIONIST

Experienced. Hours negotiable. Please send CV to Sara Gurney Ballard & Tucker Saffron Road Biggleswade Beds. SG18 8DJ

OPENING DOORS TO VULNERABLE ADULTS

mayday TRUST

At Mayday Trust we enable vulnerable people to maximise their potential for independence providing them with a whole new start. In one of these very important positions you can play a vital part in everything we do.

PROJECT WORKER BEDFORD
£14,606 - £18,000 37 HOURS PER WEEK
+ LONDON WEIGHTING + £350 ON-CALL ALLOWANCE

The purpose of this role will be to deliver high-quality, housing and support services to vulnerable adults with enduring mental health issues. You will assist Service Users with all aspects of their household management to education. The ongoing participation in decision-making, you will give them everything they need to realise their potential whilst actively involving other agencies to bring about positive outcomes. Capable of developing support plans and risk assessments you will ideally be experienced in providing. Good working knowledge of Supported Housing and Mental Health matters would be a huge plus and you will bring real passion, energy and drive.

Applicants must be able to build productive and respectful relationships with Service Users from every walk of life. You will be required to participate in an On-Call rota involving weekends and evenings. We offer excellent benefits including generous holiday, healthcare plans, Pension and more and contributory pension.

For an informed chat please call Sara Pasfield on 01234 347961. To apply please visit www.maydaytrust.org.uk or call 01758 585716. CVs will not be accepted.

Closing date: 3pm 21st July 2008

Successful applicants will be asked to complete a Disclosure and Barring Service check as part of the recruitment process. We are an equal opportunities employer. Registered Charity 105204

Bedford Hospital NHS

every patient matters NHS Trust

Division of Medicine & Diagnostics Primrose Unit

Phlebotomist

Band 2 - £12,577 - £15,523 p.a. pro rata
Part Time - 26 Hrs per week
(1yr Fixed Term Contract) Ref: MAD210

The post holder will work as part of a team but will be required to work using their own initiative. Applicants must have excellent interpersonal skills and ideally previous experience within the NHS.

For further information please contact Helen Cawood on 01234 355122 ext. 2332.

For an application pack or job description please apply on line at www.jobs.nhs.uk
Closing date: 19 July 2008

All disabled applicants who meet the minimum criteria for the job will be invited for interview.

Applicants should note that the offer of employment would be subject to vetting procedures undertaken by the Criminal Records Bureau. We are committed to equality of opportunity and welcome applications from all sections of the community. Bedford NHS Trust is committed to flexible working arrangements. All NHS employees qualify immediately for membership of the NHS pension scheme.

www.bedfordhospital.nhs.uk

Busy doctors' surgery has vacancy for

2 Medical Receptionists

POST A - Mornings - Approx 28 hours per week - 8am - 12.30pm. (Wednesday 7am - 12.30pm) including alternate Saturdays 9am - 12 noon.

POST B - Afternoons - Approx 27 hours per week 1.30pm - 6.30pm (plus alternate Wednesdays 1.30pm - 8.15pm)

Extra cover will be required at times of holidays and sickness

The successful candidates will be of smart appearance and be able to work as part of a team. Computer skills are necessary.

Please apply in writing stating which vacancy you are applying for and enclosing CV to:

Mrs V Balodis, Deputy Practice Manager
Dr J Binns and Partners,
The Health Centre,
84 - 86 London Road,
Bedford, MK42 0NT.
Tel: 01234 266851
Email: yon.balodis@nhs.net

Sue Ryder Care
St John's Hospice

Qualified Nurses & Health Care Assistants

We require Qualified Nurses and Health Care Assistants to work as part of the forward thinking team at St John's Hospice. Palliative Care experience is desirable, but not essential. These are day/night rotational posts offering excellent training opportunities within a supportive team.

For further information, and an Application Pack contact: Sue Bailey, Head of Care, Sue Ryder Care, St John's Hospice, Moggerhanger, MK44 3RJ
Telephone: 01767 640622
Closing date for applications Friday 18 July 2008. Interviews w/c 28 July.

Cleaning Staff

To assist in maintaining high standards of cleanliness throughout the hospice. For information please contact Lynn Turner – Secretary on 01767 640622

Volunteers

We are also recruiting volunteers to work with our patients and support services in a variety of roles including recreational activities and complementary therapy. For further information contact Amalia Ramsey Volunteer Coordinator. 01767 640622. Due to the rural location, own transport is essential. (Sue Ryder Care is a registered charity no 1052076)

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Mobile: 07721 927152

Part Time or Full Time Assistant BOOK KEEPER / ADMINISTRATOR

We are looking for a team member with excellent supporting skills and character. This is an opportunity to join a small team, growing fast in the trading environment to maintain the day to day book keeping functions using Sage 50 accounting package. Candidates need to be proficient in using Sage 50, together with a sound knowledge of Word, Excel and Outlook.
Invoice discounting and bank relations experience is an asset. Good telephone manners with effective communication skills in dealing with customers, is essential.
Our company strongly supports personal achievement of employees and offer equal opportunity to all applicants.
CV to: hr_accountancy@btconnect.com

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Office Administrator

Job Vacancy
Salary Scale £14,000 - £16,000 pa
(depending on experience)
Closing date for applications is Monday 21st July 2008
Interviews to be held on Monday 28th July 2008

Milton Keynes Dons Sports & Education Trust (MKDons SET) is a newly registered charity, we are looking to recruit a hard-working administrator to join our busy and friendly office who is committed to working for a charity. The position reports directly to the Community Officer and will support our highly motivated team and growing work load.

A Criminal Records Bureau enhanced disclosure applies to this post.

Please send a copy of your current CV with a letter supporting your application, saying why you are suitable for this post, to: Darren Oldroyd, Community Officer, Milton Keynes Dons Sport and Education Trust, Stadium: MK, Stadium Way, Milton Keynes MK1 1ST

For further information on the role or to request a job description please telephone Darren Oldroyd on 01908 622888.

Milton Keynes Dons Sport and Education Trust are committed to equality of opportunity and welcome applications from all sections of the community.

WORKSHOP CONTROLLER

DF Crash Repairs Ltd.
Full Time Permanent Position
Salary Negotiable

We are currently seeking a Workshop Controller to manage the throughput of work in our busy bodyshop.

You must have previous experience of working in a bodyshop, ideally within a similar role. With strong organisation skills, you will prioritise work to ensure that vehicles are repaired in a timely and safe manner and to the high standards expected by our customers. You will possess good interpersonal skills and be confident in your ability to manage a team of technicians. Immediate start available.

Send CV To: DF Crash Repairs Ltd, Brunleys, Kiln Farm, Milton Keynes MK11 3EW
Alternatively E-Mail: mark@dfcrash.co.uk



A Career in Hairdressing Salon Manager – Stony Stratford

Are you currently in management or an experienced stylist who wants to take their first step into management? With a passion for service and focus on targets, we need a leader to motivate, develop and manage a team to success. You must have 5 years experience in a salon environment and enthusiasm and commitment to management.

Apprentices – Walnut Tree

Looking for your first step into hairdressing? We have opportunities to become part of our next generation of Stylists through our NVQ 1&2 programme. Training in conjunction with Milton Keynes College you have the added advantage of hands on practical experience gained in a lively professional salon environment. Places available to start July 2008.

Qualified Stylists – Stony Stratford & Walnut Tree salons

Are you an experienced Stylist who is forward thinking, creative and looking for something more. Working to the highest professional standards in the industry we offer a great package with going training and development and the benefits that an established salon group can bring.

Please send CV to changes.ho@tiscali.co.uk or post to Changes Head Office, 11 Market Place, Olney, Milton Keynes, MK46 4EA or call Melanie on 01234 713198 for more details. Closing Date for applications 26th July 2008

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PRIORY COMMON SCHOOL

Scatterill Close, Bradwell, Milton Keynes, MK13 9EX

Tel: 01908 321646

Fax: 01908 226883

Email: pcfs@milton-keynes.gov.uk

Mid-Day Supervisors

MK1 point 4 - £6.00 per hour

7.5 hours per week,

Required for 1st September 2008

We wish to appoint two enthusiastic and caring mid-day meals supervisors to join our friendly team. Monday to Friday, 12.00 noon to 1.30pm, term time only.

For further details and an application form please contact the school.

Closing date: 16 July 2008.

Interview date: 18 July 2008.

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Mouchel Group is a fast growing company that employs around 11,000 people and delivers a range of services to various clients throughout the country, both in the public and private sector. Mouchel Business Services, a division of Mouchel Group, has recently formed an exciting new partnership with Milton Keynes Council where we believe we can deliver real outcomes for the client and their community.

Business Support Assistant - Core Lettings (maternity cover, up to one year)

£15,375 - £16,500

Ref: HR0398

As well as providing administrative support to Lettings Officers and Housing Needs Managers, you will be the first point of contact for customer queries and complaints regarding council house lettings and you'll maintain the Council's mutual exchange register. Organised and methodical, you will have administrative experience together with good knowledge of Microsoft Office and databases.

For informal enquiries please call Fiona Kisch on 01908 252905.

For an application form, email: jobs@milton-keynes.gov.uk
Call us 01908 253344 or 253462 (24 hour answerphone). Please quote appropriate reference.

Closing date: 25 July 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

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Milton Keynes Council

Optical Assistant

Part time to include
Tuesdays, Fridays
and alternate
Saturdays am.
Full training given
Apply in writing with
CV to C. Archbold
Opticians,
158 Bedford Road,
Kempston,
MK42 8BH
Closing date:
19th July 2008

thinksmartmarketing Key Account Directors / Account Managers Technology and Automotive Sectors

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At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Education Welfare Officer (Term-time only)

£27,594 - £32,436 (pro-rata)

Ref: 50015480/MKN

You will work in partnership with schools, pupils and parents to improve school attendance, protect children and prevent their exploitation through casework and proactive approaches. Experience of working with children and families, a relevant qualification and a working knowledge of the education system and court processes will be essential.

For informal enquiries please contact Jayne Murphy on 01908 657803 or Linda Rayfield on 01908 657816.

Social Worker - Intermediate Care Services

£23,749 - £32,436

Ref: 50015982/MKN

A qualified and registered social worker, you will undertake assessments, plan and implement care plans and work with service users and their families as part of the Rapid Access Intervention Team. A seasoned safeguarding investigator with good training skills, you will have experience of working with vulnerable older people.

Social Workers

£20,099 - £32,436

Post 1 - Full Time

Ref: 50010831/MKN

Post 2 - Full Time

Ref: 50016886/MKN

Post 3 - 15.5 Hours

Ref: 50010826/MKN

You will support adults, their carers and families following illness or HIV diagnosis, assessing their needs and developing care packages to facilitate effective and timely discharges from hospital. Skilled in multidisciplinary work and confident and assertive in your professional judgements, you will have a recognised qualification together with GSCC registration.

For informal enquiries please contact Mark Hutton or Pat McVeigh on 01908 243223.

Interview date: 14/15 August 2008.

Library Shelver - Milton Keynes Central Library

£11,577 - £11,737 pro rata

Ref: 50011583/MKN

10 hours per week - two hours per day Monday to Friday

Based in our busy lending department, you will shelve returned stock, ensure stock is in the correct order and assist with the general tidiness of the department. Able to undertake a routine job accurately, you will have GCSEs or equivalent in English and Maths together with an interest in libraries.

Apprentice - School Improvement

£6,848

Ref: 50017021/MKN

You will provide administrative and clerical support to a team of Educational Consultants. Keen to learn and with a can-do attitude you will have the ability to use your initiative while undertaking relevant training and development to gain NVQ Level 2 or 3 in Business Administration.

For informal enquiries please contact Karen Cooper on 01908 657853.

Interview date: 22nd August 2008.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk Call us 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

Closing date unless otherwise stated: 25 July 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

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Play your part

Ambassador Theatre Group, a world leader in live theatre production and one of the UK's foremost theatre owner operators, now have the following vacancy at Milton Keynes Theatre, the UK's most popular theatre.

CELLAR & MAINTENANCE PERSON

For an application form please contact: Jaide Birch, Milton Keynes Theatre, Malborough Gate, Milton Keynes MK9 3NZ or email: jaidebirch@theambassadors.com
For more details about the role please visit our website: www.theambassadors.com

Closing date for applications:
Friday 18th July 2008



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Sir Frank Markham Community School

A professional learning Community



Woughton Campus, Leadenhall, Milton Keynes, MK6 5EH, Tel: (01908) 607416
Group 7, NOR 1300, age 11 to 18 years
Headteacher: Mike O'Mahony

"A rapidly improving school"
"Excellent senior leadership"
"Outstanding self-evaluation"
Ofsted Nov 06

"The school is thoroughly inclusive"
"There is a buzz in the air"

"The school has made significant improvements since the last inspection"
Ofsted Jan 08

We are a mixed, multi-ethnic comprehensive school. Following very positive Ofsted reports in November 2006 and January 2008, we are seeking to recruit talented and committed professionals who will help us to realise our exciting vision for the future.

If you enjoy variety and a challenge and wish to make a difference to the learning experience of young people, then this could be the job for you!

POST 16 TEACHING AND LEARNING SUPPORT ASSISTANT

37 hours per week, 40 weeks per annum
Fixed term contract for 12 months

from 1st September 2008 - Pay Grade = MK5

£17,154 to £20,736 pro rata per annum

the pro rata salary equates to £14,975.44 - £18,102.53 per annum

This new role of Post 16 Teaching and Learning Support Assistant is to complement the work of the Head of Post 16 in our Chaffron building by providing high quality pastoral support for our students. The scope of responsibility of this post is wide and will develop as the new post holder gains experience.

You will have an interest in or experience of working with or caring for children as well as a sound basic education, including good literacy, ICT and general communication skills. You will also be flexible, resourceful, caring and committed to working in partnership with teachers to bring out the best in students.

All members of staff have a role to play in the education of our students and are expected to contribute to the extra curricular life of the school.

For an application form and further particulars please telephone (01908) 607416, email recruitment@sfmcs.org.uk or write to us at the above address. Please state clearly the post that you are interested in.

Closing date for receipt of completed applications:
Wednesday 16th July 2008



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Woughton Campus, Leadenhall, Milton Keynes, MK6 5EH, Tel: (01908) 607416
Group 7, NOR 1300, age 11 to 18 years

Headteacher: Mike O'Mahony

"A rapidly improving school"
"Excellent senior leadership"
"Outstanding self-evaluation"
"The school is thoroughly inclusive"
"There is a buzz in the air"

Ofsted Nov 06

"The school has made significant improvements since the last inspection"
Ofsted Jan 08

We are a mixed, multi-ethnic comprehensive school. Following very positive Ofsted reports in November 2006 and January 2008, we are seeking to recruit talented and committed professionals who will help us to realise our exciting vision for the future.

If you enjoy variety and a challenge and wish to make a difference to the learning experience of young people, then this could be the job for you!

CURRICULUM & LEARNING SUPPORT ASSISTANT - ENGLISH FACULTY

37 hours per week, 40 weeks per annum

Fixed term contract for 12 months from 1st September 2008

Pay Grade = MK5 (£17,154 to £20,736 pro rata per annum)

the pro rata salary equates to £14,975.44 - £18,102.53 per annum

THIS POST MAY SUIT AN ENGLISH GRADUATE OR SOMEONE WORKING TOWARDS AN ENGLISH DEGREE WHO IS PASSIONATE ABOUT THEIR SUBJECT AND CONSIDERING A CAREER IN TEACHING.

The role will involve supporting the work of teaching staff by helping to ensure the delivery of high quality education. You will assist by supplying and organising the appropriate materials and resources for the team and support absent teachers where appropriate. You will be required to supervise and support the work of small groups, work with individual children and organise work for pupils excluded from lessons. You will also be required to provide support to small groups of targeted students in helping them to achieve well in Y9 SATs and GCSE English. The post will involve keeping accurate records by inputting data into the schools computer systems and some word processing.

You will have an interest in or experience of working with or caring for children as well as a sound basic education, including good literacy, ICT and general communication skills. You will also be flexible, resourceful, caring and committed to working in partnership with teachers to bring out the best in students.

All members of staff have a role to play in the education of our students and are expected to contribute to the extra curricular life of the school.

For an application form and further particulars please telephone (01908) 607416, email recruitment@sfmcs.org.uk or write to us at the above address. Please state clearly the post that you are interested in.

Closing date for receipt of completed applications: Wednesday 16th July 2008



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Telephone: 01908 682 222
Fax: 01908 682 200
Headteacher: John O'Donnell



BEHAVIOUR SUPPORT COORDINATOR MPS / MK Grade 5 or 6

Fixed term contract from 1 September 2008 to 31 August 2009

The school has successfully bid for external funding for a Behaviour Support Coordinator. The successful candidate may be a teacher although we will consider applications from people who are not teachers but who have relevant experience of working in a special needs environment. The successful candidate will have a commitment to continuous school improvement and will enjoy working with students who have difficulty accessing the curriculum.

RECEPTIONIST

MK Grade 3, Point 9, £13,062

37 hours per week, 52 weeks per annum

We need a first rate Receptionist to join our busy Student Services team. The successful candidate will have a superb telephone manner, excellent interpersonal skills and the ability to communicate appropriately at all levels. The ability to work flexibly, efficiently, take the initiative, maintain confidentiality and work to high standards is essential.

LEVEL 1 TEACHING ASSISTANTS

MK Grade 3, Point 9, £9,323.31

31 hours per week, 39 weeks per annum

We currently have vacancies for Teaching Assistants to join our busy and enthusiastic team to support curriculum areas and individual students. Previous classroom experience would be advantageous but not essential as training will be provided. If you are a team player and would enjoy the opportunity to work with our students, in the age range 11 to 16, we would like to hear from you.

LEVEL 3 TEACHING ASSISTANT

MK Grade 5, Point 19, £12,244.07

31 hours per week, 39 weeks per annum

We require a Level 3 Teaching Assistant to provide support to our Mathematics team. The successful candidate will have at least two years experience of working as a Teaching Assistant.

To apply, please send your CV and covering letter to Jo Moloney by Wednesday 16 July 2008. Interviews will be held on Thursday 17 July 2008. For more information, please contact Jo on 01908 682 289 or via jo.moloney@radcliffeschool.org.uk. The Radcliffe School is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. This post requires an enhanced Criminal Records Bureau disclosure. We are an equal opportunities employer.

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OPENING DOORS TO VULNERABLE ADULTS



mayday TRUST

At Mayday Trust we enable vulnerable people to maximise their potential for independence providing them with a whole new start. In one of these very important positions you can play a vital part in everything we do.

PART-TIME PROJECT WORKER
£14,606 - £18,000 plus London Weighting pro rata plus £350 On-Call Allowance
WORKING 21 HOURS PER WEEK Leighton Buzzard

Working three days a week you will ensure the delivery of high quality, person-centred housing and support services. This will involve advising on all aspects of home life, health, leisure, education and employment, as you help Service Users realise their full potential and enjoy access to community facilities. In particular, you will empower them to claim benefits and manage their finances effectively, whilst maintaining detailed and accurate records.

You will have a good working knowledge of Supported Housing ideally as a key worker with experience of developing support plans. To successfully fulfil this post you must have excellent communication skills and be able to build productive and respectful relationships with Service Users from every walk of life.

You will be required to participate in an On-Call rota working weekends and evenings.

We offer excellent benefits including generous housing, health/fitness, life assurance and retirement savings.

For an informal chat please call Julie Bailey on 01525 852996.
To apply please visit www.maydaytrust.org.uk or call 01708 548176.
CVs will not be accepted
Closing date: 31st July 2008

Successful applicants will be asked to complete a Criminal Records Bureau check as part of the recruitment process.
We are an equal opportunities employer. Registered Charity: 1072524

Fundraising Programmes Assistant

The Development Office
£19,263 - £21,681, Ref: 4799
Based in Milton Keynes

We are the UK's largest distance learning University with over 200,000 students and 270,000 contactable Alumni. You will play a key role in helping to raise funds from Alumni to support the OU mission to make education accessible to everyone, no matter what their personal circumstances.

Reporting to the Fundraising Programmes Manager, you will run the day to day co-ordination of direct mail and telemarketing campaigns, from managing projects with external creative agencies and print houses, to internal copy rounds and campaign budget management. You will provide support for members of the Fundraising Programmes team across a range of projects and will be in regular contact with our Alumni via telephone, email and written correspondence.

For detailed information and how to apply go to www3.open.ac.uk/employment, call Catherine Sakkour on 01908 653786 or email OUDD@open.ac.uk quoting the reference number.
Closing date: 24 July 2008.

Further particulars are available in large print, disk or audiotape (minicomp 01908 654901).

We promote diversity in employment and welcome applications from all sections of the community.

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Full time Dispenser required, although less hours could be negotiated.
Must be experienced with an NVQ 3 or equivalent qualification.
Good computer skills and the ability to empathise with patients essential.
Apply with current CV to:
Mrs S Hedges, Practice Manager,
Flitwick Surgery, Highlands,
Flitwick MK45 1DZ.
Or e-mail: sandy.hedges@nhs.net
Closing date 19th July 2008

COX & ROBINSON PHARMACY
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We have the following vacancy:
RELIEF DISPENSING ASSISTANT/TECHNICIAN
Full time/Part time considered
To cover holiday and sick leave at our branches
• The work is varied and enjoyable and you will be a valued member of the team.
• You must have the use of a vehicle.
• Must be computer literate.
For an application form please telephone 01908 262811 or Email: head.office@cox-robinson.co.uk

ESTABLISHED PUBLISHING & DESIGN BUSINESS SEEKS
EXPERIENCED TELESales PERSON
to work on advertising and subscriptions for national trade magazine and website. Although this is ideally a full-time position, we would happily consider flexible or part-time working hours for the right candidate.

IN-HOUSE DESIGNER - PART-TIME
to work on advertisement and page design for our own publications as well as clients' graphic design projects. Must have excellent working knowledge of QuarkXPress, Photoshop, Illustrator, Acrobat and InDesign on Macs. Some knowledge of web design packages would be an advantage.

You would be joining a small, friendly team working out of offices in the countryside near Olney, handy for Bedford and Milton Keynes.

For further information, call Michele Swales on 01234 714644 or e-mail ms@pickwickswales.com

WANTED URGENTLY
massuse, in house, lovely location. 07594 586600

Team Leader Health & Social Care
Hours: Full Time
Salary: £31,319 - £33,374 per annum

We are looking to appoint a Team Leader with experience in Health and Social Care to manage a team of lecturers and provide learning opportunities for students undertaking Health & Social Care programmes within the Community Studies Department. You will be responsible for ensuring student success by leading on the development and delivery of high quality learning in Health and Social Care programmes.

As the successful candidate you will:

- Hold a teaching qualification.
- Be a degree/diploma/RGN nurse or hold a Social Work qualification.
- Be a holder of relevant assessor/verifier awards.
- Be able to teach creatively, adapting to the needs of a variety of students, and be willing to explore new teaching and learning strategies.
- Be able to contribute, participate and share in the responsibility for the development of the curriculum area's work.
- Have good organisational skills

Closing date for applications: Wednesday 23rd July 2008

Interview Date: Friday 1st August 2008

For further information and an application pack, please log on to www.mkcollege.ac.uk or contact the recruitment answer phone on (01908) 684327 or e-mail recruitment@mkcollege.ac.uk

Milton Keynes COLLEGE



Benefits of working for Milton Keynes College

- Training and development
- Excellent Pension and Holiday Package
- Friendly Working Environment
- Childcare Vouchers

Milton Keynes College is student focussed, positive about change, and values diversity. Our success is due to our staff, culture and belief in working in partnership with others.

We want to develop a more diverse workforce and positively welcome applications from all sections of the community.

Milton Keynes College is committed to promoting the safety and welfare of children, young people and vulnerable adults, therefore all positions require a Criminal Records Bureau check (CRB).

Working Towards

Investors in Diversity
www.iiduk.org

Milton Keynes COLLEGE

Due to continuing growth we now have the following opportunities:

Team Leader: Carpentry

Hours: Full Time
Competitive Salary

Lecturer: Accounting

Hours: Full time

Salary: £16,976 - £30,700, pro rata, per annum

Course Guidance Advisor

Hours: 4 days - Mon to Thurs 9.00am - 5.00pm (to include some evenings and weekends)

Salary: £16,500 - £18,000, pro rata, per annum

Closing date for the above positions:

Friday 25th July 2008

For further information and an application pack, please log on to www.mkcollege.ac.uk or contact the recruitment answer phone on 01908 684327 or e-mail recruitment@mkcollege.ac.uk

Part Time Lecturers required in Psychology and Criminology

For further information on the above part time positions please contact Judy Mudge on 01908 684388.



Benefits of working for Milton Keynes College

- Training and development
- Excellent Pension and Holiday Package
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www.iiduk.org

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Recruitment Open Evening - Lecturers, Teaching Assistants, Youth Workers & Support Workers.

Thursday 17th July 2008
4.00 - 7.00 pm

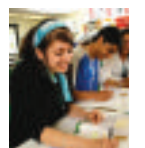
Milton Keynes College
Chaffron Way, Leadenhall
Milton Keynes, MK6 5LP

The Skills Department at Milton Keynes College delivers a range of exciting programmes to engage with disaffected and disadvantaged young people across the city. These include improving literacy, numeracy and ICT skills, employability, team building, vocational skills, and personal and social skills. Our programmes include working alongside the Prince's Trust, Make a Difference volunteers, local employers, and the College Youth Work Team. Due to the success of these programmes, the College is planning to expand the current provision.

We are looking to appoint several posts, including literacy, numeracy and life skills lecturers, teaching assistants, and youth/support workers on both a full and part time basis.

We would love to meet experienced lecturers and teaching assistants, but would equally be excited to hear from you if you feel you have the skills but lack the qualifications, as full training and ongoing professional development will be provided. If this interests you please come and discuss the jobs we have available. All lecturing roles have benefits including a final salary pension and 38 days leave plus bank holidays.

For further information on staff recruitment days and job opportunities visit www.mkcollege.ac.uk or contact the recruitment answer phone on (01908) 684327 or e-mail recruitment@mkcollege.ac.uk



Benefits of working for Milton Keynes College

- Training and development
- Excellent Pension and Holiday Package
- Friendly Working Environment
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Milton Keynes College is student focussed, positive about change, and values diversity. Our success is due to our staff, culture and belief in working in partnership with others.

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ROBINSON & HALL LETTINGS NEGOTIATOR

FOR BUSY AGENCY DEPARTMENT

We are expanding our successful lettings department and have an exciting opportunity for a Lettings Negotiator to deal with our expanding portfolio of residential properties.

The ideal candidate will be enthusiastic and self motivated, possessing excellent communication skills and willing to develop the business. Good opportunity for promotion to manager.

Please apply by sending your CV, covering letter and salary expectations to:
Mrs Rachael Harrison MSc MRICS FAIV
Robinson & Hall LLP, 118 Bromham Road,
Bedford MK40 2QN
Email: reh@robinsonandhall.co.uk



TEACHERS Secondary & Primary (all subjects)

Required for September start

01582 721510
info@keepeducation.com

IMPACT

An independent project hosted by Bedfordshire & Luton Mind, that works with service users in the monitoring, planning and delivery of mental health services.

Project Development Worker

£18,500.00pa, full-time, 37hrs pw
Based in Dunstable, working across Bedfordshire

Impact wishes to recruit a proactive individual with strong planning and organisational skills. The role involves working on specific projects in partnership with service users as well as supporting the Project Manager in delivering Impact's mission to ensure effective monitoring of mental health services.

Co-ordinator of Service User Involvement

£16,000.00pa, full-time, 37hrs pw
Based in Dunstable, working across Bedfordshire

Using excellent communication skills the successful candidate will develop and maintain meaningful links with service users throughout Bedfordshire, to gain their views on all aspects of mental health care.

Administrative Assistant

£6,055.20pa (£7.25ph)
16hrs pw, worked over 5 days,
based in Dunstable,
To provide secretarial and administrative support to the Impact team.

Closedown for all three posts is noon on Monday 28 July 2008

For application packs, contact 01525 844160, or email hq@bedsandluttonmind.org.uk
Packs will also be available to download at www.bedsandluttonmind.org.uk by noon on Monday 07 July.

People with disabilities and other under-represented groups are encouraged to apply.

We welcome applicants with direct or indirect personal experience of mental distress.

Registered Charity No. 1068724



Cedar Coaches Ltd
are currently
recruiting for a
**Full time
MECHANIC**
with a PCV licence
for all enquiries
please call
01234 354054 or
07825 535113
and speak to Kevin

Experienced drivers required

For regular work within the Beds & Bucks area, we want to hear from HGV Class 1, Class 2 & 7.5 Tonne drivers for immediate starts in the above areas.

Demonstrable Tachograph experience essential

Please contact the recruitment team on
01767 316355/07771 864553



3 Victoria Place,
Biggleswade, Beds

Pemberley Surgery Bedford Medical Secretary

Pemberley Surgery require a part-time secretary to work 16 hours per week over 3 days
Experience of working in general practice desirable but not essential.

Excellent audio typing skills required.
Applicants must be flexible to work additional hours if required.

Please apply in writing with CV to:
Janet Griffin, Pemberley Surgery
32 Pemberley Avenue, Bedford MK40 2LA
Or email janet.griffin@nhs.net
Closing date 16th July 2008



Bedfordshire & Luton Mind

Training Manager

£23,000.00pa, full-time, 37hrs pw
Working across Bedfordshire and Luton

Volunteer Manager

£21,000.00pa, full-time, 37hrs pw
Working across Bedfordshire and Luton

Finance Manager

£21,000.00 - £24,000.00pa
(dependent on experience)
Full-time, 37hrs pw, based in Amptill

Activities Organiser

£8,735.30pa (£7.46ph)
22hrs pw, based in Luton

Mondays (10am-4pm)
Wednesdays (10am-4pm)
Thursdays (10m-3pm)
Fridays (10am-3pm)

Previous applicants need not apply

Wellbeing Worker

(up to 5 posts)

£18,000.00pa, full-time, 37hrs pw
based at various locations across Bedfordshire

To facilitate mental wellbeing in a primary care (Step 2) setting using a range of therapeutic interventions for clients with mild to moderate mental health problems. Must have studied up to degree level or equivalent.

Previous applicants need not apply.

Group Leader up to £25.00ph

To join a pool of people to support our Healthy Minds programme, running psycho educational groups. Candidates must have either of the following:

- Adult Education Certificate C&G 7307 or equivalent, eg. preparation for teaching in life-long learning sector.
- Counselling qualification, BACP accredited.
- Other psychological/therapeutic training with accreditation.

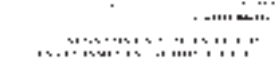
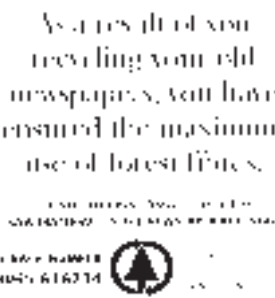
Application by CV to Catherine Davies,
Bedfordshire & Luton Mind, The Old Fire
Station, 10 Bedford St, Amptill MK45 2NB

Closedown for all six posts is noon on
Monday 28 July 2008

For application packs, contact 01525 844160, or email hq@bedsandluttonmind.org.uk
Packs will also be available to download at www.bedsandluttonmind.org.uk by noon on Monday 07 July.

People with disabilities and other under-represented groups are encouraged to apply.
We welcome applicants with direct or indirect personal experience of mental distress.

Registered Charity No. 1068724



Initial Assessment Team Manager (Children & Families)

£36,657 - £39,258 p.a. (pay award pending) + £3,203 car benefit + £4,500 recruitment & retention allowance

There's a lot riding on your ability to make effective decisions swiftly and confidently. Especially when you take into account the volume of referrals our Initial Assessment Team deals with on a daily basis – a good judgement call will set the tone for the entire process. Which is where your experience of child protection and statutory casework can make all the difference in what is undoubtedly one of the most demanding but rewarding challenges around. A recent Joint Area Review rated our children's services 'Good' across the board; so come and help us make them outstanding.

To apply online visit www.luton.gov.uk/jobs

As one of the area's leading employers, we offer excellent benefits and consider our employees to be our greatest assets. To find out more please visit www.luton.gov.uk/jobs, email us at jobs@luton.gov.uk or phone (01582) 546621.

Closing date: 24 July 2008.

Ref: 08/1194.

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your chance
to make a
positive
impact.



We value equality because quality services need the best people - from the whole community.

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to work in Bedford Pharmacy.
Full or Part Time.
Good rates of Pay.
01234 215015 or
0797 1122117

Hestia Healthcare The Willows Nursing Home

require a Registered Nurse for Night Duty full time and an activities person 20 hours a week.
These positions are subject to CRB check.

Please telephone 01234268270
for an application form.

CALL CENTRE VACANCIES Various Shifts Available

Join Pentagon's Call Centre Team
Priory Business Park, Bedford.
Basic Rate £6.50 hr (on target
earnings after training £9.50 hr)

Call 01234 836368 today

MKNEWS Advertising in the MKNEWS works and is cost effective.
01908 242490 www.mk-news.co.uk advertising@mk-news.co.uk

Project Assistant

Salary range: £13,500 to £15,000 pa



NFEA is the not for profit membership body for local enterprise agencies - providing advice, training and other services for people wishing to start or grow their own business.

We are looking for a Project Assistant to support the contract management of our major projects. Working within our small team in Bedford, the post-holder will be responsible for producing management information, maintaining detailed project records and ensuring regular, accurate reporting.

We are looking for an individual with a keen eye for detail who has excellent numeracy and IT skills. A high level of expertise with MS Office, particularly Excel, is essential - as well as flexibility, enthusiasm and willingness to work as part of a team.

This position is offered initially on a one year fixed-term contract. Flexible working hours could be considered for the right candidate.

To apply please submit your CV and a covering letter highlighting relevant skills and experience to lesley.lewis@nfea.com before 21st July 2008.

NFEA, 12 Stephenson Court, Fraser Road, Priory Business Park, Bedford, MK44 3WJ



COOK / KITCHEN ASSISTANT required from 26th August 2008

Hours: 11.30am to 5.15pm, Monday to Friday,
46 weeks per year
Salary: dependent on qualifications
and experience.

Closing date for completed applications is Wednesday
16th July. Interviews will be held w/c 21st July.
For further details and an application form,
call 01234 369555.

Alternatively you can download the information from
our website at www.pilgrims-school.info

Pilgrims School operates a safer recruitment policy.

Pilgrims School is committed to safeguarding and promoting the
welfare of children and applicants must be willing to undergo child
protection screening appropriate to the post, including checks with past
employers and the Criminal Records Bureau.

Pilgrims Pre-Preparatory School, Brickhill Drive, Bedford MK41 70Z

Shackleton Lower School, Pearcy Road,
Bedford MK42 9LZ. 01234 352912
shackleton@deal.bedfordshire.gov.uk

Teaching Assistant

30 hours per week - term time only
Scale 2D (Points 13 to 16) - £15,195 to
£16,175 pro rata

We require a cheerful and enthusiastic
Teaching Assistant to join our friendly team.
The successful applicant will work 30 hours
per week with pupils aged between 4 and 9
years. Experience of Early Years provision
preferred. The post holder will support
children in Numeracy and Literacy and with
special educational needs and provide general
classroom assistance. A full induction
programme is offered.

Visits to the school are warmly welcomed.

Interviews will be held on Wednesday 16th
July 2008.

Closing date for receipt of applications is
9.00 a.m. on Monday 14th July 2008.

Please contact Mrs Peck for application form.



With our new, purpose-built Birth to 3 Unit
now complete, we need to fill the
following positions for September 2008.

FULL TIME NURSERY NURSES Level 3 or equivalent

46 weeks per year
Salary: £12,470 to £15,585 per annum

For further details and an application form,
please visit our website at www.pilgrims-school.info.

Alternatively you can telephone 01234 369555

to request an application form.

Closing date for applications is Weds 16th July
Interviews will be held on Tues 22nd July (am).

Pilgrims School operates a safer recruitment policy.
Pilgrims School is committed to safeguarding and promoting the
welfare of children and applicants must be willing to undergo child
protection screening appropriate to the post, including checks with
past employers and the Criminal Records Bureau.

Pilgrims Pre-Preparatory School, Brickhill Drive, Bedford MK41 70Z



Pickers & Packers urgently required

£5.82 per hour
Please call Scott on 01908 764241
Harpur Recruitment
222 upper 5th Street
Milton Keynes. MK8 2HR

Park House

Qualified Nurse

Part-Time for Day shift, alternate weekends

Supper Cook

Weekdays 3pm-6pm and
Alternate weekends

Kitchen Assistant

Two days weekly and Alternate weekends
7am-1.30pm

Required to join friendly team at Park
House Nursing Care Centre in Sandy.

Excellent hourly rates and great working
conditions. CRB check will be required.

Contact Margaret Westall
Matron / Manager on 01767 692186 or
07880 792913 (today Sunday).

WOOTTON UPPER SCHOOL & Arts College Mixed Comprehensive Upper School 13-18

COOK

36 hours per week (term time only)
Salary: Scale 1D, Point 10

Required for September to work in a busy
school kitchen and to assist the Catering
Manager in leading a hard working team.

Please contact the school for further
information and an application form.

Closing date: Monday 14th July 2008

Hall End Road, Wootton,
Bedford, MK43 9HT.

Telephone: 01234 767123 Fax: 01234 765203

Email: wootton@wootton.beds.sch.uk

Website: www.wootton.beds.sch.uk

All posts in schools are subject to Disclosure

Shakespeare Road Surgery PRACTICE MANAGER

Vacancy due to retirement

Previous general practice experience preferred.
The ideal candidate will have experience in
business and financial management,
IT/organisational skills and personnel
management.

Please send CV with covering letter to:
Practice Manager, 17 Shakespeare Road,
Bedford MK40 2DZ.

Informal visits welcome
Tel: 01234 330336

Closing date: 18 July 2008

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3 1/2 year UK driving licence required. Course fees apply. 6+ points may prohibit application. Ref 115



require a

Full-time Cook

Based at Elcombe House, this post is for someone
to provide attractive well balanced meals for
elderly people with dementia in a person centred
environment.

Ideally the successful candidate will have Level 2
NVQ in Catering but a base in good home
cooking and a willingness to develop is essential.

For more information and an application pack
please contact:

Mrs S Dibley on 01234 333870 or
admin@standrewscarehomes.co.uk

Closing date for application is 18th July 2008
This post is subject to Criminal Records Bureau Disclosure.



BLUE BEAR SYSTEMS RESEARCH

Embedded Systems Engineer

Salary: £20k-£28k, depending on experience

Blue Bear Systems Research Ltd is currently seeking a graduate embedded
systems engineer, preferably with 2-3 years experience to support a
developing program of work in the field of Unmanned Air Vehicles.

A growing portfolio of work in BBSR presents an exciting opportunity to join this
expanding company.

You will have knowledge of embedded systems and/or robotics with the
following skills

- Digital electronics
- PCB design
- Microcontroller embedded software, including real time C/C++
- Systems integration
- An understanding of software development tools and methodologies
- Matlab/Simulink experience advantageous

You will be self-motivated with good communications skills, working closely
with the engineering team, external suppliers and customers. Training and
development would be provided for an individual with the fundamental skills to
develop into this demanding role. You will have the opportunity to be involved
in a wide range of research and product development projects, contributing to
the full development cycle through to flight testing.

Please write in with CV to:

Emma Simpson, Blue Bear Systems Research,
Building 32, Twinwoods Business Park, Clapham, Bedford MK41 6JE

www.bbsr.co.uk

E-mail: enquiries@bbsr.co.uk



TGS-NOPEC Geophysical Company (TGS) is a leading global provider of
multi-client geoscientific data, associated products and services to the oil
and gas industry. We have an exciting opportunity for an IT Support Analyst
in our Bedford Office.

IT Support Analyst

We are seeking a proactive and motivated Support Analyst to join our
existing team, reporting to our IT manager. The role will involve 1st/ 2nd line
support of the company's internal IT systems, to ensure the smooth running
of the business.

Required Skills

- Have a methodical and analytical approach to troubleshooting
- Ability to coordinate and successfully complete multiple tasks
- Have good communication skills, both verbal and in writing
- Good working knowledge of Microsoft Windows environments
XP/2000/2003 Operating Systems and Office 2003
- Some understanding of Server 2003, Exchange 2003, AD etc
- General knowledge of TCP/IP and other networking technologies
- Red Hat Linux, Solaris 2.8 skills would be highly advantageous

Required Background

- MCP qualified preferred or equivalent degree course / Network+ A+
- 1 or more years experience directly related to the duties and
responsibilities specified

An attractive salary and benefits package will be offered to the successful
candidate. If you are interested in the above position please email your
application, cover letter and CV to Cath Brimmell by 18th July.
email: recruitment@tgsnopec.co.uk



TGS-NOPEC Geophysical Company is an equal opportunity employer
www.tgsnopec.com

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HCA's, Homecare Workers & Live-in Carers

HCA's - Earn up to £7.80 ph

Needed for weekday night and weekend day shifts working in Hospitals in the Bedford and Biggleswade areas.

Homecare Workers - Earn up to £7.61 ph

We have weekday and weekend placements available both days and nights providing care to clients in their own home in the Bedford area.

Live-in Carers - Excellent rates of pay

Required to provide care and companionship to clients in their own home.

Experience is preferable. HCA's & Homecare workers must be car drivers

We'll look after you with:

- Opportunity for career progression with NVQ training + other specialist training courses
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E: bedford@alliedhealthcare.com

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Team Leader - Receivables

£19,000 - £21,000 pa Sandy, Beds

We are looking for a bright and motivated individual to lead the Accounting Services Receivables Team in providing a quality service that ensures all the Society's financial transactions are processed in a timely and accurate manner to support the organisational needs.

You will have experience of working in a busy finance department and of managing staff to deliver key objectives. Knowledge of bank processes and reconciliation procedures are essential. You will have good all round computer skills and excellent attention to detail. Accuracy and confidentiality will be key to your effectiveness as well as a flexible approach to work and ability to deliver to tight deadlines. You will be a positive, supportive person with a can do attitude willing to develop further.

Closing date: 18 July 2008. Interviews: w/c 28 July 2008.

For further information and an application form, please visit our website.

www.rspb.org.uk/vacancies



The Royal Society for the Protection of Birds (RSPB) is a registered charity. England and Wales no. 207076. Scotland no. SC037654.



Resident Estate Manager

Conniburrow, Milton Keynes £12,224 pa plus 3 bedroom house

35 hours per week, 9am-5pm, Monday to Friday

Acting as our on-site representative, you'll ensure the efficient running of your estate, providing the highest level of service and giving our residents the support which enables them to live securely in their own home. Responsible for estate management you'll be on hand to deal with any emergencies that occur and keep in daily contact with your residents, liaising with relatives and external organisations so they receive the support they need to live independently.

Specific qualifications are not needed, but you will need basic computer skills, a good standard of general education and excellent communication/organisational skills. You will also ideally have a background in a customer service environment and empathy and understanding of the needs of older people.

Benefits include at least 23 days annual leave, a contributory pension, your own free accommodation on-site and ongoing training and support. To enable you to carry out your duties a level of physical fitness is required.

For further information and an application form, please telephone (01442) 239608 (24 hour answerphone) or email: lisa.east@hanover.org.uk quoting reference, PM/0458.

Closing date: 23 July 2008.

Employment is subject to a satisfactory Enhanced Disclosure from the Criminal Records Bureau (CRB).



www.hpml.uk

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Do you want to work in education?

We have vacancies for:

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selectededucation.co.uk

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Witan Gate West,

Milton Keynes MK9 1EJ

email pete.riches@key-industrial.co.uk



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Tel: 01908 240545

Fax: 01908 355999

4th Floor, Acorn House,

393 Midsummer

Boulevard,

Milton Keynes MK9 3HP

miltonkeynes@pagepersonnel.co.uk



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Working Solutions, 500 Avebury Boulevard,

Central Milton Keynes MK9 2BE

Tel: 01908 540640 Fax: 01908 540646



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TEACHERS, Secondary and Primary (all subjects) required for Sept. start

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- Woburn
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- Newton Longville
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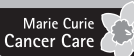
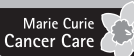
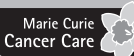
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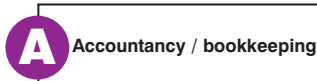


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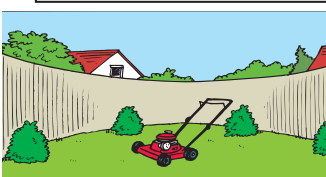
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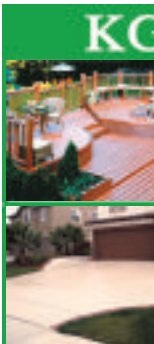
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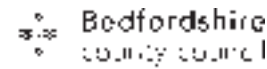
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P Public Notices

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BILBO**
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BANBURY COUNTY COURT
NO. 72 OF 2003
Notice is hereby given that I intend
to declare a first and final dividend to
unsecured creditors herein within a
period of four months from the last
date of proving.
Last day for receiving proofs -
31 July 2008
MATTHEW DOUGLAS HARDY
Trustee
30 June 2008

In the High Court of Justice
Court Case No. 5066 of 2008
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Company No. 01199015
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Kubik and Andrew Andronikou, both of
UHY Hacker Young, Quadrant House 17
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London E1W 1YV, were appointed Joint
Administrators of the above company on
20/06/2008. Dated 30/06/2008
PETER ALAN KUBIK and
ANDREW ANDRONIKOU,
Joint Administrators
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CODE OF CONDUCT FOR COUNCILLORS COMPLAINTS PROCESS

CHANGES TO THE COMPLAINTS PROCEDURE

From 8 May 2008 the duty to consider complaints that a Councillor may have breached the Code of Conduct has become the responsibility of the local authority's Standards Committee. If you wish to complain about the conduct of a member of Bedfordshire County Council, Mid Bedfordshire District Council, South Bedfordshire District Council or the Central Bedfordshire Shadow Council, you must submit your complaint to the appropriate Council as follows:

The Monitoring Officer Bedfordshire County Council County Hall Cauldwell Street Bedford MK42 9AP	The Monitoring Officer Mid Bedfordshire District Council Priory House Monks Walk Chicksands Shefford SG17 5TQ	The Monitoring Officer South Bedfordshire District Council The District Offices High Street North Dunstable LU6 1LF	The Interim Monitoring Officer Central Bedfordshire Shadow Council Priory House Monks Walk Chicksands Shefford SG17 5TQ
--	--	---	--

You must make your complaint using the Complaint Form so that you can be sure that you have provided all the information necessary to progress the complaint.

For a copy of the Complaint Form or if you need any further information about how to make a complaint, please see the appropriate Council's website at:

- www.bedfordshire.gov.uk
- www.midbeds.gov.uk
- www.southbeds.gov.uk
- www.centralbeds.gov.uk

Alternatively, you can telephone or e-mail the following contacts:-

- Bedfordshire County Council: Mel Peaston on (01234) 228200 or email: mel.peaston@bedscc.gov.uk
- Mid Bedfordshire District Council: Barbara Morris on (01462) 611024 or email: barbara.morris@midbeds.gov.uk
- South Bedfordshire District Council: Amerjit Kang on (0845) 849 6125 or email: amerjit.kang@southbeds.gov.uk
- Central Bedfordshire Shadow Council: Barbara Morris on (01462) 611024 or email: barbara.morris@midbeds.gov.uk

Each Council's Standards Committee can only deal with complaints about the behaviour of a Councillor. It will not deal with complaints about things that are not covered by the members' Code of Conduct. If you make a complaint, it must be about why you think a Councillor has not followed the Code of Conduct.

DATED July 2008

Bedfordshire County Council

MKNEWS MKNEWS

LAND DRAINAGE ACT 1991 BUCKINGHAM & RIVER OUZEL INTERNAL DRAINAGE BOARD REGISTER OF ELECTORS

NOTICE IS HEREBY GIVEN that a Register has been prepared for the electoral district of the above named Internal Drainage Board showing the names of the persons entitled to vote with particulars of the property qualifications of those persons and the number of votes to which each is entitled.

For a period of 14 days from the date of publication of this notice, the Register in respect of the Buckingham & River Ouzel Internal Drainage Board may be inspected at their offices, Cambridge House, Cambridge Road, Bedford, MK42 0LH.

Within a period of 16 days from the date of publication of this notice any persons may claim to be registered with a different number of votes, and may object to the registration of some other person or to the number of votes allotted to him.

Claims and objections must be made to me in writing with sufficient particulars of the grounds thereof.

Cambridge House
Cambridge Road
BEDFORD
MK42 0LH
9th July 2008
F C Bowler
Clerk of the Board
Returning Officer

Bacchus Wine Bars Ltd at Unit 800d, The Hub, Brooklyn House, Auebury Boulevard, Milton Keynes, MK9 2GA has applied to the Licensing Authority at Milton Keynes Council for granting of a Premises Licence for the following Licensable activities 1. The Provision of Regulated Entertainment - live music and recorded music 2. The Provision of Late Night Refreshment 3. The Supply of Alcohol for consumption both on and off the premises. The hours of opening that have been applied for are 0900 to 0230 Monday to Sunday. The address where the application can be viewed is Licensing Team, Milton Keynes Council, Civic Offices, 1 Saxon Gate East, Milton Keynes, MK9 3HH and can be accessed Mondays to Thursdays 9am to 5pm, and Fridays 9am to 4pm, or via the internet at www.mkweb.co.uk/licensing

Representations from interested parties and Responsible Authorities may be made up to and including 4th August 2008. Any such representations must be made in writing, and it is an offence to make a false statement in connection with the application.

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 ing to try new things. Tel
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 walks, seeks genuine,
 honest, caring male, 35-42
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 nights in, conversation, TV,
 seeks tall male, 50's for
 friendship, maybe more.
 Tel No: 0906 199 8100
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Y A S M I N E 29, Cuban, size
 16, seeks male, 25-50 for
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 tive, seeks genuine, hon
 est male up to 52 to enjoy
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REGIONAL shopping destination, thecentre:mk, is giving customers the exclusive chance to view the brand new Renault Koleos and Vauxhall Agila at its summer Motor Show running from 15-20 July.

The Motor Show is in thecentre:mk's dedicated events space, Middleton Hall and local motor dealerships will be on site to showcase their latest models allowing customers the opportunity to get behind the wheel of their ideal car.

Exhibitors include Volvo, Mazda and Seat ensuring there is something to suit all tastes and budgets.

The new Renault Koleos is the first 4x4 crossover from French car giant Renault.

It's ideal for escaping the everyday routine; it is comfortable, easy to drive and boasts genuine off-road ability.

Other new cars on display at the show include the Vauxhall Agila, a comfortable, flexible small city car plus three new Seat Ibiza models which are being released to the UK market mid-July.

Alongside these car makers will be exhibitors including Hyundai, Lexus, Kia, Suzuki, Skoda and Wayside Van Rentals.

"The Motor Show has now become a regular event for the city," commented Jackie Tracey, events manager at thecentre:mk, "with the selection of quality and prestigious cars available customers can browse the models at their own leisure, with an opportunity to find out more for arrange a test drive."

"The event aims to help customers fine tune their car shopping."

"Rather than visiting all the car dealerships in the local area, all you need to do is come to Middleton Hall and see a bespoke selection of cars."

The event is free of charge. The show will also be open till 8pm on Thursday and Friday night, and visitors are reminded that parking is free after 6pm.

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Renault Clio 2.0 16 valve 172 Sport 3dr hatchback 2001 (Y) Reg.

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FIXTURES

2008-09

August

9	Leicester	A
16	Northampton	H
23	Huddersfield	A
30	Swindon	H

September

6	Yeovil	H
13	Oldham	A
20	Colchester	A
27	Peterborough	H

October

4	Millwall	A
11	Carlisle	H
18	Crewe	A
21	Stockport	H
25	Cheltenham	H
28	Leyton Orient	A

November

1	Tranmere	H
15	Hartlepool	A
22	Walsall	A
25	Hereford	H

December

6	Scunthorpe	H
12	Brighton	A
20	Leeds	H
26	Bristol Rovers	A
28	Southend	H

January

3	Peterborough	A
10	Colchester	H
17	Carlisle	A
24	Millwall	H
27	Leyton Orient	H
31	Cheltenham	A

February

3	Stockport	A
7	Crewe	H
14	Hartlepool	H
21	Tranmere	A
28	Leicester	H

March

3	Northampton	A
7	Swindon	A
10	Huddersfield	H
14	Oldham	H
21	Yeovil	A
28	Leeds	A

April

4	Brighton	H
10	Southend	A
13	Bristol Rovers	H
18	Scunthorpe	A
25	Walsall	H

May

2	Hereford	A
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Getting to know all about you

First training session doubles as team-boss bonding exercise

FROM BACK PAGE

his side as they were put through grueling double training sessions.

When the 38-year-old was presented to the media on Thursday, after signing a one-year contract with a one year option, he demanded a fighting spirit from his players.

He said: "I expect my team, and that means not only the player but myself and my staff, to fight until we are buried. 'This is the kind of mentality I want. 'If we are half dead on the floor we'll still fight."

Di Matteo refused to be drawn to setting targets for the Dons in League One this season instead he simply insisted: "We will do our best."

He added: "I know a lot about League One it's not a bad standard. It's challenging and we'll just make sure we're ready for it."

"Success, success, success. That's what I have in my mind."



Players warm up in the Portuguese sun

The new boss only had high praise for the Dons, saying he did not need to weigh up his options before taking the job.

"It's a young club, a very ambitious club and the chairman has a great vision. I think it's a great opportunity for me as well to start here."

Chairman Pete Winkelman shrugged off fears from fans that Di Matteo, in his

first managerial job, is a risky decision.

"I can understand why people think it's a bit of a gamble," Winkelman said, "but you've got to remember there's a lot more experience at the football club now."

"Roberto's got a very strong team around him, these are friends, colleagues who think the same about football and they can trust each other."

"So everything is a gamble in football."

And what was it about Di Matteo that made Winkelman think he was his man?

"He's cool, he's calm, he's collected and very ambitious. There's a steely determination in him."

■ Sam Baldock and Luke Howell have signed new one-year deals with the Dons.



Moving on? Captain Keith Andrews

£2m skipper could soon be on his way

BY SIMONE CORGAN

simone.corgan@mk-news.co.uk

NEW Dons supremo Roberto Di Matteo says he is eager to keep club captain Keith Andrews but MK NEWS understands the club are resigned to losing the player.

Di Matteo, who was unveiled as the man to replace Paul Ince last week, admitted keeping the core of the squad was vital to the Dons' year ahead.

When asked if keeping skipper Andrews at the club was his main priority he said: "Definitely, I'd like to keep the whole squad and build on the team because it's very important - we'll see what happens."

Watford are keeping tracks on the 27-year-old midfielder and are thought to have targeted him in an aim to return to

the top flight next year while speculation linking him to a move to Blackburn Rovers, where former boss Ince is now at the helm, refuses to go away.

As a vital asset and the heartbeat of the squad, MK Dons are not prepared to let the Dubliner go on the cheap and have slapped a £2million price tag on the player.

Chairman Pete Winkelman described Andrews as an 'enormously important cog in the wheel' but hinted he would not stand in his way should he wish to leave the newly promoted side.

Winkelman said: "Obviously it would take something extraordinary for him to leave. Keith knows he has a tremendous tutor (in Di Matteo) at the football club."

The Dons are known as a club that does not hold individuals back and

Andrews' profile rose last year - alerting big name teams of his potential.

He was instrumental in the Dons' cup double success last year with 14 goals to his name, his most prolific season to date.

Andrews was then voted by his fellow peers as the League Two player of the year.

He was also named in the Professional Footballer's Association League Two team of the year.

It has been a summer of change for Dons fans.

First Ince switched to the Premier League and then Lloyd Dyer joined League One rivals Leicester City.

Now it looks ever more likely that the skipper could be heading for the exit door at stadiummk.

VIEW FROM THE MOOCAMP

MK Dons have held talks with Tottenham Hotspur officials regarding a ground share idea.

The Premier League side are mulling over a plan to move to Milton Keynes while their White Hart Lane home is redeveloped.

Speculation among fans has been increasing and MK Dons chairman Pete Winkelman has admitted the north London side have been in touch: "If Tottenham decide to redevelop on site it seems they will need temporary accommodation and they have had a chat with us about using our stadium," he said.

"They haven't come back yet but their inter-

est shows the progress we're making."

Spurs want to increase the capacity of their ground from 36,000 to 50,000 rather than rebuild a new multi-million pound stadium. stadiummk currently holds 22,000, which would be enough for Tottenham season ticket-holders, but once the upper tier is complete - which could be helped by the possible Spurs cash injection - will increase to 32,000.

THE Dons' home fixture against Carlisle United has been brought forward to a 12.15pm kick-off.

It has been moved from the original 3pm

on Saturday, October 11 to accommodate SKY TV cameras.

A NEW MK Dons home kit has been released.

The shirt remains all white with new features including a wrap-over collar, black flash on the front left of the shirt and two black flashes on the back, while sleeves are also trimmed with black piping.

ON Saturday MK Dons FC Disability First Team won the London and South East Ability Counts FA Cup with a remarkable 4 - 3 victory over Brighton and Hove Albion.

Despite going two goals down in the first half and playing the Dons fought back to level the scores at 2 - 2 just before half time with well taken goals from Roddy O'Neil and Keiron Reeves.

Some slack defending let Brighton in for their third.

Relentless pressure from the Dons eventually paid off when O'Neil slotted in his second to bring the scores level at 3-3 with 15 minutes remaining. Then Oscar Undungu then struck the winner.

Dons FC Disability will now compete in the National finals in two weeks time.

MKSPORT

BASKETBALL

Stadium delays leave Lions homeless for another year

MK Lions will have to wait one more year for their own den.

They were scheduled to be in the 4,500-seater arena:mk at the MK Dons stadium in time for their new season.

But plans have been put back a year after developments at the North Denbigh site have slowed.

They will now have to return to Bletchley Leisure Centre.

Owner and coach Vince Macauley said: "I think it is common knowledge now that there are some delays with the arena at stadiummk as well as other aspects of the development.

"We have had great support from the Leisure Centre and are grateful that they are at least there for us this season otherwise we would not be here."

However, the Lions will only be able

to host games at the Bletchley Leisure Centre for one year due to the facility's £18million revamp – the new basketball court will have no seating for season ticket holders.

Fans fear if the arena hits yet another delay the team might be forced out of Milton Keynes and Macauley has admitted that could be an issue.

"The last thing we want to do is to have waited 10 years to win a trophy and then have to move out of the city.

"If there is no venue here we have no choice, we coach 10,000 Milton Keynes children every year, our juniors are National Champions, the best in the country, our new academy partnership with the MK College sees the team undefeated all season long, do I want to leave? No, but the decision may well be out of my hands next season, all I can be grateful for is that

Bletchley Leisure Centre is still standing and we have time to come up with something."

■ The Lions have snapped up the services of a promising American youngster.

Carl McNally, a 6ft 4in guard, has become the first signing for the basketball club this summer.

The 22-year-old joining the Lions from Florida Tech in the United States where he has been playing for former BBL champion coach Billy Mims.

■ Lions have a pre-season game with a touring US team at Bletchley Leisure Centre planned on September 12 and then they will enter a two legged series in the Cup Winners Cup against the Guildford Heat, before the season starts.

ATHLETICS

MARSHALL Milton Keynes Athletic Club's Craig Pickering continued his build up to next weekend's Olympic trials finishing 4th in 10.23sec at the Madrid Grand Prix Meeting.

Fourth place in the UK Women's League match in Liverpool has moved MMKAC in to second spot and a given them possibility of promotion with just one match to go.

Hosts Liverpool Harriers won the match and also lead the division but consistency helped move MMKAC up the table as Southampton and Swansea faltered.

In a very tight 100m Joey Duck shared first place with her 12.12sec run in to a strong headwind while Habee Folami grabbed third in to a stronger wind taking 12.81sec.

There were fourth places in the B400m for Estelle Djah 61.29sec and the B1500m with Tanya Taylor's 4min 56.90sec effort.

Two third places came in the 3000m as Lara Bromilow set a new personal best of 10min 09.82sec and Lauren Licietis finished in 11min 13.83sec.

To conclude the track events Alice Middleton finished fourth in the 400m hurdles with a time of 64.23sec.

A welcome return by Rachel Gibbens saw her take third place in the pole vault with a clearance of 3.30m while in the Shot it was fourth for Emma Beales with a 10.88m putt and second for Sadie Watts 10.14m.

Back in action for the discus Emma took a great win throwing 41.48m with second by Andrea Jenkins 36.87m who then won the hammer with a throw of 48.75m and Sadie was second with 41.58m.

To conclude a good outing it was fourth in the javelin for Sadie throwing 36.70m and second for Emma 30.47m.

COUNTY CRICKET

Essex shatter Northants big bucks dream

NORTHAMPTON Steelback's hopes of reaching the mega-bucks Twenty20 final fell apart on Monday when they were knocked out of the competition by Essex Eagles.

Essex won the cup quarter-finals at Chelmsford by 59 runs.

Having won the toss the hosts went into bat and piled on 64 runs in the first six overs of power play.

England star Ravi Bopara top-scored for the 2006 semi-finalist with 47 from 26 deliveries.

Essex were helped to their 192-9 total by man-of-the-moment Graham Napier, who recently hit 152no from 58 balls, added a quick 40 from 20 balls.

Rain then hit the match, delaying Northants' innings, and ensuring the hosts would need 175 from 18 overs thanks to the Duckworth-Lewis method.

Rob White's stay at the crease was a brief one when he was dismissed for a golden duck on his second delivery then Napier had the wickets of Andrew Hall and David Sales.

Northants were in disarray at 27-5 until captain Nicky Boje steadied the ship with a half century and Lance Klusener (23) added runs.

But Klusener was caught off the last ball and Essex completed their deserved victory.

LOCAL CRICKET

MORRANTS FOUR COUNTIES LEAGUE

Division one

MILTON Keynes are rooted at the bottom of the table following their seventh defeat of the season.

They were handed a 70 run defeat by Aspley Guise.

Ian Foll's 75 set up 212-7 for MK to chase but they were all out for 142.

At the other end of the table Eaton Bray brushed aside Winslow Town to go 35 points clear at the top.

Winslow were dismissed for 156 as Gary Ellerton claimed 4-34 and Bray raced to a six wicket win thanks to Wes Hoskins' 80.

North Crawley kept up the pressure on Eaton Bray with a four wicket win over MK City.

Crawley were set on their way with Steve Sharpe's 5-19 reducing City to 146.

And it was Matt Goss' unbeaten 59 that sent them to victory.

While Newport Pagnell Town cemented their sixth place by beating New Bradwell by six wickets.

Despite the defeat Bradwell stay in third place.

Division two

MENTMORE are still searching for their first victory of the season.

Aston Clinton, who are second from bottom, beat Mentmore by two wickets and Old Bradwell beat the Open University by five wickets.

Top-of-the-table Elstow recorded a nine wicket win against Soulbury but Eddlesborough are just five points behind them following their draw with Stewkley.

Seventh placed Studham (146) lost by 77 runs to Biddenham (223-6) who

are now in fourth.

Division three

CADDINGTON'S Duncan Murray hit 82 to set up a 152 run win over Drayon Parslow.

Parslow were dismissed for 146 falling well short of Caddington's 258-7 total.

Eggington Foresters (149) lost by four wickets to New Bradwell 2nds (150-6) and Milton Bryan are in second place after beating North Crawley 2nds by 121 runs.

Shenley Church End's eight wicket win over Turvey moved them into third while Eaton Bray 2nds lost to Whitchurch.

Division four

MK City 2nds are still on the tail of top placed Harlington with their nine wicket win at Steeple Claydon narrowing the gap to sixteen points.

A half century from Sam Thrower saw Harlington fend off Milton Keynes 2nds by six wickets while Cranfield University (159-3) beat Tottenham by seven wickets.

Willen (119-6) took 25 points from their four wicket win over Stoke Hammond.

Printers and Old Bradwell 2nds shared the points as their game was declared a draw.

Division five

THREE teams are level on points in third place as Turvey, Little Horwood and Milton Bryan all total 131.

Milton Bryan 2nd's claimed 30 important points with a narrow three wicket win against Little Horwood while Turvey 2nds (98) lost to Stewkley 2nds (99-3) by seven wickets.

Wing (230-7) drew with Newport

SILVERSTONE SPECIAL



Above: Mark Webber is pushed into fourth place as the McLarens go wheel-to-wheel and the Ferrari skips round the outside



Left: Webber comes back after spinning



Above: Webber finally finishes in tenth place



Left: Red Bull's pit

Pagnell 2nds (162-7).

Division six north

ELSTOW 2nds (132) stayed at the top of the table despite a seven wicket defeat to Stony Stratford 4th (133-3).

Great Brickhill 3rds, currently rooted to the bottom, pulled off a surprise victory over second placed MK Park.

Park were dismissed for just 46 runs and Brickhill matched their target with nine wickets to spare.

A knock of 75 from Wolverton Town 3rds helped North Crawley 3rds (179-5) to a eight wicket win over Wolverton Town 3rds (180-2).

CHERWELL LEAGUE

Division Two

MK Park's James Clark was the hero with the bat as they recorded a two wicket victory away at Abingdon Vale.

Clark showed his steely determination with 45no from 56 balls at the end of the innings to take Park up to second in the table.

Abingdon's openers got the home side off to a good start before Ghufuran Mohammed's fifth over brought Park's first success with keeper James Ward taking a smart catch down the leg side.

But Vale recovered from the early loss to reach 111-4 which soon became 126-6.

Park's Mark Roberts took his first five-wicket haul for the club to finish with 5-42 as Vale completed their innings on 183-9.

Park's reply got off to the perfect start with James Ward hitting some blistering form.

Opening partner Graham Simpson provided the perfect foil as Ward took the attack to Vale.

Ward (58) fell to the left-arm spin of

Paul White and Simpson (29) soon followed to leave Park 91-2 which quickly turned to 100-4.

Wickets continued to fall and when James Sprittles and James Clark reached the crease Park were on 114-6 but they added 48 for the eighth wicket in ten overs before Sprittles (26) lost his way.

Clark despatched Vale's attack to all parts of the ground, including taking 18 from one over, and he sealed victory in style with a boundary.

NORTHANTS PREMIER LEAGUE

STONY Stratford have fallen to the bottom of the table following their sixth defeat of the season.

Rushden Town handed them a crushing seven wicket loss.

Stony's Nick Allen and Graeme Carter put on 73 for the first wicket.

It was the introduction of spin in the form of Graeme White and Mudassar Hussain which turned the match.

Stony collapsed from 73-0 to 97-7 as Hussain and White ripped through the Stony lineup.

Only Paul West with 20 and Pete Mitchell with a painstaking 23 off 93 balls offered any real resistance.

Stony's last man, Michael Brown added an aggressive 23 not out from 16 balls, as Stony finished on 161 all out from 52 overs.

Hussain finished with remarkable figures of 20-5 and White grabbed 4-46.

White and Darren Harrison's opening partnership was interrupted when Dion Ebrahim removed White for 33 and Harrison for 51.

Rushden powered to their target for the loss of just 3 wickets from 33 overs.

MKSPORT

Wednesday, July 9, 2008 | Issue no 305 | www.mk-news.co.uk | 50p where sold



Exit sign
lights up
for Andrews
PAGE 66



Portugeezer: Roberto Di Matteo makes a point to Dean Lewington

Getting to know you ...

BY SIMONE CORGAN

simone.corgan@mk-news.co.uk

MK Dons will touch down in England today after a five day trip in Portugal.

The short stint abroad was organised as part of the pre-season training schedule but it also doubled up as a team bonding session to get to know new boss Roberto Di Matteo.

The former Chelsea, Lazio and Italy player was introduced to the squad on Thursday and flew out to the Algarve on Friday.

He took charge of his first training session with the players who soon realised the trip would be anything but a honeymoon.

Di Matteo, who has brought his old Chelsea team-mate Eddie Newton and fitness coach Adu Mafe with him, ensured their was no holidaying for

TURN TO PAGE 66

Pointless exercise as Red Bulls blow it on first lap

BY SIMONE CORGAN

simone.corgan@mk-news.co.uk

A NIGHTMARE first lap of the British Grand Prix ensured a pointless weekend for Red Bull Racing.

There was great expectation resting on the shoulders of the team following Mark Webber's storming qualifying session which saw him clinch second place, Red Bull's first ever front row start.

But the Milton Keynes-based racing outfit kissed goodbye to any hopes of a podium when both drivers were caught in rain soaked chaos on the opening lap.

While Britons were delighted to see Lewis Hamilton win the race there was heartbreak for thousands as David Coulthard retiring without completing a lap.

The Scotsman announced his intentions to retire from the sport at the end of the season and saw his final race at Silverstone end in the cruellest of ways.

Coulthard misjudged a chance to overtake Sebastian Vettel at Priory and spun off into the gravel where he was unable to recover.

Ironically it is Vettel, whose race was also ended at the incident, that Coulthard has tipped to replace him next season.

While Coulthard put a little blame on the treacherous wet conditions he did take responsibility for the mistake.

He said: "The visibility was incredibly bad as you can imagine.

"There was a clear gap down the inside, but unfortunately it was closing as I made the move.

"I'm sorry for Red Bull.

"I'm extremely disappointed for this to happen at my last British Grand Prix."

Not only were the Red Bull team curs-



Webber leaves an arc of spray as he flashes down the straight

ing their luck for Coulthard's exit they were also left scratching their heads when Webber also spun on the first lap.

It was an error that cost Webber his magnificent second place as he then began competing with the wrong end of the pack.

Team principal Christian Horner described it as 'a hugely disappointing day' as Red Bull's chance of grabbing

third place in the constructors championship, from the grasp of Toyota, fell apart.

The only positive from Sunday's race was seeing Webber recover from several mis-handled manoeuvres to claim tenth place.

But not even Webber, who has agreed a deal to race for the team again next year, could hide his frustration.

The Aussie said: "I lost the car on the exit and had to let the field go past, so it was clear to spin back round. After that it was about making the right call for the right conditions.

"It was a difficult day to go car racing and it just didn't go our way today. The guys did a good job all week and it's a shame we couldn't convert our good qualifying performance."

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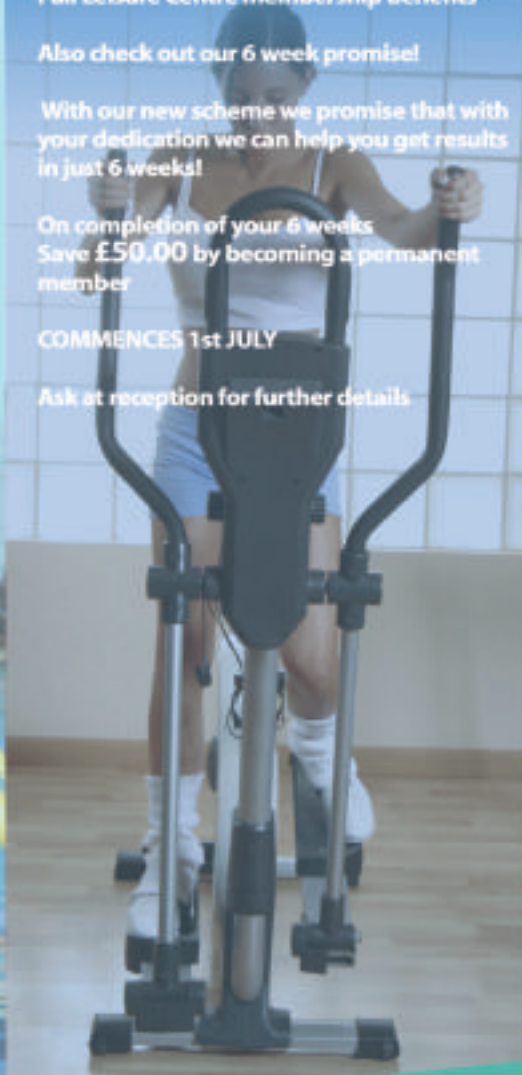
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Week 3 - Emergency Services
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Week 5 - Performing Arts

The Kidz Klub Timetable

08.15-09.00 Registration
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10.30-11.30 Activity 2
11.30-12.30* Swimming or Arts and Crafts
12.30-13.45 Lunch and Afternoon Register
13.45-15.00 Team Games
15.00-16.00 Swimming or Arts and Crafts
16.15-17.15 Activity 3
17.15-17.30 Tidying up and home time

The daily Kidz Klub structure comprises of team sports, exclusive swimming, arts and crafts, bouncy castle, scavenger hunts, team quizzes and much more. Themes have been scheduled across the weeks in which children will discuss, discover and participate with specialist people who will be in attendance at the centre.



Stantonbury Campus

Leisure Centre, Stantonbury, Milton Keynes, MK14 6BN

For further information call us on: **01908 324466**

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Email: leisurecentre@stantonbury.org.uk

hotMK



Enjoy summer in the city

THERE is never a shortage of things to do in Milton Keynes to fill up your summer days and nights.

The city is only 41 years young but it has a wide range of activities and pastimes for all ages, every day of the week.

If you are an active type then why not turn your hand at snowboarding, rock

climbing, water skiing or go-karting.

If that sounds like a little bit too adventurous you can always take a walk, jog or run around the many parks and open spaces that the city has to offer.

Even more fun, get the bike out of the garage, put on your helmet and while away a couple of hours seeing a differ-

ent side to Milton Keynes via the miles of redways. When the sun goes down in Milton Keynes, things really start to hot up. From theatres and live music venues, comedy, restaurants and pubs there is plenty to keep you up until the early hours.

The most important thing is to enjoy the summer in Milton Keynes.

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HOT DAYS OUT

Pages 4, 5 and 6

Find out how to while away your days in the city this summer

HOT NIGHTS OUT

Pages 8, 9 and 10

As things cool down MK starts to hot up.

LOOKING HOT

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Top to toe tips on looking good

HOT AND HEALTHY

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Get fit and have fun

HOT IN THE GARDEN

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At the cutting edge in your garden

HOT SUMMER EVENTS

Page 18

The places to be this summer



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The jewel in the crown

WILLEN Lake remains a jewel in MK's crown. With more than one million visitors each year who are we to argue. People come to play, picnic, take part in water-sports, jog, see events or just simply find themselves a nice spot and watch the world go by.

In the summer Willen really comes into it own and if its a water experience you want then you have come to the right place.

You can hire canoes, sailing dinghies and windsurf on the lake or even learn how to wakeboard. The lake is also licensed for fishing and is a popular venue for angling competitions.

One thing for sure when you visit Willen is that you are likely to see a jogger. A circuit of the lake works out at about 1.75 miles or if you continue around the north lake about 2.75 miles.

At the same time, and if you are feeling that little bit energetic you can use the trim trail - 12 specially designed exercise stations with a suggested routing for three different fitness levels from beginner to experienced.

If you enjoy the challenge of the trim trail there are similar courses to try at Linford wood, Lodge Lake and Tattenhoe Park.

A superb high ropes course, Aerial Extreme, can also be found, beside the lake and offers a great day out for all the family.



GETTING out and about in MK has never been so much fun. With so much to do the summer is barely long enough to cram it all in.

A good free way of enjoying this summer outdoors is taking advantage of the 4,500 acres of parks and green space that the city can offer.

Walking through a wood, feeding the ducks, enjoying a picnic, meeting friends or simply letting the kids go wild - parks are a great way to have fun.

Whether its a park, river valley, ancient woodland or a lakeside no one is ever more than half a mile away from green space.

Cared for by The Parks Trust each

park has its own individual character, from the quiet beauty of wildflowers in Shenley Wood to the buzz of a busy summer's day at Willen Lake.

Over the summer months the trust's rangers will transform the parks into magical places with a host of events and activities to keep the young and young at heart interested.

From animal olympics to open air cinema, live concerts to cricket, bike riding to nature conservation there is something for everyone.

A lot of the events are free while others have a nominal charge.

For further information on what is happening and how to get the best out of your parks visit the trust's website at www.theparkstrust.com

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If it's culture you are after then look no further than the groundbreaking contemporary Milton Keynes Gallery. This striking building is currently wrapped up in its latest exhibition by Richard Woods entitled Flora & Forna which cloaks the building in a 'skin' of imaginary logos.

Well worth a visit and perfectly placed next to Milton Keynes Theatre.

Try Milton Keynes Museum in Wolverton where the history of Britain's newest city is preserved.

Housed in a beautiful Victorian farmstead its large and constantly changing selection of displays has something for all the family. Look out for its country fair on July 13.

Collections include social, domestic, industrial and agricultural items with a connection to the area.

There's a huge shopping culture in the city and its not surprising as we are spoiled by the array of places to shop.

Midsummer Place and the centre:mk in the city centre offer a wide range of shops and flagship stores and there are a host of other retail parks and smaller shopping centres for those who love to shop till they drop. Don't forget the towns of Bletchley, Stony Stratford, Newport Pagnell, Olney and Wolverton are also a hive of activity when it comes to shopping.



Family fun is to be had at Gullivers theme park and its neighbour Eco-Park.

From the hustle and bustle of Main Street to the miniature world of Lilliput land and Adventure Land and Discovery Bay all the family can let their imaginations run riot at a great day out.

Eco-Park offers a family experience of fun with hands on activities learning about everything green.

Bletchley Park was home to the codebreakers of the Second World War and you can take a tour around to find out what a vital role it played.

Experienced guides can give you a real insight into the work that went on there.

HOT

your essential guide to summer

Goat 'Walkies'



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shopping centre.

eat love
chat rest
enjoy
shop fun
work

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On a warm summer day, there is only one place to be in Milton Keynes – thehub:mk, the city's newest and most vibrant restaurant and cafe quarter.

Whether you are looking for a light summer lunch with friends of exquisite dim sum, homemade Italian pastas and pizzas, enjoying a celebratory lunch of oysters and champagne, or you just want to while away a few hours in the sun with a salad, gourmet sandwich and coffee or a refreshing jug or two of sangria, thehub@mk offers a wide choice of fabulous restaurants and cafes.

This eclectic mix of quality cafes, restaurants and bars offers a huge variety of dining experiences from around the world, to suit all tastes.

Each restaurant has al-fresco dining facilities enabling visitors to enjoy the hot summer sun overlooking the central piazza with its cooling fountains that play lazily all day.

Families love it too – you can sit outside soaking up the sun, sipping an iced frappuccino and whiling away a warm afternoon while the children play safely in the central piazza, but make sure you have a change of clothes, as it's guaranteed they will not be able to resist running in the fountains.

A great place to bring the kids for lunch, the Theatre District has a host of family friendly restaurants including favourites such as Pizza Hut and



TGI Fridays.

In fact there may be some unexpected surprises as an alternative as the area is crammed with child friendly venues – Bella Italia will happily provide crayons and colouring books, Ortega lives by the Spanish rule of 'no rules' (perfect for kids!), you can

get some great food deals for children at all the bars and of course Talpan who won the award for 'best family restaurant in MK' during 2007.

This summer there's no need to jet away as Xscape, Milton Keynes will be transformed into your ultimate Summer family fun destination with

sand, snow, surf and sport all under one roof.

The free indoor sandy beach will be back for the holidays so you can have fun whatever the weather!

Xscape has teamed up with the cream of British Talent. Strike, Nemesis and Kate & Gin will be performing live at Xscape – direct from the Britain's Got Talent tour!

Along with amazing, great-priced family restaurants and the real snow slope, there'll be heaps of free family activities throughout the summer including fitness, fun and fashion

Fitness Week from July 26 to August 1: the latest cutting edge fitness machines and the amazing Wii Fit to try out, personal trainers to give you top tips

Fun Week from August 2-8: beach games, surf simulator and challenge your friends to a duel on our Gladiator jousting stage - There'll be prizes galore!

Fashion Week from August 9-17 showcasing the latest summer fashions with live catwalk shows and your chance to win some gorgeous clothes.

Britain's got Talent – performing live at Xscape:

August 1: Strike – getting fit the martial arts way, performing live.

August 8: Kate and Gin – the most amazing dog since Lassie will delight the crowds.

August 15: Nemesis, performing live will bring their own unique brand of dance to the beach.

There will be exclusive Meet and Greet sessions with all the star guests, so for further information and more details about what's happening on the beach visit our website at www.xscape.co.uk

See www.xscape.co.uk for listings and more information.

Milton Keynes Gallery

Richard Woods Flora & Fauna

28 June – 21 September

This summer, be among the first to see Richard Woods' first solo show in a UK public gallery.

Outside, see his amazing hand printed artwork, *Flora & Fauna*, cloaking the gallery in imaginary, brightly coloured logos. Inside, enjoy new marquetry paintings, light sculptures, ceramic works, and a striking yellow and green woodcut floor flowing through the entire exhibition spaces.

Join us at one of the talks, workshops or activities accompanying the exhibition. Something for all ages and everyone welcome. Ring **01908 676 900** for details or visit www.mk-g.org



Milton Keynes Gallery
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SOME of the finest productions can be seen at Milton Keynes Theatre which is ten years old next year and has put the city firmly on the cultural map.

A host of talent will be performing at the theatre this summer including productions of Treasure Island, Beatles musical, All you need is Love, Boogie Pete Live for the kids and drama My Brilliant Divorce.

Stantonbury Campus Theatre promotes an award winning high quality programme of nationally recognised professional touring companies for the very best in contemporary theatre.

It's summer at The Stables, and if you're not on their mailing list then you're really missing out.

In the last few months they have had visits from chart star Gabriella Cilmi, Beth Rowley, Soapstar Superstar's Richard Fleeshman and comedians Lee Evans, Jo Brand and Lenny Henry. And now things are really heating up with some sizzling salsa, solo superstars and a (fiery) tribute show that's hard to beat!

If you haven't visited the Wavendon venue for a while you'll see a few changes, and if you've never visited before, now is the time.

Its second performance space, Stage 2, is now open for business, as is the new cafe-bar, Cafe in2, offering pre-performance light meals freshly cooked on the premises and is open from 6pm



every show night. Coming up in July are: La-33, Colombian salsa superstars (12), The Ring of Fire-the ultimate Johnny Cash tribute (19); Andy Fairweather-Low (25); Nanci Griffith - Nashville superstar (26 only standing tickets left). To book tickets and reserve a table in Cafe in2 call 01908

280800. To go on the mailing list costs £5.

The Pitz has been rocking it for as long as we can remember and over the years has played host to some of the biggest names in rock. It is also a great place to catch up and coming bands and local musical talent.

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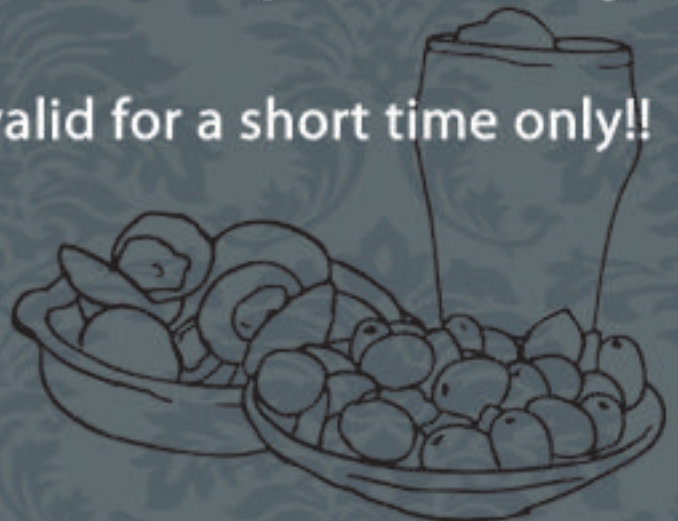
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OCEANA

Xscape 679876

THE city's biggest nightclub is undergoing a multi-million pound refurbishment. Set to open late August, the refurbishment will create a new VIP lounge, VIP suites and booths. Due to the refurbishment, Oceana is currently restricted to Oceana Bar and New York Disco. Student night on Mondays. Dress code is smart casual.

REVOLUTION

Xscape 679875

A VODKA cocktail bar. Monday: The Big Cheese. Tuesday: Decknology - DJs competing. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: Deep house, electro and Ibiza anthems with different promoters each week. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Dress code is smart casual.

OPUS

Theatre District john@opusmk.com

A BOUTIQUE bar with live DJs playing over two floors. Monday: I love 80s and 90s. Wednesday: Kiss Kiss Bang Bang alternative night. Thursday: Honey Trap - RnB and funky house. Fridays and Saturdays: Chart and funky house. Sunday: Salsa. Dresscasual cool. Food until 9pm. Cocktails. Two for one offer on Tuesday nights.

LLOYDS NO.1

Theatre District 558905

POPULAR bar on two levels with a large dance floor and giant disco ball. DJs play into the early hours at weekends. Free entry. Drinks and food are reasonably priced.

BUDDHA BLUE

Theatre District info@buddhablue.co.uk



Pubs and clubs

Las Iguanas

DJs spin RnB tunes into the early hours. Dress code is smart.

SHOUT

Station Square 233430

FORMERLY Chicagos. On Friday and Saturday party until 2pm. Entry is £16 on the door - but for that you can drink all you want. Monday: Sabotage - student rock night, cheap drinks 9pm-2am. Entry £2.

MOOD

Xscape 251060

DANCE and chart music until 3am on Fridays

and Saturdays - small entry fee. Thursday: So So Funky: - retro tunes until 2am, free with NUS card.

FIRST BASE

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SLUG AND LETTUCE

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FOX & HOUNDS

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www.stables.org

the stables

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WAVENDON MILTON KEYNES

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Tickets £17.50

Fri 25 July 8pm
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Tickets £21.50

Saturday 19 July 8pm
The Ring of Fire
The ultimate Johnny Cash tribute performed on authentic 50s instruments
Tickets £16

Saturday 26 July 8pm
Nanci Griffith
Nashville superstar - only standing tickets left!
Tickets £32.50

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* Booking Fee of £2.50 per transaction applies to all telephone sales *

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Hot top to toe guide

ALL-OVER GLOW

Whether you're planning a holiday or staying at home, a golden glow will perfect any summer look. The safest method of achieving this is using self-tan.

There are plenty of products on the market, the most famous of which, is St. Tropez.

The company has been developing self-tan for years, and certainly knows a thing-or-two about getting bronzed.

Their signature 3-step regime, although pricey, proves to be effective in banishing nightmare streaks and patches, and by choosing the correct tone for your skin, you can avoid the dreaded 'tan-god' look.

HOT HAIR

From straighteners to hairspray and curlers to mousse, the daily ordeal that your hair can go through is easy to forget. The good old ponytail will form the basis of the season's hair fashion, so give your hair a chance to replenish itself by applying a moisture rich product.

Try The Body Shop's 'Poppyseed Reviving Mask' or 'Amlika Leave-In Conditioner' for natural nourishment.

FLAWLESS FACE

With your brand new tan, your usual foundation will of course be far too light.

Instead of splashing out on a new one, save money by going without heavy make-up.

For this, flawless skin is key - so try the following: Use an exfoliating product to draw out impurities. Cleanse and tone daily.

If possible, ensure that all products used are from the same skincare range.

Always remove make-up before bed.

Eat healthily and drink lots - of water that is!

MAKE-IT-UP

Fresh faced beauty is back - just in time for the sunshine.

Healthy, fresh, dewy skin is expected to be popular - yet thrown into the mix are statement lips - namely fuchsia pink. MAC, Barry M and GOSH cosmetics provide a vast spectrum of lip colour, including the various shades of pink currently in the fashion spotlight.



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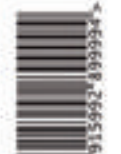
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THE NUTRI CENTRE



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SUMMER is a great time to get healthy. Whether it is getting fit, eating more healthy or just pampering yourself the warm days and longer evenings offer you the perfect chance to make yourself feel and look good.

Joining a gym, going for a run, swimming, walking, cycling or just exercising, safely at home there is an activity that will suit you.

Think about the simple things that

can go a long way to a healthier lifestyle for you and the planet. Instead of popping around the corner shops in your car why don't you walk round and if its practical try cycling in to work at least once or twice a week.

Its easy to think of reasons not to exercise and no one is saying its not tough getting started, but once you have started its probably a decision you will not regret.

Remember to consult a doctor if you are unsure about what activity may be right for you.

The Food Standards Agency has few tips on how to make healthier and safer food choices.

Eat more fruit, vegetables and starchy food such as rice bread, pasta and potatoes. Also try protein rich foods such as meat, fish, eggs and pulses. Cut down on salt, fat and sugar.



On the floor or in the swim: Summer is a great time to get healthy




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Get back to nature and into the garden

NEVER forget that the garden is an important room of the house but often gets neglected. In the summer time this outside room comes into its own. You can spend as much or as little as you want on this area of your house.

So what is hot and what is not in the garden this year?

Get your lawn into shape. There's a move back to formal lawns so is your mower up to the challenge. The perfect lawn will be the envy of your neighbours.

Turn on the television at the moment and chances are a cookery programme is telling you to get back to basics and start growing your own vegetables.

None more so than Hugh Fearnley-Whittingstall who has made the thought of us popping on our wellies and planting some spuds and broad beans a sexy and cheaper option.

Don't worry if you haven't got loads

of space either, a raised bed, grow bag or pots could soon have you knee deep in vegetables and herbs.

The self sufficiency theme continues with the re-invention of a classic 70s item, the greenhouse.

A small greenhouse doesn't have to break the bank and coupled with the vegetable growing the Good Life is coming your way.

The recycling revolution continues at a pace as more and more of us are actually stopping to consider what damage we are doing to the environment.

Changes in 'pay as you throw' charges will see a spread in wormeries and compost bins.

You've seen the big wind turbines and you've heard of solar panels, well watch out on a garden shed roof near you soon.

Small specially developed turbines and solar panels could soon be powering your shed lighting, pond pumps and even propagating units.

I know we said go formal with the lawns but there is still a strong trend to giving something back to nature with your own wildlife garden.

It doesn't have to be a huge space but it will mean that your garden could well get a visit from a host of insects, butterflies, toads and hedgehogs. Also think about getting a bird box, there's never been a better time to be twitcher!

Maligned by many but bedding plants are back big time, probably more in the way of formal displays to complement your new formal lawn.

More in the way of informal displays but some formality will be necessary to complement the formal lawn.

Of course you need somewhere to sit and admire all of the work that you have put in don't you and traditional canvas seaside deck chairs have forced their way onto the patio to sit comfortable alongside last years expensive hardwood designs.



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Having fun with something for everyone

FUN seekers will be spoiled for choice as organisers offer a variety of amusements around the city, from the colourful to the downright bizarre.

On Sunday, July 13 the most diverse group of people ever to assemble under one roof will fill Christ the Cornerstone Church to celebrate the city's variety as part of the first Fringe Festival of the Arts.

Residents of every age, sexual orientation, religion, ethnicity and physical disability will then take part in a Celebr8 parade through the city centre.

The Fringe Festival will run throughout the weekend, with over 100 artists and organisations showcasing their work.

The Big Moo 2 will draw the crowds at Campbell Park again this year from July 11 to 13.

Events across the three days include the exciting urban beach volleyball tour, family fun runs, live music concerts, MK-orientated exhibitions, an arts festival, and much more with many events free to the public. Successful events from 2007 like Musik4U, the Mascot Olympics and another world record attempt will all be back again. You can get involved too - just visit www.thebigmoo.co.uk.

Get your masks on and help out charity at the same time as the Milton Keynes Masked Ball is back on Saturday, July 19.



This is no ordinary charity ball, this is a ball with a difference... 'this one rocks!' There are no boring speeches, the evening is packed with entertainment - a showcase of Milton Keynes talent - from the string quartet on the red carpet when you arrive to the 'fun casino' and the host of live bands in the ballroom, you'll be on your feet all night!

For more information visit www.mkmaskedball.co.uk

Proms in the Park returns to Campbell Park, Milton Keynes on July 19.

The concert will feature amazing performances and a variety of popular classics and the firework and laser finale will be bigger and more amazing than ever before. It's a great event

for all the family.

Once again the London Gala Orchestra is performing at the event and they will be under the baton of renowned local conductor Hilary Davan Wetton. Also returning as guest soloist, by popular request, the multi-talented mezzo soprano, composer and record producer, Juliette Pochin. Jools Holland and his Rhythm and

Blues Orchestra will play Campbell Park on Sunday, July 20.

Enjoy the music of Jools together with guest vocalist Marc Almond, in this beautiful parkland location.

At Milton Keynes Jools, as always, will be performing piano and vocals, with Gilson Lavis featuring on drums and guest vocalists Ruby Turner and Louise Marshall.

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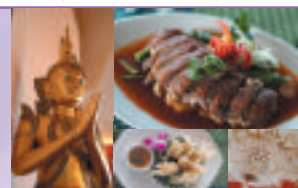
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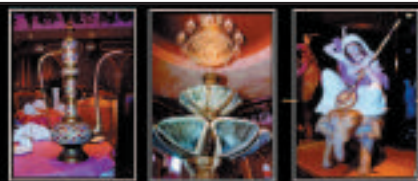
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SUMMER SLAM

School Holidays

July 23rd - September 5th

MONDAY - FRIDAY

£1.00 A GAME 10.00am - 12.00pm

£2.00 A GAME 12.00pm - 5.00pm

£1.00 A GAME 5.00pm - 6.00pm

6.00 P.M. UNTIL CLOSE NORMAL PRICES UNLESS ANOTHER OFFER AVAILABLE.

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FRIDAY - SATURDAY

£1.50 A GAME 10PM UNTIL LATE

£1.00 SHOE HIRE

